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AID-ICU newsletter – May/June/July 2020

Thank you for your commitment to the AID-ICU trial!

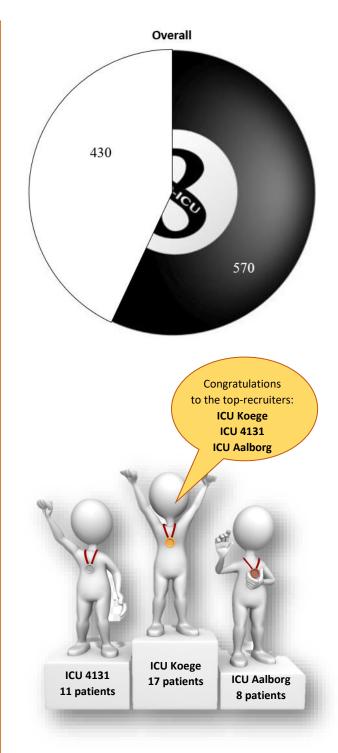
STATUS

We hope you all had a nice summer and hopefully some well-deserved time off duty. Inclusion of participants in the AID-ICU trial is still progressing mainly through inclusion at Danish sites. Our international collaborators in Spain, England and Italy have unfortunately been struck hard by the COVID-19 pandemic. Good news are however in sight - in the near future we expect inclusion from our Italian site in Monza, led by Professor Giuseppe Citerio. The site has been re-initiated after the pandemic by GCP inspectors and is ready to include patients. In Spain, where Spanish sites are led by Dr. Jesus Caballero we have finalized contracts with sites in Lleida (1 site) and Barcelona (2 sites). We hope to initiate the sites in September if the COVID-19 situation allows it.

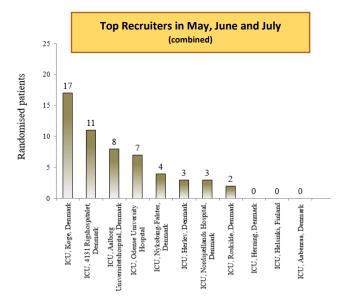
Meanwhile the COVID-19 has led to increased focus on delirium since SARS-COV-2 cause delirium in a significant proportion of patients in the acute stage. This has lead to increased attention from the public media. The American magazine The Atlantic have made a documentary where coronavirus survivors describe their frightening experience during delirium. The documentary can be seen via link below and gives a good insight on how delirium is experienced by patients.

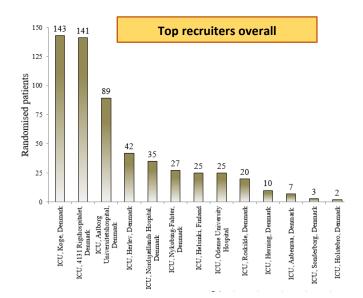
https://www.theatlantic.com/video/archive/2020/05/icudelirium/611155/

Danish media have also found interest in our research area. Our coordinating investigator Nina has been interviewed by the Danish newspaper Berlingske Tidende. The article may be found here: <u>https://www.berlingske.dk/nyheder/mangecovid-19-patienter-plages-af-psykoser-nogle-tror-at-personalet-er</u> (Open source, danish). We hope that increased public interest will increase awareness of delirium and thereby improve prevention, treatment and ultimately outcomes for critically ill patients suffering from delirium.

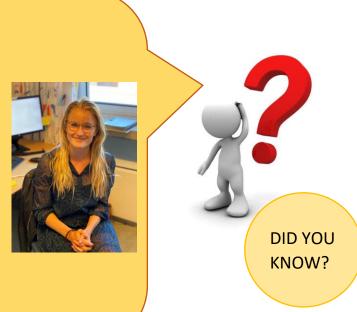


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At the coordinating center we have increased focus on the perceived delirium by patients. Our medical student and research assistant Kirstine La Cour is currently conducting a qualitative study on experienced delirium. Patients included in the AID-ICU trial at ICU Koege and Roskilde are interviewed after discharge from the ICU and resolution of delirium to uncover memory of delirium and distress related to delirium. The scope of this study is to uncover whether patients treated with haloperidol have less memory or experience less distress related to delirium compared to patients who received placebo. We are of course blinded to the intervention when interviews are conducted. The allocated treatment will first be available when the results from the AID-ICU study is available.



Important news from the coordinating centre

- 1. Remember to screen all patients with either CAM-ICU or ICDSC twice daily
- 2. Please strive to screen all patients fulfilling inclusion criteria (acutely admitted, adult patient with a positive CAM-ICU or ICDSC \geq 4) in the AID-ICU database
- Please check the site master file log (<u>http://www.cric.nu/aid-icu-log-for-site-master-file/</u>) regularly for updates.

Remember the Coordinating Center is always available on the:

AID-ICU HOT-LINE: +45 93 57 77 50

www.cric.nu/aid-icu

Kind Regards from the AID-ICU team Lone (sponsor), Camilla Bekker Mortensen (After-AID) and Nina (Coordinating Investigator)

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