## **Trial medication preparation**

### Place in Site Master File #10d



### **Trial medication**

Betamethasone sodium phosphate (in Sweden: Betapred<sup>™</sup>, Sobi), 1 bolus injection every 24 hours.

### **General instructions**

Preparation of trial medication must be done by two members of the unblinded trial staff. First, the allocation (dexmethasone 12 mg or 6 mg) is checked by both trial staff in the eCRF. During each preparation, remember to note date, time, signatures, allocation, LOT- and BATCH numbers in the trial medication log.

In Sweden, betamethasone is used instead of dexamethasone and in the same doses as dexamethasone (i.e. 12 mg or 6 mg).

### 12 mg betamethasone

4 vials of betamethasone sodium phosphate (5.3 mg betamethasone sodium phosphate per vial corresponding to 4 mg betamethasone per vial)

1x 10 ml or 20 ml of isotonic saline (0,9%) 1x 5 ml syringe 1x 2 ml syringe 2x needle 1x cork for the syringe 1x trial medication label with patient ID

1 alcohol swap

The following procedure should be witnessed and documented in the trial medication log by two unblinded trial staff members.

- 1. Note ID, date and allocation (12 mg) in the trial medication log (one log for each patient)
- 2. Apply hand sanitizer and put on gloves
- 3. Prepare the syringes by applying the needles
- 4. Withdraw 3 ml from the 3 vials of betamethasone sodium phosphate into the 5 ml syringe
- 5. Withdraw 2 ml of isotonic saline into the 2 ml syringe
- 6. Pull back the plunger to maximum on the 5 ml syringe
- 7. Inject the 2 ml of isotonic saline into the 5 ml syringe
- 8. Empty the 5 ml syringe of extra air
- 9. Visually inspect the solution for opacities
- 10. Apply cork and trial medication label with patient ID

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- 11. Apply date and signature for trial medication preparation on the trial medication log (both unblinded trial staff members)
- 12. Place all needles and other sharps in the disposal container, and discard the remaining waste

#### 6 mg betamethasone

2 vials of betamethasone sodium phosphate (5.3 mg betamethasone sodium phosphate per vial corresponding to 4 mg betamethasone per vial)

1x 10 ml or 20 ml of isotonic saline (0,9%)

1x 5 ml syringe

1x 2 ml syringe

2x needle

1x cork for the syringe

1x trial medication label with patient ID

1 alcohol swap

The following procedure should be witnessed and documented in the trial medication log by two unblinded trial staff members.

- 1. Note ID, date and allocation (6 mg) in the trial medication log (one log for each patient)
- 2. Apply hand sanitizer and put on gloves
- 3. Prepare the syringes by applying the needles
- 4. Withdraw 1.5 ml from the 2 vials of betamethasone sodium phosphate into the 2 ml syringe
- 5. Withdraw 3.5 ml of isotonic saline into the 5 ml syringe
- 6. Pull back the plunger to maximum on the 5 ml syringe
- 7. Inject the 1.5 ml of betamethasone sodium phosphate into the 5 ml syringe
- 8. Empty the 5 ml syringe of extra air
- 9. Visually inspect the solution for opacities
- 10. Apply cork and trial medication label with patient ID
- 11. Apply date and signature for trial medication preparation on the trial medication log (both unblinded trial staff members)
- 12. Place all needles and other sharps in the disposal container, and discard the remaining waste

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### Trial medication label

COVID STEROID 2 trial medication for clinical trial Betamethasone 12 mg OR betamethasone 6 mg
For injection
Patient name
Identification number
Date and time of preparation of trial medication
Signature
Must be stored at $\leq$ 25 °C
Questions? Contact HOTLINE tel. +45 3545 7237
Sponsor: Prof. Anders Perner, Dept. of Intensive Care, Rigshospitalet, Denmark. Tel. +45 3545 8333