Foundations of Counselling 2026-27
Monday Morning Course: 9.30-1pm
Module Dates

Module 1: Introduction to Counselling Skills (FICS) *(Taster Module)*

14th September
21st September
28th September
5th October
12th October
19th October (Reading Week)

26th October Half Term

Module 2: Developing Personal Awareness (FDPA)

2nd November
9th November
16th November
21st November (Saturday Workshop)
23rd November
30th November
7th December
14th December (Tutorials)

21st & 28th December
Christmas Break

4th January 2027
FDPA assignment due

Module 3: Developing Counselling Skills and Theory (DCST)

4th January
11th January
18th January
25th January
1st February
6th February (Saturday Workshop)
8th February

15th February Half Term

22nd February
1st March
8th March
15th March (tutorials)
22nd March (Reading Week)

29th March & 5th April Easter Break

12th April 2026
FDCST assignment due in

Module 4: Common Personal Themes (FCPT)

12th April
19th April
26th April
3rd May (Bank Holiday – no class)
10th May
17th May
24th May

31st May Half Term

7th June 14th June 21st June 28th June
5th July 2026 **FCPT assignment due**