

Person Centred Learning

## The Traffic Light Behaviour System

At Community Ed we have a special way to help you understand and manage your behaviour at school! It's called "The Traffic Light Behaviour System." Just like traffic lights on the road, this system uses different colours to tell you how your behaviour is doing.

Green Light - Great Job! When you see the green light, it means you're doing an awesome job with your behaviour! You are being kind, following the rules, and making good choices.

Keep up the fantastic work, and we'll celebrate your success together!


Yellow Light - Caution! When the is on, it's like a warning or caution sign. It means you might be having a little trouble with your behaviour, but it's okay. We all make mistakes sometimes. Take a deep breath, and we can help you get back on track.


Red Light - Stop and Think! The red light means that your behaviour needs a little more help. It's like a stop sign telling you to pause and think about your actions. Let's talk about what happened and figure out how we can make things better. We believe in you, and we'll work together to find a solution.


Remember, everyone can have different colours at different times, and that's okay! The important thing is to talk to staff around you and let them help. We are here to support you every step of the way.

Keep looking at the Traffic Light Behaviour System in our classroom, and we'll all help each other have more green light moments. You're doing great, and we're so proud of you!

## Information Sheet for Parents/Guardians: The Traffic Light Behaviour System

We are excited to introduce you to "The Traffic Light Behaviour System," a visual tool we are using at school to help students manage their behaviour. This system is particularly beneficial for our students and helps create a positive and supportive learning environment for everyone. We want to keep you informed about this system so that we can work together to support your child's success, both at school and at home.

## What is The Traffic Light Behaviour System?

The Traffic Light Behaviour System uses three colours - green, yellow, and red - to represent different levels of behaviour. Each colour indicates the following:

1. Green Light - Great Job! When the green light is displayed, it means your child is demonstrating excellent behaviour. They are being respectful, following rules, and making positive choices.
2. Yellow Light - Caution! The yellow light serves as a warning or caution sign. It indicates that your child might be experiencing some challenges with their behaviour. It's an opportunity for them to take a moment, reflect, and seek support if needed.
3. Red Light - Stop and Think! The red light signals that your child's behaviour needs additional support. It's a sign to stop and think about their actions. This is a moment for open communication, understanding the root of the behaviour, and finding solutions together.

## How Can You Help From Home?

Your involvement and support are crucial for the success of The Traffic Light Behaviour System. Here's how you can help:

1. Familiarise Your Child: Talk to your child about the Traffic Light Behaviour System using the language provided in the information sheet we shared with them. Help them understand what each colour represents and what behaviour leads to each level.
2. Reinforce Positive Behaviour: Praise and celebrate your child's green light moments at home. Recognise their efforts in making good choices, following routines, and being kind.
3. Discuss Yellow and Red Light Moments: If your child mentions experiencing yellow or red light moments, listen patiently and offer understanding. Help them identify their feelings and emotions, and encourage them to communicate their challenges openly.
4. Problem-Solving Together: If your child encounters red light situations, work together to find solutions. Discuss alternative behaviours and coping strategies to handle challenging situations constructively.
5. Stay Consistent: Consistency is key to reinforcing the system's effectiveness. Use a visual representation of the traffic light at home, like small cards or drawings, to remind your child of the behaviour expectations. These can be supplied by school.
6. Celebrate Progress: Celebrate even the smallest improvements and progress your child makes in managing their behaviour. Positive reinforcement can be a powerful motivator. Think about specific privileges that your child could earn if they manage a green light day or week.

## Working Together for Success

By using The Traffic Light Behaviour System both at school and at home, we can create a unified approach to help your child develop essential behavioural and emotional regulation skills. Should you have any questions or need further guidance, please don't hesitate to reach out to us. We value your partnership in ensuring your child's growth and well-being.


Great Job - Keep it up!


Caution - Take some time out!


Stop and Think!

