





16 million people



Geoff and Liz Furber



## Beautiful but poor

- 80% of people work the land
- 33% of women and 24 % of men illiterate
- Unsustainable migration and denuding of land
- Inter-related economic, educational and health issues
- Life expectancy = 47 years







### 10% of children die before 5

- Malaria is biggest killer
- 1 in 8 have HIV-Aids (nearly 1 in 3 in Nkhata Bay)
- Malnutrition
- Unsafe drinking water
- Poor sanitation
- Women typically bear five children
- Spending on public health provision is £30 per head
- Substandard health provision





### But also radiant and successful











### **Pre-Schools**

### One in eight children are orphans

- Eight pre-schools
- 24 teachers
- Toys, blackboards, chalk, pens, books, tea and sugar, cups
- Buildings refurbished
- Sweet potatoes grown for lunch









# **Primary Schools**

Aim is to halve pupil-teacher ratio - currently 105:1

- Assisting five schools
- 15 trainee teachers
- 2 double classroom blocks at Mwaya Primary School
- Teachers' office and toilets also at Mwaya PS
- Double classroom block at Mazembe PS with *Taking Back Lives* charity





### **Built by Ripple Africa**

- Four large classrooms
- Teachers' houses
- Toilet blocks, teachers' offices and a secure storeroom
- Experimental teaching garden for agriculture students
- Football pitch and netball court



### **Plans**

- Laboratory
- Library
- More teachers' houses









# Community Library





Chief Chibunya borrows a new book from the library every week

- 4000 books, magazines and newspapers
- All perfectly catalogued
- Educational benefits
- Enriches lives



# College and University

- All students from around Ripple Africa's Mwaya base
- Accountancy, engineering, teaching, nursing and others



Mechanical Engineering undergraduate



Accountant at Deloitte in Blantyre

### In their own words

"All of our university and college students come from our own communities, have come through the Ripple Africa system and are known to us personally, and must have earned their place at university through their own merit.

"If a student is talented and has worked hard enough to earn a place, Ripple Africa feels they should be supported."



## Dispensary

### Requested by District Health Officer

- Fondation Eagle (Swiss medical aid organisation) funded
- School party from UK helped dig the foundations
- Local builders constructed
- Official opening June 2011









# The dispensary's work

- General out-patients clinic
- Clinic for under-5s
- dispensary for commonly-prescribed medicines
- Malaria, HIV-Aids and effects of malnutrition main cases
- 1 nurse per 18,000 people
- 1 doctor per 200,000 people







# Disabilities and rehabilitation

### 400 disabled people in a population of 18,000

- Identify disabled people in the community
- Provide clinical rehabilitation services for the disabled
- Help family members self-manage
- Mobility aids & rehab equipment
- Reduce social stigma
- Community rehabilitation provider
  - Deals with cerebral palsy, club foot, congenital malformations, muscular dystrophy, Down's syndrome, amputees, injury, arthritis, burns, blindness, developmental delay





### Deforestation

# Southern Malawi has almost no forest





Northern Malawi is still tree-covered



# Wood, hunger and waste



3-stone fire gobbles 150 bundles a year/family



3 large trees make one small house



Farmers burn their land as a quick way to clear it, destroying nutrients

 but mango trees and thatching grass lost





### Erosion

### Nkhata Bay has 1.2 metres rain a year



Soil washes down the rivers to the lake, leading to erosion



### Solutions



District Commissioner, Forestry Department, **Traditional Authorities** Village Headmen and volunteer Conservation Committees worked together



# Tree planting project

- More than 3 million trees planted
- Sustainable source of quick-growing trees
- Lowers demand on indigenous trees
- Restores degraded land with new indigenous
- Garden clubs, villages and primary schools grow trees
- Bee keeping
- Improved nutrition
- Income generation



Avocado, banana, citrus, guava, mango, pawpaw









Senna siamea trees grow quickly and can be coppiced after 5 years for firewood



# Community education

Replace traditional open fires with stoves

so less of this







If nothing changes
20,000 families in
Nkhata Bay district
= 3 million bundles
of cooking wood
every year



Households grow trees for fuel and fruit trees to eat and sell

How much does it cost?



### Fish Conservation

### Over-fishing and use of mosquito nets

- 40 kilometres of lakeshore protected
- Fish Conservation Committees, one per kilometre
- 4-month close season adopted under by-laws
- Local permit deters migratory fishermen
- Fishermen using larger-meshed gill nets







### How much does it cost?

- 20p = a tree for fuel
- £1 = a fruit tree
- £4 = a cookstove
- £15 = an integrated household project\*
- £400 = a community beekeeping project
- £850 for a teacher's salary
- £8000 = a nurse's or teacher's house

\* A changu changu moto cookstove, 25 trees for fuel and 10 fruit trees

Providing a hand UP, not a hand out

