

**Children and Adults Therapy Services
ChAT Services**

JOB VACANCY

Job Title: Counselling/Clinical Psychologist

Vacancy reference: CLPSY3

Contract: Sessional work, self-employed associate of the practice

Salary: £85 per hour

Location: 25 Manchester Square, Hinde Street, Lower Ground Floor, W1U 3PY

Closing date of applications: 12/06/2022 we reserve the right to close before that date if enough applications have been submitted

Start date: immediately

A rewarding vacancy has opened up within our private practice for sessional therapists/associate therapists based in our clinic in Central London, with the possibility of doing remote work. Essentially, we are looking for candidates who are interested in applying their current experience and skillset to work with adults as well as for candidates who have CAMHS experience or are interested in working with children and adolescents. Experience in eating disorders, trauma, and complex presentation (including those who are considered “at risk”) is desirable. However, if you have an interest in these areas but do not have the necessary experience, we do provide free training as part of the benefit package.

WHAT WE ARE LOOKING FOR

We are looking for practitioners who are able to draw from different approaches according to the patient’s needs and therefore adopt more of an integrative approach to psychological therapy work. We need a compassionate individual who has adequate listening and communication skills. Being non-judgemental, sensitive, and empathetic in order to build a secure rapport is essential. Most importantly, you must value the confidentiality of the patient ensuring that you have provide a safe space for them. Ideally, we are looking for your experience to include working with trauma and PTSD, eating disorders, pain management, and other general mental health issues.

BENEFITS OF THE ROLE

- Expand your existing skills whilst simultaneously developing new ones.
- Targeted training for trauma work and eating disorders.
- Flexible working hours.
- Become part of a great team which will support you and help you expand your own network.
- Receive free inhouse CPD training and free optional clinical supervision.
- Networking and referrals.

WHAT YOU NEED TO KNOW

We advise you to carefully read all sections in the information provided to support your application and use that to demonstrate that you meet the requirements listed in the job description.

An enhanced DBS check will be carried out for this post and is a requirement for employment, therefore you would need to apply with the online DBS update service which should be maintained

for the duration of your contractual work with us. If you have been in the UK for less than 3 years, a criminal record from your previous country of residence will be required (up to 10 years).

The personal information you provide us will be treated in the highest degree of confidence in accordance with GDPR regulations.

JOB DESCRIPTION AND PERSON SPECIFICATION

ABOUT CHILDREN & ADULTS THERAPY SERVICES – ChAT SERVICES

Our values

Essentially, at ChAT Services we are dedicated to assisting individuals in achieving their optimal mental wellbeing. Thus, all our practitioners demonstrate the following therapy philosophies

- Positivity
- Motivation
- Optimising Achievability
- Duty of care
- Patient need and care as a priority

Our Client Promise

Our promise stems from Carl Jung's attitude. Accordingly, we promise to provide all clients with a safe space where they feel comfortable to discuss their issues. Most importantly, we promise to not judge and to meet all predicaments with genuine compassion and understanding in attempt to provide each client with support along their individual recovery journey.

Our Principles

C -Communication

Communication is one of the most effective ways an individual can express themselves and get to know someone. Genuine communication has been consistently found to have a linear relationship with increasing successful patient outcome. Thus, we consider communication as essential for building and sustaining a good rapport between clients and patients but also between staff members.

H -Help

At the heart of our philosophy lays our devotion to helping the patient. It is important that our team actually help their patients and see progress in their wellbeing over time. For this reason, we ask all our employees to know and understand what help the patient wants and to create a formulation in accordance with their needs.

A -Attitude

One of the central qualities we take pride in is our team's attitudes. All of our members hold a positive attitude towards their clients' presentations. It is crucial that regardless of how large they feel that the problems they are facing are, they are met with understanding, empathy, optimism, and containment.

T -Trust

The foundations of any relationship are built upon trust. In this case, it is vital that the client is aware that what is said in their session is confidential and will not be judged (within the limits of safeguarding)

KEY RELATIONSHIPS

Responds to: The ChAT Services' Director who acts as the main line manager for this role.

Responsible for: Trainee psychotherapists/counsellors/psychologists and assistant psychologists (this is only relevant to the candidates interested in supervising trainees on clinical placements)

Liases with: The practice director, external agencies, and parents/ primary caregivers where appropriate.

KEY RESPONSIBILITIES

1. Clinical Duties

- Upon completion of an initial assessment, you are expected to translate the findings into a short report accordingly. You must be able to adequately relay the information to the client and any other relevant professional (such as a parent or psychiatrist).
- Following this initial stage, a suitable intervention plan should be formulated. We expect that this is derived from your knowledge of concurrent theoretical frameworks and/or explanatory models.
- We place a great emphasis on adopting an attitude which respects and values the patient (and their family/ carer/ partner) at all times reflecting our practice's core values.
- The ability to adopt an integrative approach to therapy is important. We acknowledge that there are many useful therapeutic methods. However, we strongly believe that using one approach alone is too systematic and rigid and normally does not fit our patient's needs.
- You are expected to maintain a professional and ethical therapeutic relationship at all times with our service users where you deliver superior and independent clinical services.
- If you will be working with children and adolescence whose parents may have questions, it is crucial that you give them all the necessary information (within the framework of confidentiality), receive their informed consent and answer any queries they may have.
- If you will be working with children, you would need to have experience and training in different child psychotherapy approaches such as CBT, sand play, play therapy, role play etc.

2. Management Duties

- Managing and keeping records of your own caseload.
- Liaising with the children and adolescence's parents where appropriate is essential or family services.
- Attending inhouse CPD is required.

3. Service Improvement

- We are dedicated to constantly improving. Accordingly, we ask that you give any input on the development of high quality, patient centred care, evidence-based treatments, and psychologically informed interventions.
- To participate in project groups aimed at exploring and developing our procedures and policies.

4. Training and staff development

- Undertake professional supervision with an external clinical supervisor.
- Attend our Continuing Professional Development (CPD) as this will aid in strengthening your individual skills whilst helping you to build and maintain new skills.

5. IT skills

- To be able to use different types of devices as well as communication platforms for remote therapy sessions.
- To access information through internet searches using scientific data basis.
- To have the ability to use windows programs: word/ power point/ excel efficiently

PERSON SPECIFICATION

	ESSENTIAL	DESIRABLE	METHOD OF TESTING
TRAINING AND QUALIFICATIONS	<ul style="list-style-type: none"> • Doctorate (or equivalent level) in Clinical/Counselling Psychology • Member of the British Psychological Society (BPS), • Registration with the Health and Care Professionals Council (HCPC) as a Practitioner Psychologist, • Proof of ongoing work within the domain of clinical psychology 	<ul style="list-style-type: none"> • Attended courses in risk management and safeguarding • Training with mindfulness techniques • Trained with both children and adolescence in a therapeutic environment • Training/ experience in trauma work. • Experience in delivering training to psychology professionals and non-professional groups (<i>if interested in supervising trainees on placement</i>) 	<ul style="list-style-type: none"> • CV • Application form • References
EXPERIENCE	<ul style="list-style-type: none"> • Wide variety of presentation (<i>includes a range of care settings</i>) 	<ul style="list-style-type: none"> • Experience with children and adolescence • Experience working with 	<ul style="list-style-type: none"> • CV • Application Form • References

		<p>eating disorders.</p> <ul style="list-style-type: none"> • Experience with trauma work. 	<ul style="list-style-type: none"> • Interview
KNOWLEDGE AND SKILLS	<ul style="list-style-type: none"> • Ability to adequately communicate and write about interventional therapies. • Able to sufficiently convey consultations to both professional and non-professional groups. • Use your clinical experience and skills to adopt an integrative approach to therapy • Knowledge regarding the UK children and young people's services (including child protection services and family support services) for those working with under 18 	<ul style="list-style-type: none"> • Stay present with new psychological interventions • Knowledge of the broad range of psychological presentations and how to cater to them • Knowledge of existing frameworks for eating disorders and trauma work. 	<ul style="list-style-type: none"> • CV • References • Application • Interview
BEHAVIOUR, ATTITUDE AND VALUES	<ul style="list-style-type: none"> • We require a compassionate individual with good listening skills. 		<ul style="list-style-type: none"> • References • Enhanced DBS check

	<ul style="list-style-type: none">• You must be non-judgemental, sensitive, and empathetic in order to build a secure rapport• You must value the confidentiality of the patient ensuring that you have provided a safe space for them.• You are required to have undergone safeguarding training.• We require a respectful individual who will adequately convey the appropriate information to the parent(s)/ primary caregiver of children and adolescence who are under the age of 18.		
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