

C h A T

Children & Adults Therapy

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JOB VACANCY

Job Title: Clinical/Counselling Psychologist (Arabic and French speaking)

Vacancy reference: CLPSY1

Contract: Part-time 4 days a week – 30 hours

Location: 25 Manchester Square, Hinde Street, Lower Ground Floor, W1U 3PY

Closing date of applications: 20/12/2021 we reserve the right to close before that date if enough applications have been submitted

Start date: February 2022

An exciting opportunity has arisen within our private practice for a Clinical Psychologist & Supervisor role, based in our clinic in Central London. We are looking for candidates with a specific set of skills in working with a wide range of mental health difficulties, ranging from temporary mild presentations to chronic and complex difficulties for both children and adults.

WHAT WE ARE LOOKING FOR

We are looking for a bilingual/trilingual Clinical/Counselling Psychologist with at least three years relevant post-graduate experience to complete our team. Fundamentally, we need a compassionate individual who has adequate listening and communication skills. You need to be non-judgemental, sensitive, and empathetic in order to build a secure rapport. Most importantly, you must value the confidentiality of the patient ensuring that you have provide a safe space for them.

Ideally, we are looking for your experience to include performing neuropsychological assessments, working with learning disabilities, trauma and PTSD, personality disorders, eating disorders, pain management and general mental health issues. Further, we require that you are fluent in Arabic and/or French, and English, as we have many international and expat patients. The priority will be given to trilingual applicants; however, a job share might be considered if a suitable candidate was not found.

This role will give you the opportunity to expand your existing skills as well as develop new ones. You will also benefit from flexible working, being a part of a great team who support each other, access to trainings and the ability to develop your own independent practice.

WHAT YOU NEED TO KNOW

We advise you to carefully read all sections in the information provided to support your application and use that to demonstrate that you meet the requirements listed in the job description.

An enhanced DBS check will be carried out for this post and is a requirement for employment, therefore you would need to apply with the online DBS update service which should be maintained for the duration of your employment. If you have been in the UK for less than 3 years, a criminal record from your previous country of residence will be required (up to 10 years).

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The personal information you provide us will be treated in the highest degree of confidence in accordance with GDPR regulations.

JOB DESCRIPTION AND PERSON SPECIFICATION

ABOUT CHILDREN & ADULTS THERAPY SERVICES – ChAT SERVICES

Our values

Essentially, at ChAT Services we are dedicated to assisting individuals in achieving their optimal mental wellbeing. Thus, all our practitioners demonstrate the following therapy philosophies

- Positivity
- Motivation
- Optimising Achievability
- Duty of care
- Patient need and care as a priority

Our Client Promise

Our promise stems from Carl Jung's attitude. Accordingly, we promise to provide all clients with a safe space where they feel comfortable to discuss their issues. Most importantly, we promise to not judge and to meet all predicaments with genuine compassion and understanding in attempt to provide each client with support along their individual recovery journey.

Our Principles

C -Communication

Communication is one of the most effective ways an individual can express themselves and get to know someone. Genuine communication has been consistently found to have a linear relationship with increasing successful patient outcome. Thus, we consider communication as essential for building and sustaining a good rapport between clients and patients but also between staff members.

H -Help

At the heart of our philosophy lays our devotion to helping the patient. It is important that our team actually help their patients and see progress in their wellbeing over time. For this reason, we ask all our employees to know and understand what help the patient wants and to create a formulation in accordance with their needs.

A -Attitude

One of the central qualities we take pride in is our team's attitudes. All of our members hold a positive attitude towards their clients' presentations. It is crucial that regardless of how large they feel that the problems they are facing are, they are met with understanding, empathy, optimism and containment.

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T -Trust

The foundations of any relationship are built upon trust. In this case, it is vital that the client is aware that what is said in their session is confidential and will not be judged (within the limits of safeguarding)

Key relationships

Responds to: The ChAT Services' Director who acts as the main line manager for this role.

Responsible for: Trainee psychotherapists/counsellors/psychologists and assistant psychologists

Liases with: The practice director and external agencies

Key Responsibilities

- To undertake appropriate neuropsychological assessments for children and adults to the highest professional standard whilst simultaneously interpreting the findings and adequately explaining the conclusions to the patient (*and/or respective caregiver*).
- To apply your expertise and abilities into formulating effective intervention strategies for patients with different presentations.
- To conduct satisfactory therapy sessions for children and adult clients. These can be individual sessions or group sessions (such as family, relationship, or parent-child relations).
- To be able to work with a wide range of presentations and integrate a multi-dimensional approach depending on the patient's need.
- To have training and experience in a form of body psychotherapy approach such as psycho-organic analysis, biodynamic psychotherapy or any other relevant recognised training or CPD course in the UK or Europe.
- To be able to perform trauma work using a variety of techniques.
- To communicate suitably with external agencies, such as general practitioners (GP) and healthcare insurers as well as other healthcare professionals such as psychiatrists, providing them with appropriate information and client advice.
- To offer clinical supervision and expert advice for trainee therapists on a weekly basis, ensuring that you provide them with applicable assistance and guidance where required. This includes therapeutic skills, challenges, and ethical concerns.

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- To attend and contribute in delivering training. This includes attending and conducting CPD, partaking in weekly clinical supervision skills (for yourself), joining peer supervision, and undertaking reflective practice.
- To be able to communicate efficiently in Arabic and/or French – verbal and written communication.

Thorough Explanation of your Duties

1. Clinical Duties

- Fundamentally you are required to conduct appropriate psychological assessments. These are expected to be performed to a high standard, in a systematic methodological way using clinical interviews standardized psychometric tests, questionnaires or other relevant methods.
- Upon completion of a psychological assessment, you are expected to thoroughly translate the findings into a diagnosis and/or formulation and write up an extensive written psychological report accordingly. The report must include your formulation, conclusions and treatment plan. You must be able to adequately relay the information to the client and any other relevant professional (such as a parent or psychiatrist).
- Following this initial stage, a suitable intervention plan should be formulated. We expect that this is derived from your knowledge of concurrent theoretical frameworks and/or explanatory models.
- We place a great emphasis on adopting an attitude which respects and values the patient (and their family/ carer/ partner) at all times reflecting our practice's core values.
- The ability to adopt an integrative approach to therapy is important. We acknowledge that there are many useful therapeutic methods. However, we strongly believe that using one approach alone is too systematic and rigid and normally does not fit our patient's needs.
- You are expected to maintain a professional and ethical therapeutic relationship at all times with our service users where you deliver superior and independent clinical services.
- You will be working with a wide variety of presentations which may require different types of interventions such as individual therapy sessions, family sessions group therapy sessions, Thus, you should use your knowledge and skills to adapt to each scenario and provide the appropriate interventions for different contexts.
- Since you will be also working with children, you would need to have experience and training in different child psychotherapy approaches such as CBT, sand play, play therapy, role play etc.

2. Management Duties

- Delivering weekly supervision to trainee therapists. This means that you are expected to ensure that they are provided with assistance regarding any ethical, practical and emotional concerns.
- Managing and keeping records of your own caseload.
- Performing initial screening and assessment calls for our trainee placement program.

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- Liaising with the student's training organisation and performing the required feedbacks and assessments related to their placement course.
- Attending regular psychological therapies meetings as required.

3. Service Improvement

- We are dedicated to constantly improving. Accordingly, we ask that you attend regular meetings where you can give any input on the development of high quality, patient centred care, evidence-based treatments and psychologically informed interventions
- To participate in project groups aimed at exploring and developing our procedures and policies.
- To partake in weekly reflective practice to ensure that you are continuously developing your personal skills.

4. Training and staff development

- Undertake professional supervision with an external clinical supervisor of your choice funded by the practice. This is done weekly to ensure that you are constantly receiving support and also focusing on your own mental health.
- Partake in peer supervision. This is a mutually beneficial way of providing assistance whilst also maintaining good staff relations and development
- Attend our Continuing Professional Development (CPD) as this will aid in strengthening your individual skills whilst helping you to build and maintain new skills.
- Contribute to training and assisting trainees on clinical placement.

5. IT skills

- To be able to use different types of devices as well as communication platforms for remote therapy sessions.
- To access information through internet searches using scientific data basis.
- To have the ability to use windows programs: word/ power point/ excel efficiently

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PERSON SPECIFICATION

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	ESSENTIAL	DESIRABLE	METHOD OF TESTING
TRAINING AND QUALIFICATIONS	<ul style="list-style-type: none"> • Doctorate (or equivalent level) in Clinical/Counselling Psychology • Member of the British Psychological Society (BPS), • Registration with the Health and Care Professionals Council (HCPC) as a Practitioner Psychologist, • Proof of ongoing work within the domain of clinical psychology • Trained with both children and adults in a therapeutic environment • Training with pain management strategies • Trained and qualified in supervising trainee therapists • Training in a body psychotherapy approach • Training/experience in trauma work 	<ul style="list-style-type: none"> • Attended courses in risk management and safeguarding • Training with mindfulness techniques • Experience in delivering training to psychology professionals and non-professional groups • Experience in conducting group therapy 	<ul style="list-style-type: none"> • CV • Application form • References

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<p>EXPERIENCE</p>	<ul style="list-style-type: none"> • Must have at least three years of postgraduate experience within the domain of clinical psychology (<i>includes a range of care settings</i>) • Experience includes conducting neuropsychological assessments to generate the appropriate formulation and respective intervention. • Additional experience working with people who have learning disabilities and complex presentations. • Experience in supervising trainees 	<ul style="list-style-type: none"> • Experience with addictions • Experience working in group and family therapy settings. 	<ul style="list-style-type: none"> • CV • Application Form • References • Interview
<p>KNOWLEDGE AND SKILLS</p>	<ul style="list-style-type: none"> • Ability to communicate fluently, conducting psychological assessments and therapies in English, French, and/or Arabic • Have adequate writing skills in English, French and/or Arabic to 	<ul style="list-style-type: none"> • Stay present with new psychological interventions • Knowledge of the broad range of psychological presentations and how to cater to them 	<ul style="list-style-type: none"> • CV • References • Application • Written test

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	<p>generate extensive written reports</p> <ul style="list-style-type: none"> • Able to sufficiently convey consultations to both professional and non-professional groups. • Use your clinical experience and skills to adopt an integrative approach to therapy 	<ul style="list-style-type: none"> • Knowledge regarding the UK children and young people's services (including child protection services and family support services) 	
<p>BEHAVIOUR, ATTITUDE AND VALUES</p>	<ul style="list-style-type: none"> • We require a compassionate individual with good listening skills. • You must be non-judgemental, sensitive, and empathetic in order to build a secure rapport • You must value the confidentiality of the patient ensuring that you have provided a safe space for them. • You are required to have undergone safeguarding training. 		<ul style="list-style-type: none"> • References • Enhanced DBS check