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Beauty & Spa Menu



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Massage therapy has multi - levels benefits. First and foremost is the significant relief from stress. In addition it maintains flexibility, improves circulation and re - energizes the including Aromatherapy Massage, Thai Massage with Luk Prakop, Remedial Massage, Back, Neck and Shoulder Massage. Your preference pressure can be gently, moderate or deep.

## Whole Body Massage

Traditional Thai Massage	60min	800 THB
Traditional Thai Massage with Hot Herbal Compress Remedial Massage	120min	1,600 THB
Relaxing Back, Neck and Shoulder Massage	90min	1,200 THB
Aromatherapy Massage	60min	900 THB
Aromatherapy Massage	90min	1,300 THB
Authentic Massage	90min	1,200 THB
After Sun Aloe Vera Body Massage	90min	1,200 THB

## Foot Massage

Fantastic Foot reflexology	60min	800 THB
Foot Scrub	60min	800 THB



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## Facial Massage

Aroma Facial Treatment	60min	1,500 THB
Aroma Facial Treatment (sensitive or anti aging skin)	60min	1,500 THB
Super Dehydrating and firming Treatment	60min	1,500 THB
Natural Thai Honey Facial	60min	1,500 THB
Natural Mineral Facial Massage	60min	1,500 THB
Spiritual Nourishing Facial	60min	1,500 THB
Aroma Facial Gold	60min	2,500 THB

## Foot & Hand Treatment

Marvelous Manicure		500 THB
Perfect Pedicure		500 THB

## Holistic Massage

Aroma Hand Reflexology	60min	800 THB
Eastern Head Massage	60min	800 THB

## Body Treatment

Sugar Scrub	90min	2,500 THB
Coffee Scrub	90min	2,500 THB
Sera me Herbal Scrub	90min	2,500 THB
Maisturzing Milk Scrub	90min	2,500 THB
Tamarind Soft Scrub	90min	2,500 THB

## Massage Description

### **Traditional Thai Massage**

This massage uses thumbs and palms to concentrate on the meridian of the body and includes some stretching to stimulate energy flow, unlock energy and create an overall feeling of well-being with improved circulation.

### **Traditional Thai Massage with Hot Herbal Compress**

Stretching, acupressure and hot herbal compress combine to provide the most in muscular and mental relaxation.

### **Remedial Massage**

This full body massage will ease tight muscles in the back, neck and shoulder area. Excellent for recovering from treating specific problems and injuries, ideal for people who prefer deeper massage.



## Massage Description

### **Relaxing Back, Neck and Shoulder Massage**

The ideal massage to combat stiffness and stress with movements performed to concentrate on the back, neck and shoulder. This technique ease muscles tension and releases stiffness.

### **Aromatherapy Massage**

This is a combination of a sense of smell and touch to achieve a healing effect on the whole body. A selection of essential oil will be presented to you to choose from them pressure point massage that will leave you calm, balance and relaxed.

### **Authentic Grand View Massage**

Massage, traditionally know in Indai as "Champissage", is a treatment based on old ayurvedic techniques to help reduce stress and fatigue, increase mental clarity, relax and rejuvinate the receiver. IHM is also used to aid the condition and health of the hair, particularly when combined natural organic oil.



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## Facial Description

Refreshing facials include deep cleaning, exfoliation and massage for the face, neck, shoulder and hands.

### Natural Thai Honey Facial

Age-old natural skin healers—the principle ingredients of the facial are honey, tomato and carrot mask.

These natural ingredients reduce the discomfort of skin irritations and stem infection while promoting new cell growth.

### **Natural Mineral Facial Massage**

This facial treatment uses pressure points to stimulate and relax the muscles and facial pressure where appropriate. The face is then wrapped in mineral scrub; follow by a facial pressure point massage using yogurt. Then another mask is used, this time of natural mineral clay know for its moistening and astringent properties. The massage concludes with an aromatherapy essential oil towel being placed over the face to absorb excess oil and refresh the skin—suitable for skin types.

### **Spiritual Nourishing Facial**

A terrific blend of thai herbs combination with Spirulina, this mask is enriched with skin nutrients, amino acids, vitamins and minerals to promote healthy, lively skin cells. Reduces skin inflammation and skin sunburn problems.

## Foot & Hand Description

### **Perfect Pedicure**

Our luxurious aromatic bath is the perfect complement to any of our treatments. Sit back, relax and enjoy your private leisurely soak as part of package or as individual treatment.

### **Marvelous Manicure**

This cosmetic beauty treatment for the finger, nails and hands can be enjoyed by both sexes and includes soaking both hands in a softening substance and application of hand lotion.

The word "Manicure" comes from the latin word "Manus" meaning "Hand" and "Cure" meaning "Care"

### **Fantastic Foot reflexology**

Treatment aims to stimulate the body owns self-healing power and re-establish the body's natural state of balance (homeostasis) NOT RECOMMENDED DURING PREGNANCY

### **Foot Scrub**

A Traditional thai foot scrub with herbs and moisturizer your skin. The scrub is completed with aromatic foot lotion to protect and rejuvenate the foot.