

WHO ARE WE?

CCG offers consultants with digital superpowers for building organizational resilience, creating the best workplace environment for your people, changing the way we think about public health, and not forgetting workshop wizardry!

Here at CCG, we will work with you on your OSH issues, but also ensure that this work is conducted in a fun and digitally modern way which will ultimately contribute to the success of your business's goals AND that is also sustainable for you.



CAROLIN WILHELM
SENIOR CONSULTANT

Feel free to **CONTACT US** to find out more and discuss how they can work for you, or if you prefer to have a tailored session created to fit your exact requirements.

All of our courses are in Swedish, but we happily offer basic work environment training in English or a tailored session for those who need it.



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WHAT DO YOU NEED US TO DO?

Work Environment and Change Management Courses approved and designed with the organization's wellbeing in mind.

Here is what we offer:

- ✓ Work Environment training that is adapted based on the internal and external context and conditions that govern and affect the organization.

We understand that:

- ✓ businesses and the world are everchanging so systems that are developed need also to be flexible.
- ✓ to succeed, the issues need to be anchored in top management, meaning leadership should be committed both at strategic and operational level, and employees much be involved.



LOOKING FOR AN EFFECTIVE CHOICE!

The results of great Work Environment training means that even though work can, and will be hard, your team will still be doing well, engaged over a long period of time, and reaching their goals.

That feeling for any organization is indescribable!



RETHINKING CHANGE

OUR FULL RANGE OF COURSES FOR YOUR WORKPLACE ENVIRONMENT LEARNING

BAM Better working environment basic training, Duration 3-5 days:

A basic health and safety training. It provides knowledge about the laws, rules, roles, and responsibilities of the work environment, while providing practice in practical work environment work. The education does not require prior knowledge.

Change leadership in digitalization, Duration 4 days:

We develop knowledge and competence around change management, with a focus on digitalization. The training leads to managers and safety representatives developing ideas, theories, and practice around digital work environment, and how to lead change AND lead within change, all linked to digitalization from a health and safety perspective.

Healthy Workplace Ambassador, Duration 2 days (split over 4 x ½ days):

We delve into the WHO model Healthy Workplace, a model for action, and focus on how we can systematically maintain and strengthen enabling factors to develop a working group's personal health resources/perceived work environment, digital, organizational, and social work environment. You will utilize laws, theory, research, and tools to start a change and behavioral change together with your manager in your working group.

Promoting OSH work – Healthy Workplace, Duration 1-5 days:

Here we focus on promoting OSH work based on World Health Organization (2010) Healthy Workplace – a model for action.

The education provides an overview of the entire complex field of work environment and focuses further on the promotion work in physical work environment, organizational and social work environment, wellness, digital work environment and community involvement based on the five success factors that have been identified to create healthy workplaces.

Work environment training BASIC – English, Duration 2 days:

The education entirely in English encompasses a basic health and safety training. It provides knowledge about the laws, rules, roles, and responsibilities of the work environment, while providing practice in practical work environment work. The education does not require prior knowledge.

Systematic work environment work in practice, Duration 1-3 days:

This course is based on AFS 2001:1 Systematic work environment work. Here, we deepen our knowledge about how we can work systematically both on promotion and prevention. In the training, we alternate knowledge reviews with reflection, dialogue, and practical learning.

Risk assessment in digital tools, Duration 1-3 days:

Based on AFS 2001:1 Systematic work environment work and the regulations relevant to the participants, we will immerse ourselves in understanding risk assessment in daily operations, and in change and practicing risk assessment in collaboration with the support of digital tools in an efficient, inclusive, and safe (anonymous) way. The participant has the opportunity after the training to take advantage of digital tools and additional templates to start a work on risk assessment on their own that includes everyone who is involved in the organization.

Organizational and social work environment in practice, Duration 1-3 days:

Based on AFS 2015:4 Organizational and social work environment where we deepen knowledge about the regulation and how we will work with organizational and social work environment both promotion and prevention. During the training, we alternate knowledge reviews with reflection, dialogue, and practical practice.

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Digital work environment in practice, Duration 1-3 days:

Based on AFS 1998:5 Work at monitor, AFS 2012:2 Load ergonomics and AFS 2015:4 Organizational and social work environment and the book "Digitalization and the working environment" (Sandblad et al, 2018) we deepen knowledge about regulations linked to digital work environment and how to work with digital work environment in a preventative way. In the training we alternate knowledge reviews with reflection, dialogue, and practical practice.

Work environment in WFH (Working from Home), Duration 1 day:

The recent pandemic has led to many more employees now working from home, and many companies are not prepared for the new challenges. The demands on managers and companies increase as more people work from home, and at the same time, many companies lack basic understanding of systematic work environment work linked to WFH. During this full day, we focus on systematic work environment work in a home environment.

Health promotion leadership and employeeship, Duration 1-3 days:

We immerse ourselves in health theory and organizational and leadership theory. We alternate the training with knowledge reviews, reflection, and exercises.

Personal health resources and perceived work environment, Duration 1-3 days:

We focus on creating greater awareness and knowledge about people's basic needs to feel good in their working life. The theoretical starting point for education is health education, and work life and organizational psychology. We alternate the training with knowledge reviews, reflection and exercises.

Recommended for:

The power of strong employee engagement, Duration 1-3 days:

One of the most important success factors in successful work environment work is good collaboration and strong employee engagement. During this training, we focus on theory, research and practical exercises linked to strong employee engagement.



What does CCG training provide?

You and your team will deepen your knowledge in whatever area you need to ensure a better working environment for all.

This has proven benefits over time including:

- ✓ More engagement in the organization
- ✓ Higher attendance at work
- ✓ More efficient and effective working pace