



Care Connex

SPECIALIST IN HEALTHCARE



PROMOTING GREATER INDEPENDENCE.

QUALITY SUPPORTED LIVING SERVICES



About us

Our supported living programme provides support and safe housing, allowing you to live independently.

We provide a shared unit with your own bedroom, and our team is typically ready to give personal care and support services up to 24 hours a day. These are tailored to your specific needs and may involve assistance with bathing, dressing, going to the bathroom, and taking medicine. Domestic assistance, such as shopping and laundry, as well as meals, may be supplied.

Our supported living service includes the following features:

- A team of support workers can assist you.
- An alarm system provides 24-hour emergency assistance.
- Social activities arranged for the community.
- A minimum age of 16-18 years and above for residents.
- Community areas, allowing you to socialise whenever you choose.

Quality Care

Care Connex Limited is committed to giving the individuals we support the best care possible. Our team members are highly motivated and have a lot of experience.

Our primary focus is safety. We make certain that all of our employees understand what is expected of them in order for our services to function smoothly and successfully. Our employees must adhere to the policies we have established in order to function consistently and in line with legislation and best practises.

Our directors, managers, and support staff work hard to make sure that improvements are always being made and that quality is being met. This is so that people can always live with dignity, respect, and independence in a safe and supportive environment.



Mental health needs

We are aware that having access to appropriate accommodations and the appropriate level of support is vital to making progress in overcoming mental health issues. Our range of mental health support services includes community support, personal care, respite care, nursing care, supported housing with care, and supported housing with floating support.

The level of support that we offer varies according to the client's individual needs and can range from a few hours per week all the way to permanent support or extensive support over a short period of time in order to facilitate the accomplishment of a target. In addition, we do all in our power to promote the concept of peer support, in which individuals are empowered to make changes in their lives via the combination of mutual support and the experience of travelling the same path.

The state of one's mental health is something that each of us can empathise with, and as a result, we make sure to offer support for it in every service that we offer.

People who have a mental health illness that has been diagnosed receive support from specialised mental health services, which can range from:

Anxiety disorders and panic attacks

Personality disorders

Bipolar disorder

Depression

On their way to becoming independent and getting better, the people we help can build their self-confidence and feel better about themselves by working together with our team and doing self-development activities.

The Recovery Star model, which focuses on the following areas, is used to support individuals.

- Taking care of one's mental health
- Self-esteem and identity
- Taking responsibility for one's own physical health and self-care
- Living skills
- Relationships within social networks



Autism

We are aware that living life to the fullest while coping with an autism spectrum condition (ASD), which can include Asperger Syndrome, can be challenging and that the degree of difficulty can vary widely across individuals.

Because of this, we have developed a comprehensive range of innovative autism services that are tailored to the requirements of each of the people whose lives we improve and that ensure a better general standard of living.

Through the use of person-centered care plans, our mission is to assist the people we support in acquiring the knowledge and abilities necessary to comprehend the world in which they live, as well as to inspire them to work toward realizing their ambitions and goals.

Going to college in order to take a variety of classes is something that this implies for some people, while for others it may just mean finding work placements and other daytime possibilities that are aligned with their objectives.

Every one of our person-centered programmes is geared toward providing assistance to people who have autism, from the surroundings that are secure, well-structured, and comfortable to the staff teams that have a great deal of experience and competence in the field. The following are examples of the specialised services we provide:

- Transition Services for semi-independent living and Community Outreach
- Innovative Aid Programs in Safe and Caring Environments
- Transition services for semi-independent living and community outreach
- Education and potential jobs are both available.
- Move along a care pathway that caters to each person's unique needs and aims to bring forth their full potential.



Learning disability

We are aware of the fact that having a learning disability can make a range of activities and circumstances that people experience on a daily basis more challenging for them and their families.

We are at your disposal at any time to offer the support you desire, whether it is right now or in the future. No matter how old you are or how smart you are thought to be, we think you can always live a happy life that makes you and those around you happy.

Adults who have learning difficulties can take advantage of our wide variety of specialised residential and community-based programs. These services are provided by us.

Because of this, we are able to adapt our help to the specific requirements and preferences of each client. Every one of our services emphasises the development of important life skills through individual, client-centred programs. This enables the individuals we help to lead more independent lives and realise their aspirations and objectives.

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Get in touch.

If you would like more information or to make a referral, please contact us.



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