



THE BEST FROM EACH
SUCCESS FOR ALL



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Year 8

Home Learning Timetable

	Monday	Tuesday	Wednesday	Thursday	Friday
09:00	Exercise / PE Use the daily @thebodycoach or check for updates from the PE				
Break 09:30 – 09:50	Break Relax and recover from exercise. Wash your hands.				
1 09:50 – 10:40	Science	Maths	English	Science	Maths
Break 10:40 – 10:55	Break Stretch, rest your eyes and wash your hands.				
2 10:55 – 11:45	Reading Period Read a book				
Break 11:45 – 12:00	Break Stretch, rest your eyes and wash your hands.				
3 12:00 – 12:50	RE	History	Geography	IT	Technology
Lunch 12:50 – 13:30	Lunch				
4 13:30 – 14:20	Music	Spanish	Welsh	Drama	Art
Break 14:20 – 14:35	Break Stretch, rest your eyes and wash your hands.				
5 14:35 – 15:25	Creative Session Try the Arts Challenge, Enterprise Challenge or Kindness Challenge. You could also join Miss Cox's book club.				