

Cantonian High School

Ysgol Uwchradd Cantonian



THE BEST FROM EACH
SUCCESS FOR ALL

Personal & Social Education (PSE) Policy

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Job Titles Updated December 2013
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All policies are available on request in large print format or translated into Welsh or community language

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1. A definition of Personal and Social Education

PSE comprises all that a school or college undertakes to support and promote the personal and social development and wellbeing of its learners. At Cantonian High School, our PSE programme is designed to ensure that each pupil has access to a broad and balanced curriculum which:

"Promotes the spiritual, cultural, mental and physical development of pupils at the School and of society and prepares pupils for the opportunities, responsibilities and experiences of adult life."
(Section 351, Education Act 1996)

2. Statutory Requirements

PSE is a statutory element within the basic curriculum for pupils aged 5 to 16. It is the responsibility of Cantonian High School to plan and deliver a broad, balanced PSE provision to meet the specific needs of all learners.

3. Aims of PSE

PSE reflects the aims of the *PSE Framework for 7 to 19 year olds in Wales* (2008). At Cantonian High School, we will endeavour to prepare learners to be personally and socially effective by providing learning experiences in which they can develop and apply skills, explore personal attitudes and values and acquire appropriate knowledge and understanding.

Specifically, the aims of PSE are to:

- develop learners' self-esteem and a sense of personal responsibility
- promote self-respect, respect for others and celebrate diversity
- equip learners to live safe, healthy lives
- equip learners to be safe and responsible when using ICT and social media
- prepare learners for the choices and opportunities of lifelong learning
- empower learners to participate in their schools and communities as active, responsible citizens locally, nationally and globally
- foster positive attitudes and behaviour towards the principles of sustainable development and global citizenship
- prepare learners for the challenges, choices and responsibilities of work and adult life
- celebrate diversity and recognise the importance of equality for all

4. Links with Other Policy Statements

Other policies refer to PSE-related issues and should be read in conjunction with this policy statement. These include:

- *Sex & Relationship Education*
- *Drug & Alcohol*
- *Behaviour*
- *Child Protection*
- *E-safety*

5. The Delivery of PSE

Key Stage 3

PSE is timetabled in the curriculum and is delivered for one hour per week, to all year groups. There will also be opportunities made available throughout the year for pupils to meet guest speakers who have knowledge of specific areas of expertise; these include but are not exclusive of, Sexual Health Outreach Team, Public Health, Police, Show Racism the Red Card, Hafan Cymru, RISE, NatWest Bank, Money Charity, Cardiff Youth Council and Careers Wales.

By using data from surveys and by 'listening to learners', it is aimed to deliver a bespoke learning journey throughout Key Stage 3 which addresses issues which are relevant and specific to the learners at Cantonian. The journey will also tie in to the aims and objectives of the school to create 'a brighter future' for pupils and to re-enforce the three R's of being ready, responsible and respectful.

PSE is mapped across all subject areas with all departments contributing to the delivery of PSE, where appropriate. Delivery of PSE lessons is undertaken by Key Stage 3 Form Tutors and by outside agencies as mentioned above.

Key Stage 4

At Key Stage 4, during the academic year 2020-2021 and due to the outbreak of Covid-19, there is a greater need to focus on pastoral care for our pupils. One hour per fortnight is timetabled for a PSE lessons. The aim is to build on the journey from Key Stage 3 using data to inform the specific needs of Cantonian pupils. This will give the pupils access to outside agencies like Sexual Health Outreach Team, Police, NatWest Bank, Royal Air Force (RAF), Cardiff Youth Council, Big Ideas Wales, Lloyd's Bank Business Partnership, Careers Wales and Public Health.

PSE is mapped across all subject areas with all departments contributing to the delivery of PSE, where appropriate. Delivery of PSE lessons is undertaken by Key Stage 4 Form Tutors and by outside agencies as mentioned above.

Key Stage 5

Although not statutory at Key Stage 5, at Cantonian we believe that our pastoral provision is one of the strengths of the school. We therefore endeavour to continue the pupils' journey through this Key Stage.

PSE is mapped across all subject areas with all departments contributing to the delivery of PSE, where appropriate. Delivery of PSE lessons is undertaken by Key Stage 5 Form Tutors and by outside agencies as mentioned above.

6. The Management and Coordination of PSE

PSE is overseen by a member of the SLT who works in conjunction with the Head of Pupil Progress, Heads of Year and the Subject Area Leaders. This collective approach to the coordination of PSE is to ensure that a holistic programme of study is implemented and monitored across the whole school.

7. The Content of PSE

PSE comprises of the development of skills, the promotion of positive attitudes and values, and the acquisition of knowledge and understanding in accordance with the PSE framework.

At Cantonian High School, pupils develop this knowledge and understanding via delivery of the 5 themes within PSE:

- Active citizenship
- Health and emotional wellbeing
- Moral and spiritual development
- Preparing for lifelong learning
- Sustainable development and global citizenship

At Key Stage 3, we build on the skills, attitudes, values, and knowledge and understanding pupils have acquired and developed at Key Stage 2. We acknowledge and address the changes that learners are experiencing, beginning with transition to secondary school and the challenges of adolescence. We endeavour to equip pupils with the skills which will enable them to acquire greater self-assurance. They are encouraged to manage diverse relationships in society and cope with the increasing influence of peer pressure and the media. This allows them to be more confident in addressing the challenges of active citizenship and effective learning.

The programme of study for Key Stage 3 includes:

Active Citizenship

Racism

UK Voting System Plastic Pollution

Relationships

Health and Emotional Wellbeing

Heart Challenges

Sexual health

Puberty

Positive relationships

Substance misuse – drugs and alcohol

Fitness awareness

Healthy eating

Positive Affirmations

Moral and Spiritual Development

Human rights

Values and beliefs

Gender Inequality

Police

Right for food

Hafan Cymru

RISE

Preparing for lifelong learning

Careers
Big Ideas Wales
Responsible Dog Ownership
Planning and Budgeting
Money Sense

Sustainable Development and Global Citizenship

Natural disasters
Recycling workshop
Climate Change

At Key Stage 4, we build on the skills, attitudes and values, and knowledge and understanding pupils have acquired and developed at Key Stage 3. Our PSE programme reflects the fact that learners are moving towards an independent role in adult life, taking on greater responsibility for themselves and others. We endeavour to equip pupils with the skills to manage changing situations with increased confidence and to become financially capable. The programme of study enables learners to develop a critical awareness of local and global contemporary issues and to participate within their communities as active citizens in the twenty-first century.

The program of study for Key Stage 4 includes:

Active Citizenship

Charity work
Community participation
UK Voting System

Health and Emotional Wellbeing

Sexual health
Public Health
Positive relationships
Police – alcohol, drugs, sexual consent, sexting

Moral and Spiritual Development

Spectrum – Hafan Cymru
Police
RISE
Personal Development Training
Individual Project

Preparing for lifelong learning

Thinking and study skills
Careers
Big Ideas Wales
Preparation for examinations
Enterprise Challenge

Sustainable Development and Global Citizenship

Global issues – poverty
Climate Change

At Key Stage 5, we ensure that the PSE provision acknowledges the independence of learners and enables them to set and achieve personal goals in terms of education and training. The programme of study ensures that pupils accept readily responsibility for personal and social development and wellbeing, and have an increased awareness of self-identity. The PSE programme equips learners to be resourceful, financially literate, informed citizens who are willing to participate for the benefit of their communities both locally and globally.

The programme of study for Key Stage 5 includes:

Active Citizenship

Charity Work
Community Participation
UK Voting System

Health and Emotional Wellbeing

Sexual Health
Public Health
Human Rights
Healthy Eating

Moral and Spiritual Development

Personal Development Training
Spectrum – Hafan Cymru
RISE
Individual Project

Preparing for Lifelong Learning

Big Ideas Wales
Careers Wales
Mock Interviews
CV Writing
Enterprise and Employability Challenge

Sustainable Development and Global Citizenship

Global issues – poverty
Climate Change

8. Recognising Learner Achievement

At Cantonian High School, PSE is assessed, recorded and reported in the following ways:

Key Stages 4 & 5

PSE is not reported on, however, is expected that all subject areas will report on aspects of PSE within their assessment, recording and reporting process, where appropriate.

9. Monitoring and Evaluation

At Cantonian High School, pupils and teachers are fully involved in the ongoing process of evaluation of the PSE provision. Both staff and pupils give feedback regarding the appropriateness and suitability of material either on a half-term basis or immediately following a theme day.

10. Continuing Professional Development

PSE is overseen by a member of the SLT who works in conjunction with the Head of Pupil Progress, Heads of Year and the Subject Area Leaders. In addition, the school engages with a number of outside agencies who support in the delivery of PSE to ensure a coherent programme is in place. All staff undertake training where relevant and have taken part in INSET where appropriate. Regular meetings are arranged for the dissemination of materials and information to the staff involved in the provision of PSE. Resources are constantly updated to take into account recent legislation and teaching and learning strategies. They ensure that no pupil is discriminated against because of disability, race or creed. Effective practice is shared where practicable.

11. Arrangements for reviewing the policy

In line with school arrangements, this policy will be reviewed on an annual basis. Pupils, parents, staff and governors have access to this policy and their views and opinions are sought when amendments are made.

Agreed by Headteacher: *D Gill*

Agreed by Chair of Governors: *B Connell*

Date of Issue: Summer 2020

Date for Review: Summer 2021

Appendix

In light of the COVID-19 situation, the use of external speakers will be limited to comply with health and safety policies. The policy will be reviewed and amended as the situation develops.

Due to the additional needs brought about by the situation, for September 2020 a bespoke PSE programme will be introduced to address the needs of the pupils at Cantonian High School.