

Scottish Dance Workshop

Where: De Bosuil Cultural Centre, Witherendreef 1, 3090 Overijse, Belgique

When: Saturday, 24 June, from 9h30 to 13h00

To enrol: cancer-support@ec.europa.eu

Contact person: Daniela Simionescu (Phone: 02 299 78 26)

Scottish country dancing is a sociable dance form with its roots stretching back some centuries. Dancers are grouped into sets of 3, 4 or 5 couples arranged either in two lines (men facing women) or in a square, and work together to dance a sequence of formations; everyone dancing each position in turn. It is mainly danced socially, for pleasure and enjoyment.

The basic steps and formations are easy to pick up but technique can be continuously improved to achieve an elegant and balletic dance form. With over 10,000 existing dances and new ones being written all the time, most of them with their own specific music, there is always a great selection to choose from for both beginners and the more experienced.

Scottish Country dancing is danced all over the world, and with currently nearly 500 groups and branches registered with the Royal Scottish Country Dance Society, it is easy to meet new friends from all over.

For the event on 24 June, we will teach you the basic steps and formations and put this into practice in some easy dances. No prior knowledge is needed, but being able to smile, knowing your right from your left and count to 8 is a good start! You do not need to come with a partner as we will change partners for each dance.

Teachers:

Anne Scobie (Scottish) started Scottish country dancing when she was 8 years old and took it up again during a posting in Washington DC. She has been teaching for over 20 years and qualified in 2000. In addition to teaching the Brussels Dance Scottish group, she gives workshops in other groups in Belgium and the Netherlands.

Jette Rossen (Danish) has tried many different kinds of dancing before she discovered Scottish country dancing when she moved to Brussels in 2002. She took up teaching just 6 years ago.

Both Anne and Jette enjoy dancing and sharing their passion with others, be it those new to dancing or those who have danced for many years. They both regularly travel to events organised by other groups to meet with their dancing friends and to get new inspiration from other dance teachers.

Practical info:

Clothes and shoes: we recommend to wear comfortable, loose-fitted and light clothing. Shoes like gym shoes are perfect, but don't run to buy some if you don't have them already - most important is that you're wearing shoes with a soft, flexible sole.

As the weather can be quite warm, do bring a small towel with you and some water.