## Brinscall Juniors FC

## Covid-19 Player Guidance



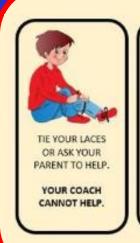






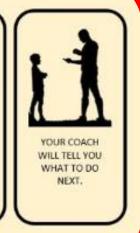












**Before You Leave Home** 

**During Training** 

Do Not Touch the Equipment With Your Hands





If you Need to Cough or Sneeze use a Tissue or your Sleeve. Put any Tissues in the Bin After use





Always stay
2m apart from
others, this is
about 3 steps

If you hurt yourself, you will be sent to the First Aid Area.

Your Coach will guide you through what you need to do.

If you have a BAD INJURY stay still and your Coach will help





Return to your Safe Area and use your Hand Gel Get a Thumbs up from your Parent and Coach before you leave.



**Once The Session Ends** 

**Arrival at Training**