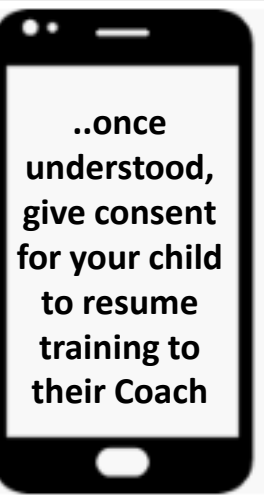


Read through the Parent & Player Guidance

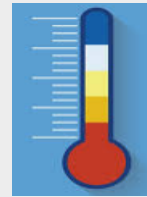


Pre-Preparation



Your child will need to wear a clean kit

Check their temperature. If they have a fever don't attend training



Your child will need their own drink and hand sanitiser with their name on



Before You Leave Home

Sessions will be 50 minutes long, please plan to arrive 5 minutes early and leave promptly



Ensure their laces are tied as the Coach won't be able to help

Once you have a thumbs-up from the Coach, your child will move to their Safe Area and you can leave or stay in their safe area



Arrival at Training



If you want to observe the session from pitch side, please use the safe area assigned to your child. Each box is 3m apart and should only contain people from a single household

During Training

If your child is injured they will be sent to the first aid area where the coach will attempt to guide them through treatment in the first instance.

If you are pitch-side they may ask you to assist. If there is a more serious injury, all players will be sent to their safe areas whilst the issue is resolved. If a coach is needed to administer first aid, they will apply basic PPE first.



Your child will sanitise hands in Their 'Safe Area' and collect belongings

Once The Session Ends

Give your child the thumbs-up and your coach will see this and you can then leave.

