



**BREAKTHRU**  
CARE | SUPPORTED LIVING



# ABOUT US

---

Breakthru Care is an authentic, UK based Organisation that provides exceptionally pristine support and accommodation services that are based on ensuring you and/or your loved ones receive the support you need. Our service is anchored on extensively experienced Mental Health Professionals for its leadership, with a shared background in Forensic, Acute In-Patient, Rehabilitation, Learning Disabilities, and Domiciliary Care.

We always aim to deliver high-quality standards of care, support and accommodation to vulnerable adults and young people within our community. Our care is focused on keeping you comfortably in your home for as long as possible, awarding you with the independence you need to maintain more fulfilled days. We have a pool of competent healthcare professionals that form our team of employees, and are available to meet your every need to make your lives more comfortable.

Breakthru care & supported living is a growing organisation that aspires to make a positive impact in the lives of vulnerable adults and young people in our communities. Our main aim is to assist/support you and your loved one(s) to achieve your personal best in both physical and mental well-being and to live independently in less restrictive accommodations in the community.







## PRIVATE LIVE-IN CARE

Our live-in care services offer safe 24/7 friendly support. A professional and compassionate carer comes to live in your home to provide round-the-clock care and support. This extra support will allow you or your loved one to continue living safely in the comfort of their home and enjoy their everyday activities.

Our services offer independence and complete peace of mind for you and your loved ones. A helping hand will be there to assist with daily errands and, prevent accidents or be there when one falls sick.

## Our Live-in Care Services

### Personal Care

We provide discreet and sensitive personal care such as bathing, dressing, shaving, and continence.

### Companionship

We match you with a Carer that has similar interests and personality with you to ensure that life becomes interesting and enjoyable.

### Managing Medication

Our Carers are trained in Medication management and will prompt you to take medication. They can also make medical appointments or accompany you to health professionals.

### Assistance with safe mobility

We make sure that your home is safe to improve mobility and movement whilst minimising falls.

### Domestic tasks and Cooking

Our Carer will cook for/ with you nutritious meals that suit your dietary needs. They will also help you keep your home tidy by cleaning it.

### Assistance with social activities

We make sure that you stay in touch with your local community. This can be achieved by attending local events or visiting friends and family with the company of your Carer.



# Our Other Services

## Domiciliary care

We offer a wide range of domiciliary care services to you or your loved one, ensuring that your life is easier by supporting all your day-to-day visits. Our intermittent visits range from an hour to several visits per day. This all depends on your schedule and how you want your care and support.

We pride ourselves on our Carers who are not only trustworthy but are committed to giving you the quality care you deserve. Our domiciliary carers go through rigorous training and DBS checks. They are hands-on and allow you to be in control of the care they deliver to you.

## Complex care

We offer dignified and discreet complex care to individuals recovering from a life-changing accident or someone living with a long-term life-limiting condition.

A dedicated and experienced carer will provide you with the correct care and support in the comfort of your home. We work with other health professionals such as occupational therapists, GP, discharge teams, and specialist consultants to ensure that a person-centred care plan is crafted for you.



## Night Support Care

A Carer will sleep in your home under this arrangement. This can be useful if you are concerned that you are left alone at night but do not require a lot of physical support.

Our Carer will be present for at least eight hours and will sleep in their own room, but they will be available to assist you if you require assistance during the night.

## Companionship

Breakthru care & Supported living offers you or your loved a companion to prevent the adverse impact of loneliness and isolation. Our carers will be there to accompany you to appointments, a trip or simply do your housework and help you prepare meals.

We will match you with a carer that shares your preferences and interests. They will work with you regularly and get to know you more. This means you will have someone with you that knows you to give you the much-needed care and support you require.

## Respite care

There is a real risk if a Primary Caregiver becomes exhausted when looking for a loved one full-time. Breaks are needed and sometimes you might want to go on a vacation or see other family members. During this time, we provide a Carer.



This can be for a few hours, a week to as long as you want. We will work with you to make sure that your loved one's needs are taken care of whilst you relax. You can also check in with our Care management at any time for updates.

## Supported living

We recognise that finding appropriate accommodation with the correct support is a critical component of conquering mental health difficulties.

Our services focus on assisting young people who are homeless, especially those who are overcoming addiction, young parents or are facing a family or relationship breakdown.

We have a versatile and diverse variety of disability support. We offer expert-tailored support and care to people over the age of 18 who have disabilities.



# WHAT'S NEXT?

## Step 1. Initial contact

Call us on : 0333 3660746

Email us at: [office@breakthrucares.co.uk](mailto:office@breakthrucares.co.uk)



And we will arrange a no-obligation free assessment within 24hours

## Step 2: Home visit



We will visit you at home to do a free no-obligation assessment to devise your care plan.

## Step 3: Consider your options



If there is a need, you will get time to discuss our services and quotes with your family

## Step 4: Signing of service contract



Once you have signed our service contract, a date will be set for your Carer to come care for you.

## Step 5: Care starts



You will meet your Carer and care starts on the agreed date.

## Step 6: Follow-ups



We will regularly do follow-ups to check if you are happy with our services.





**BREAKTHRU**  
CARE | SUPPORTED LIVING



Office No.1, 63a Hilliary Street, Walsall, WS2 9BP, United Kingdom