

Early Meals

All Day Long

- BREAK - FAST** 89kr.
Two breakfast buns - one regular and one dark, butter, two slices of cheese and strawberry jam. Perfect for "the little hunger"!
- HOUSEWIFE GOALS** 139kr.
Two breakfast buns - one regular and one dark, butter, two slices of cheese, strawberry jam and one hard boiled egg. "Bær with me" chia porridge, half of an avocado served with cabbage mix, sprouts, almonds & walnuts. Served extra insta worthy!
- 'BÆR' WITH ME** 69kr.
Home-made chia porridge made with oat milk, coconut cream & vanilla. Served with blueberries, blackberries, dried strawberries & strawberry-passionfruit compote
- GET NUTS** 69kr.
Home-made chia porridge made with oat milk, coconut cream & vanilla. Served with walnuts, almonds, and hazelnuts. Topped with pumpkin seeds, chocolate balls, honey and strawberry-passionfruit compote
- DEVIL'S AVO** 119kr.
When you're hungry but not really, but a little! Delicious fresh avocado served on crispy cabbage mix. Topped with cottage cheese, pea shoots, sprouts, almonds, walnuts, nigella seeds, and rye bread crisps
- CROSS THE SAINTS** 29kr.
Freshly baked croissant served with a dash of "glitz and glam"
- DANISH CROISSANT** 39kr.
Freshly baked croissant with butter, cheese and strawberry jam served with a dash of "glitz and glam"
- CROISSANT TURKEY/ROAST BEEF** 52kr.
Freshly baked croissant with herbal mayo, thin slices of turkey/roast beef, cheese and pea shoots served with a dash of "glitz and glam"

Sand - Witches

Classical sandwiches with a touch of Bows & Balloons

- BELLA IS A 'CHICK'** 139kr.
Pulled garlic chicken, cabbage mix, tomatoes, sprouts, pea shoots, pickled red onion & herbal mayo dressing
- PASTEL SMOKE** 149kr.
Smoked salmon, cabbage mix, shredded carrots, tomatoes, sprouts, pea shoots, dill & herbal mayo dressing
- PASTEL GREEN** 129kr.
Avocado, rainbow hummus, cabbage mix, shredded carrots, tomatoes, pea shoots, pickled red onion, sprouts & goma dressing
- BELLA'S FIESTA** 139kr.
Tex-mex chicken, avocado, black beans, tomatoes, cabbage mix, sprouts, jalapeños, tortilla chips, cream salsa dressing
- TRIP TO SANTORINI** 129kr.
Tzatziki, cucumber, tomatoes, feta, pea shoots, olive mix, pickled red onion, onion sprouts, delicious provence olive oil dressing + chicken 35 kr.

Nachos

- BALLOON TORTILLAS** 149kr.
The little "black dress" of every café! Classic nachos. Served with salsa, creme fraiche, feta, jalapeños & olive mix + chicken 35 kr.

Sugar Coma

Damn, So Sweet

- BELLA & BALLOU CHOKO DUO** 189kr.
Sharing is caring - Giant ice cream dessert with chocolate ice cream, wafers, choco balls, choco & salted caramel sauce topped with candyfloss. Can be made with strawberry or vanilla ice cream. Don't forget your camera and sparkle in the eye! This calorie bomb is served as a smoking sensation!
- UNICORN FART** 129kr.
Three fluffy pancakes served with whipped cream, berries, choco sauce, hidden under candyfloss "fart". Served with bloody beetroot or chocolate shot
- FROZEN FART** 139kr.
Three fluffy pancakes served with delicious vanilla ice cream, chocolate sauce, walnuts, chocolate sprinkles & candyfloss
- PINEAPPLE EXPRESS** 149kr.
Dreamy vanilla ice cream dessert that takes you to the exotic beaches with palm trees and waves. Served with pineapple, coconut flakes & tropical coulis. Served 'Kodak ready'!
- CHOCOSHOCK JUNIOR** 79kr.
Chocolate ice cream, wafers, sprinkles and strawberry sauce topped with candyfloss. Can be made with strawberry or vanilla ice cream. A cutie for a cutie!
- I DON(U)T CARE** 35kr.
Lovely donuts, choose between: Raspberry, Chocolate or White Chocolate
- MISS MUFFIN** 35kr.
See our daily offer in our cake window!
- CAKE ME UP** 79kr.
Sugar level 100%! See our daily offer in our cake window. All the cakes are served with a bit of "glitz & glam" Remember, you can always get what's left "to-go" for all your late-night cravings!
- BELLAROONS** 17kr.
See our daily offer of macaroons in our cake window! 3 stk. - 45kr.

Salads

- BALLOU'S CHICK** 139kr.
Pulled garlic chicken, cabbage mix, chickpeas, tomatoes, pea shoots, sprouts, pickled red onion, feta & goma dressing, topped with nigella and pumpkin seeds
- OCEAN MOOD** 149kr.
Smoked salmon, cabbage mix, tomatoes, pickled red onion, dill, chickpeas, sprouts, mustard dressing, topped with nigella seeds
- UNICORN PROTEIN** 129kr.
Avocado, cabbage mix, shredded carrots, chickpeas, black beans, tomatoes, pickled red onion, pea shoots, sprouts, hummus & goma dressing, topped with almonds and pumpkin seeds
- BALLOU IN MEXICO** 129kr.
Avocado, chickpeas, black beans, tomatoes, cabbage mix, jalapeños, sprouts, hot nachos with cheese, sprouts, served with salsa & creme fraiche + Tex-mex chicken 35kr.
- BALLOU IN GREECE** 129kr.
Tzatziki, pea shoots, tomatoes, cucumber, feta, olive mix and walnuts + chicken 35kr.
- RAINBOW DIP** 79kr.
A little piece of happiness & rainbow lovin' - 3 kinds of hummus (classic, blue spirulina, beetroot) served with fresh veggie sticks and rye bread crisps

The Hot Ones

Straight From Hell

- CAFÉ LATTE** 45kr.
- CAPPUCCINO** 45kr.
- CORTADO** 42kr.
- AMERICANO** 42kr.
- ESPRESSO** 32kr.
- CHAI LATTE** 45kr.
Tiger spice or Elephant Vanilla
- HOT CHOCOLATE** 49kr.
Hot chocolate with whipped cream and sprinkles
- SPILL THE TEA** 39kr.
Choose between earl grey, green tea or rhubarb&strawberry Spice up your tea with lovely warm milk +10kr. Choose between: Rose, lavender or honey
- Coffee Specials**
- THE NARCISSIST** 59kr.
Put a face on it! Your favorite drink with your selfie! Choose between: Café Latte or Cappuccino
- SUGARSHOCK RAIN** 65kr.
It's raining sweets, hallelujah! Classic americano with candyfloss cloud. You have to see it to believe it!
- THE SKY IS THE LIMIT** 59kr.
Blue spirulina latte with double espresso on the side
- HAPPY TEARS OF UNICORN** 59kr.
Pink beetroot latte with double espresso on the side

Unicorn on detox

Colorful, nutritious, coffee-free drink made on oat milk. Choose from these 4 delicious options:

- SLAP OF POSITIVITY** 49kr.
TURMERIC LATTE - Turmeric is loaded with lots of good stuff! It's an antioxidant, anti-inflammatory and it helps with fat burning!
- DARKER THAN YOUR EX'S SOUL** 49kr.
CHARCOAL LATTE - Charcoal effectively liberates your body of toxins (and toxic exes) and absorbs all unwanted chemicals!
- HAKUNA MATCHATA** 49kr.
MATCHA LATTE - Detox, fat burning and strengthening the immune system? Oh yas - matcha gotcha!
- LOVE POTION** 49kr.
BEETROOT CACAO LATTE - Beetroot is loaded with valuable vitamins and minerals which have detoxifying effect among other benefits. Damn, let's love it!

Unicorn Milks

- CHOOSE BETWEEN:** 39kr.
Lavender: Lavender sirup
Rose: Rose syrup with rose petals
Honey: Milk and Honey
- Be extra!**
Oat or Lactose-free milk 5kr.
Sweet Drops - Caramel or Vanilla syrup 10kr.

Ice Queen Fuels

Oh, So Cold

- DON'T BE SOUR LEMONADE** 59kr.
Home-made lemonade made of lemon and lime juice. Spice it up with your favorite sirup:
Peach, passionfruit, watermelon or mango +10kr.
- ICE TEARS** 59kr.
Home-made ice-tea made of earl grey base. Choose between:
Mango/Peach
Passion/Lime
Mango/Passion
- ICE QUEEN** 45kr.
Iced café latte served with ice cubes. If your heart is frozen and your soul is sweet, add your favorite sirup! Choose between:
Vanilla or caramel syrup + 10kr.
- SHAKE & TWERK** 69kr.
Classic milkshakes made from delicious ice cream with a bit of glitz & glam on the top, choose between:
Strawberry
Chocolate
Vanilla
- MYSTERY ROSE MILK** 55kr.
From Ishal's heart to yours
Delicious milk sweetened with caramel, comes with a small candyfloss surprise
- FRANKLY'S SQUEEZE** 39kr.
Cold-pressed juice, choose between seasonal variants. Ask our balloonista about our daily selection!
- ARE YOU 'SAFTIG'?** 35kr.
Apple juice, black currant juice or elderflower juice
- FIZZY BUBBLES** 32kr.
Cola, Cola Zero, Danskvand, Danskvand citrus, Red Soda, Schweppes Lemon
- STAY HYDRATED** 18kr.
Mineral water 0,33l
- CHARCOAL H₂O** 29kr.
A jug of water with charcoal which filters the water
- Ice-cold Unicorn on detox**
Colorful, nutritious, coffee-free drink made on oat milk. For more info, see "Unicorn on detox" in "The Hot Ones" Choose from these 4 delicious options:
- ICED SLAP OF POSITIVITY** 49kr.
Gurkemeje is latte
- COLDER THAN YOUR EX** 49kr.
Charcoal is latte
- ICED HAKUNA MATCHATA** 49kr.
Matcha is latte
- COLD LOVE POTION** 49kr.
Rødbede is latte
For an extra kick, add espresso shot +15kr



LACTOSE-FREE



GLUTEN-FREE



VEGAN



SIGNATURE "MUST-TRY"



HALAL



Make sure to follow us on ig!
@bowsandballoonscafe



Don't forget to tag us!
#bowsandballoonsdk