

Early Meals

All Day Long

BREAK - FAST 79kr.

Two breakfast buns - one regular and one dark, butter, two slices of cheese and strawberry jam. Perfect for "the little hunger"!

HOUSEWIFE GOALS 129kr.

Two breakfast buns - one regular and one dark, butter, two slices of cheese, strawberry jam and one hard boiled egg. "Bær with me" chia porridge, half of an avocado served with cabbage mix, beetroot sprouts, almonds & walnuts. Served extra insta worthy!

'BÆR' WITH ME 59kr.

Home-made chia porridge made with oat milk, coconut cream & vanilla. Served with blueberries, blackberries, dried strawberries & strawberry-passionfruit compote

GET NUTS 59kr.

Home-made chia porridge made with oat milk, coconut cream & vanilla. Served with walnuts, almonds, and hazelnuts. Topped with pumpkin seeds, chocolate balls, honey and strawberry-passionfruit compote

DEVIL'S AVO 89kr.

Delicious fresh avocado served on crispy cabbage mix. Topped with cottage cheese, pea shoots, beetroot sprouts, almonds, walnuts, nigella seeds, and rye bread crisps

CROSS THE SAINTS 29kr.

Freshly baked croissant served with a dash of "glitz and glam"

DANISH CROISSANT 39kr.

Freshly baked croissant with butter, cheese and strawberry jam served with a dash of "glitz and glam"

CROISSANT TURKEY/ROAST BEEF 52kr.

Freshly baked croissant with herbal mayo, thin slices of turkey/roast beef, cheese and pea shoots served with a dash of "glitz and glam"

Sand - Witches

Classical sandwiches with a touch of Bows & Balloons

BELLA IS A 'CHICK' 129kr.

Pulled garlic chicken, cabbage mix, tomatoes, onion sprouts, pea shoots, pickled red onion & herbal mayo dressing

PASTEL SMOKE 139kr.

Smoked salmon, cabbage mix, shredded carrots, tomatoes, onion sprouts, pea shoots, dill & herbal mayo dressing

PASTEL GREEN 119kr.

Avocado, rainbow hummus, cabbage mix, shredded carrots, tomatoes, pea shoots, pickled red onion, onion sprouts & Goma dressing

BELLA'S FIESTA 129kr.

Tex-mex chicken, avocado, black beans, tomatoes, cabbage mix, onion sprouts, beetroot sprouts, jalapeños, tortilla chips, cream salsa dressing

TRIP TO SANTORINI 119kr.

Tzatziki, cucumber, tomatoes, feta, pea shoots, olive mix, pickled red onion, onion sprouts, delicious provence olive oil dressing + chicken 25 kr.

Nachos

BALLOON TORTILLAS 119kr.

The little "black dress" of every café! Classic nachos. Served with salsa, creme fraiche, feta, jalapeños & olive mix + chicken 25 kr.

Sugar Coma

Damn, So Sweet

BELLA & BALLOU CHOKO DUO 159kr.

Sharing is caring - Giant ice cream dessert with chocolate ice cream, wafers, choco balls, choco & salted caramel sauce topped with candyfloss. Can be made with strawberry or vanilla ice cream. Don't forget your camera and sparkle in the eye! This calorie bomb is served as a smoking sensation!

UNICORN FART 99kr.

Three fluffy pancakes served with whipped cream, berries, choco sauce, hidden under candyfloss "fart". Served with bloody beetroot juice shot or hot chocolate shot

FROZEN FART 119kr.

Three fluffy pancakes served with delicious vanilla ice cream, chocolate sauce, walnuts and chocolate sprinkles

PINEAPPLE EXPRESS 129kr.

Dreamy ice cream dessert that takes you to the exotic beaches with palm trees and waves. Served with passionfruit & coconut ice cream with pineapple, coconut flakes & tropical coulis. Served 'Kodak ready'!

CHOCOSHOCK JUNIOR 59kr.

Chocolate ice cream, wafers, sprinkles and strawberry sauce topped with candyfloss. Can be made with strawberry or vanilla ice cream. A cutie for a cutie!

I DON(U)T CARE 30kr.

Lovely donuts, choose between: Raspberry, Chocolate or White Chocolate

CAKE ME UP 69kr.

See our daily offer in our cake window. All the cakes are served with a bit of "glitz & glam" Remember, you can always get what's left "to-go" for all your late-night cravings!

BELLAROOMS 15kr.

See our daily offer of macaroons in our cake window! 3 stk. - 36kr.

Salads

BALLOU'S CHICK 129kr.

Pulled garlic chicken, cabbage mix, chickpeas, tomatoes, pea shoots, onion sprouts, pickled red onion, feta & Goma dressing. Topped with nigella and pumpkin seeds

OCEAN MOOD 139kr.

Smoked salmon, cabbage mix, tomatoes, pickled red onion, dill, chickpeas, onion sprouts, mustard dressing, topped with nigella seeds

UNICORN PROTEIN 119kr.

Avocado, cabbage mix, shredded carrots, chickpeas, black beans, tomatoes, pickled red onion, pea shoots, onion sprouts, hummus & Goma dressing. Topped with almonds and pumpkin seeds

BALLOU IN MEXICO 119kr.

Avocado, chickpeas, black beans, tomatoes, cabbage mix, jalapeños, sprouts, hot nachos with cheese, onion sprouts, served with salsa & creme fraiche + Tex-mex chicken 25kr.

BALLOU IN GREECE 119kr.

Tzatziki, pea shoots, tomatoes, cucumber, feta, olive mix and walnuts + chicken 25kr.

RAINBOW DIP 69kr.

A little piece of happiness & rainbow lovin' - 3 kinds of hummus (classic, blue spirulina, beetroot) served with fresh veggie sticks and rye bread crisps

The Hot Ones

Straight From Hell

CAFÉ LATTE 42kr.

CAPPUCCINO 42kr.

CORTADO 39kr.

AMERICANO 39kr.

ESPRESSO 29kr.

CHAI LATTE 42kr.

Tiger spice or Elephant Vanilla

HOT CHOCOLATE 45kr.

Hot chocolate with whipped cream and sprinkles

SPILL THE TEA 39kr.

Choose between earl grey, green tea or Rhubarb&Strawberry

Spice up your tea with lovely warm milk +10kr.

Choose between: Rose, lavender or honey

Coffee Specials

THE NARCISSIST 52kr.

Put a face on it! Your favorite drink with your selfie!

Choose between: Café Latte or Cappuccino

SUGARSHOCK RAIN 59kr.

It's raining sweets, hallelujah!

Classic americano with candyfloss cloud.

You have to see it to believe it!

THE SKY IS THE LIMIT 52kr.

Blue spirulina latte with double espresso on the side

HAPPY TEARS OF UNICORN 52kr.

Pink beetroot latte with double espresso on the side

Unicorn on detox

Colorful, nutritious, coffee-free drink made from oat milk. Choose from these 4:

SLAP OF POSITIVITY 45kr.

TURMERIC LATTE - Turmeric is loaded with lots of good stuff! It's an antioxidant, anti-inflammatory and it helps with fat burning!

DARKER THAN YOUR EX'S SOUL 45kr.

CHARCOAL LATTE - Charcoal effectively liberates your body of toxins (and toxic exes) and absorbs all unwanted chemicals!

HAKUNA MATCHATA 45kr.

MATCHA LATTE - Detox, fat burning and strengthening the immune system? Oh yas - matcha gotcha!

LOVE POTION 45kr.

BEETROOT CACAO LATTE - Beetroot is loaded with valuable vitamins and minerals which have detoxifying effect among other benefits. Damn, let's love it!

Unicorn Milks

CHOOSE BETWEEN: 39kr.

Lavender: Lavender sirup

Rose: Rose syrup with rose petals

Honey: Milk and Honey

Be extra!

Oat or Lactose-free milk

Sweet Drops - Caramel or Vanilla syrup

DON'T BE SOUR LEMONADE 52kr.

Home-made lemonade made of lemon and lime juice. Spice it up with your favorite sirup:

Peach, passionfruit, watermelon or mango +10kr.

ICE TEARS 52kr.

Home-made ice-tea made of earl grey base.

Choose between:

Mango/Peach

Passion/Lime

Mango/Passion

ICE QUEEN 42kr.

Iced café latte served with ice cubes.

If your heart is frozen and your soul is sweet, add your favorite sirup! Choose between:

Vanilla or caramel syrup + 10kr.

SHAKE & TWERK 59kr.

Classic milkshakes made from delicious ice cream with a bit of glitz & glam on the top, choose between:

Strawberry

Chocolate

Vanilla

MYSTERY ROSE MILK 49kr.

From Ishal's heart to yours

Delicious milk sweetened with caramel, comes with a small candyfloss surprise

FRANKLY'S SQUEEZE 35kr.

Cold-pressed juice, choose between seasonal variants. Ask our balloonista about our daily selection!

ARE YOU 'SAFTIG'? 32kr.

Apple juice, black currant juice or elderflower juice

FIZZY BUBBLES 29kr.

Cola, Cola Zero, Danskvand, Danskvand citrus, Red Soda, Schweppes Lemon

STAY HYDRATED 16kr.

Mineral water 0,33l

CHARCOAL H₂O 29kr.

A jug of water with charcoal which filters the water

NonCoholics

You won't get drunk!

0,00000% alcohol-free wines!

Yes! You can drink and drive!

NONCOHOLIC 79kr.

Please ask our balloonista about our current offer! 200ml

NONCOHOLIC 149kr.

Please ask our balloonista about our current offer! 750ml



LACTOSE-FREE



GLUTEN-FREE



VEGAN



SIGNATURE "MUST-TRY"



HALAL



Make sure to follow us on ig!
@bowsandballoonscafe



Don't forget to tag us!
#bowsandballoonsdk