

### BOLFF HEALTHCARE SERVICES



## **Improving Quality of Lives Together**

## **Specialist Homecare Provider**

# ABOUT US

At Bolff Healthcare services we believe home is the most comfortable place one can be so we bring care to your home when you need it the most.

We aim to give you personalised care solutions that are reliable and trustworthy. Our care plans are holistic in the sense that we cater to your emotional, physical, and social needs. Our home care assistance is developed around you or your loved one's routine and budget.

We are committed to meeting all your care needs and go above and beyond to ensure you get the best care available.



Your Care & Support Needs Are Our Top Priority



## LIVE-IN CARE

We provide high-quality live-in care service to you or your loved one. A professional Carer will move in with you to provide care and companionship round the clock. Care will be provided on a one-to-one basis and is personalised according to your care needs.

We will match you with a Carer who is compatible with and fully understands your care needs. They will ensure that our high standards of care are always met.

#### House keeping and meal preparation

Your Carer will help you keep you home neat and tidy as well as cook nutritious meal for you. Their duties will include:

- Dusting
- Tidying
- Mopping
- Laundry and ironing
- Cooking for or with you

#### Companionship

Your Carer is there to support and encourage you or your loved one in:

- Hobbies
- Interests & Goals
- Develop your independent living skills
- Accompany you to social events

#### **Assistance with medication**

- Arranging and support medical appointments
- Assist with the taking of prescribed medications
- Communicating with other healthcare professionals
- Assistance with using mobility aids

#### **Personal care**

The carer will assist you with grooming and keeping a hygienic outlook with dignity

- Bathing
- Dressing
- Shaving
- Continence



## **Our Other Services**

**Domiciliary care** 

Bolff Healthcare Services provides you with additional care and dayto-day support in the comfort of your home when you require it. Our support ranges from help with household tasks, personal care, preparing and cooking meals.

We help with anything that allows you to maintain your independence and quality of life. A Carer can be arranged to visit you once or a couple of times per day, be it morning, afternoon or night visit. From 30 minutes to an hour depending on your care and support requirements.

### **Complex care**

We offer substantial and ongoing support to you or your loved one when affected by any chronic illness, disability, or coming from hospital treatment.

Our trained Carers are there to support several complex medical conditions such as dementia, Parkinson's disease, multiple sclerosis, stroke, respiratory conditions, and congenital disease.

### **Re-ablement**

We offer care to you or your loved one when you have had hospital treatment following surgery or an acute illness and require care, recovery, and rest.

Our re-ablement service focuses on making you comfortable, rehabilitation, support to rebuild life skills and improve quality of life.

## Companionship

Isolation is one of the challenges faced by the elderly in our society and has a dire effect on their health and general well-being. At Bolff we offer companionship services aimed at curbing the diverse impact of isolation.

A professional Carer will come and live with you in your home to provide you with companionship care, and support you need. This can be few hours, a day or live in.



### **Respite care**

We offer a short-term and flexible arrangement that allows you or your loved one to be taken care of in the comfort of your home whilst the primary caregiver is taking a muchneeded rest from the duties of caregiving.



## WHAT'S NEXT?



4. Continuous assessment and evaluation Continuous assessment and evaluation of your care plan to ensure you get the best care.





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