



# BERGEN VEST

## CHALLENGE CUP 2023

### **D: 5 -A- Side Football Bergen Vest Challenge Cup**

#### **D) 1: Number of players / Substitutes / Substitutions:**

**D) 1. 1: Number if players:** 5 players at pitch one given time. Maximum of 10 players allowed ( names of all 10 players required pre-game)

**D) 1. 2:** 5 Substitutes. All 5 subs are allowed to play during a game. ( Only the 10 players from the players list).

**D) 1. 3: Substitution during a game:** Unlimited.

**D) 1. 4:** Substitution is unlimited during a game. The substituted player must pass the boundary line (off pitch) before the new player can enter.

**D) 1. 5:** The substituted player is required to leave the pitch by passing the closest boundary line, unless the referee requires the player to leave the pitch by a specific boundary line.

**D) 1. 6:** Player(s) entering the game are required to enter the pitch by their own half boundary line. The substituted player have to be off the pitch before a new player enters.

**D) 1. 7:** Game will not stop for substitutions, *if a team wastes time during a switch, this may result in a yellow card.*

#### **D) 2: Fouls and misconduct:**

**D) 2. 1:** **Two yellow cards** in the qualifying rounds will carry the yellow card to the next game

**D) 2. 2:** If there is only **one yellow card** in the qualifying rounds this shall not be carried forward to the next game.

**D) 2. 3:** If a player is punished with two yellow cards in a game, the second yellow card leads to a red card which means the player misses the next game.

**D) 2. 4:** Red card in a game is punished with missing the following game.

**D) 2. 5:** Red card caused by misconduct will be punished with ban from participation in the tournament this will be reviewed at the referees discretion ( Violent and aggressive play; unsporting behaviour; and foul and abusive language will not be tolerated. Players exhibiting such behaviour will be penalised by the referee.)



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### **D) 3: Penalty kicks**

**D) 3. a:** Each team chooses 3 players.

**D) 3. b:** Each team can choose in which order the players take the penalty kicks.

**D) 3. c:** If a tie occurs each team is allowed another player to take a penalty kick to decide the win. This will go on until a win or 5 players from the squad have taken a penalty kick each, skal det tas en og en med to nye spillerne (når de første 3 spillerne som tok straffe i begynnelsen, kan ikke ta straffe på nytt før 2 nye spillerne har tatt straffe, dvs det må gjennomføres straffespark konkurranse med 5 forskjellige spillerne).

**D) 3. d:** If its still a tie the remaining 5 players from the squad will take penalty kicks.

**D) 3. e:** Penalty kicks are taken from metre distance

**D) 3. f:** Goalie is not allowed to be substituted during a penalty kicks