# Please see the following so you are aware of how the games should be progressing:

# **Game Structure:**

- Warm-up will be 30 minutes long
  - Home team will practice on the infield for 15 minutes while the visiting team runs drills in the outfield, then the visiting team will practice on the infield for 15 minutes while the home team runs drills in the outfield.

Field Setup: - 45' base lines - 40' pitching machine - Batting Tee

# **Team responsibilities:**

- Home team as listed on TeamLinkt
  - Field setup
  - o Field Maintenance before and after game.
- Each team keeps their own batting line up.

#### **Rules Offence:**

- Start inning with loaded bases
- Every player bats every inning
- 4 pitches per player from the pitching machine If no hit after 4 pitching machine pitches, set up batting tee for player to hit from.
- Advancing runner after hit
  - Infield hit 1 base
  - Outfield hit 2 bases
  - Last batter runs around the bases, and the team in the field throws ball to home plate.
- No outs
- Batting team supplies home plate coach
- Batting team coach operates pitching machine.

# **Rules Defence:**

- All players on the field
  - Catcher and pitcher play full inning
  - Infield positions rotate every inning

# Coach on the field with their team Practice Team:

- While in the outfield area, each team will practice different drills with respect to the following FUNdamentals:
  - Fundamental movement skills
  - Throwing
  - Receiving
  - Hitting
  - Base Running

\*\*\*\* Drills will be suggested and demonstrated at the Pre-Season Coach's Meeting\*\*\*\*