



Baseball Saskatoon Jr. Rally Cap Format 2021

The 2021 season will begin on May 3 & 4, 2021, with each team having two sessions per week on their designated days (ie. Monday & Wednesday or Tuesday & Thursday). The first two weeks in May will be limited to strictly practices as we monitor the Government of Saskatchewan COVID-19 restrictions. Teams will be scheduled for practices where they must follow guidelines and maintain a physical distance of 6 feet between each player. Once the Return-To-Play guidelines for outdoor competition are approved, we will begin game play. The season will end on the last week of June. All teams will be set up with the TeamLinkt team management software, where your schedules will be automatically synced to.

There will be **two evaluation days** worked into the schedule. All teams will be doing evaluations on the same day; one on the first day, and one on the second last day. Report cards will be handed out by the coaches to each player at the last game, when each player will receive a medal. "Rally Participant Report Cards" will be printed off and each zone coordinator will hand them out to the coaches. The report cards give the parents an idea of what skills their players need to work on at home, as well as provide a skill-based outline for the newer coaches to follow throughout the season.

There is a Jr. Rally Cap Jamboree scheduled for June 19th & 20th at Geoff Hughes Park where each team will play 2-3 games, and the players will enjoy some fun and treats with their teams.

Game Structure:

We will be reimplementing 3 teams per diamond for Jr Rally Cap games. Teams will rotate through game play and practicing. Sessions will be approximately 75 minutes long. Upon arrival, all teams will warm up for 15 minutes. Two teams will then play one inning of a game while the third team moves to the outfield to practice drills. After each inning played (both teams have batted), teams will rotate. The rotation will be as follows: Team on 1st base dugout side moved to 3rd base dugout, team on 3rd base dugout moves to the outfield, the outfield team moves to the 1st base dugout.

Field Setup:

- 45' base lines
- 40' pitching machine
- Batting Tee

Team responsibilities:

- Home team as listed on TeamLinkt
 - o Field setup
 - o Field Maintenance – before and after game.
- Each team keeps their own batting line up.

Rules**Offence:**

- Start inning with loaded bases
- Every player bats every inning
- 4 pitches per player from the pitching machine
- If no hit after 4 pitching machine pitches, set up batting tee for player to hit from
- Advancing runner after hit
 - o Infield hit – 1 base
 - o Outfield hit – 2 bases
 - o Last batter runs around the bases, and the team in the field throws ball to home plate.
- No outs
- Batting team supplies home plate coach
- Batting team coach operates pitching machine.

Defence:

- 6 to 7 players on the field
- Catcher and pitcher play full inning
- Infield positions rotate every batter
- Coach on the field with their team

Practice Team:

While in the outfield area, each team will practice different drills with respect to the following FUNdamentals:

- Fundamental movement skills
- Throwing
- Receiving
- Hitting
- Base Running

Drill ideas can be found here:

https://usercontent.one/wp/www.baseballsaskatoon.com/wp-content/uploads/2019/03/jrmosquito_rookie_practicedrills.pdf

No Rain-Out Rule:

- Teams move to the outfield grass to practice or play game if infield is too wet.
- Cancelled only when it is raining at time of game.