



BASEBALL SASKATOON COVID-19 RETURN TO TRAIN

COACH'S CHECKLIST: TRAINING

This checklist has been created to help you, as a coach, stay within the guidelines of Baseball Saskatoon's Return to Train for practices, tryouts, camps, clinics, and training sessions for 2020.

WHAT YOU NEED TO DO:

- Ensure that you are familiar with the guidelines in Baseball Sask's Return to Train & Play document
- Ensure that a team representative will act as the Health and Safety Coordinator for each session and the entire season
- Host a parent meeting prior to the season to educate families of the Return to Train & Play Guidelines
- Keep in mind group limits for participants and spectators and stay within current outdoor guidelines for group maximums (30).
- Design practice plans and dugout usage to include Social Distancing (6 feet), except for brief exchanges.
- Reinforce and assist in developing routines at the ball park that promote good hygiene & distancing
- Remind players each session of the restrictions:
 - o Social Distancing
 - o No sharing of equipment or personal items
 - o No spitting, chewing gum, or eating sunflower seeds
 - o No handshakes or high fives
- Request that players arrive only 15 minutes ahead of practices
- Follow batting cage protocol - 2 people maximum per cage
- Conduct team huddles and meetings using social distancing
- In collaboration with the Health and Safety Coordinator, ensure all baseballs and bases are disinfected after each session

Thank you for your dedication and cooperation. Have a great summer of baseball!