



Bach® Flower Remedies for Animals

<i>Indication</i>	<i>Bach Remedy</i>	<i>Outcome</i>
Vague or unaccountable fears. Appearing agitated for no apparent reason	Aspen	Provides a sense of security and fearlessness so they may face challenges and difficulties more easily.
Intolerance toward animals, people, events and situations;	Beech	More tolerant of other animals and people.
A loss of self-control, violently scratching itself	Cherry Plum	A self-controlled animal
Repeated unsuccessful behavior patterns, doesn't learn from past mistakes	Chestnut Bud	Allows the animal to learn from experience so it can move on in life and not repeat the same mistakes.
Possessive in nature, very territorial. Manipulatively loving to keep control.	Chicory	A more unselfish, self-assured, loving animal.
No apparent interest in the world around them: animals who sleep all the time, have trouble paying attention, or seem to live more in a dream than in the present.	Clematis	Enables the animal to develop a more lively interest in the world around them and enjoy and participate in life.
Obsessive cleanliness, fastidiousness; excessive grooming.	Crab Apple	An animal that is more relaxed, accepting itself and its imperfections.
Overwhelmed by a sense of responsibility from a temporary circumstance: abandoning their litter	Elm	Restores confidence, positive outlook and coping capabilities in the animal.
Despondency due to a setback; eg; not going for a walk as usual creates lethargy and sadness	Gentian	Restores optimism (May also need Honeysuckle)
Overly concerned with companionship. Constant barking	Heather	A pet that does not need to be the center of attention..
Jealousy of other animals or a new baby in the home. Angry growling, hissing, barking, snapping or unprovoked attacks.	Holly	An animal that is more compassionate and willing to share with other animals.
Homesickness or over-attachment to the past	Honeysuckle	Animals become self-assured, adjust to its new home or environment. (May also need Walnut)
Lethargy or lack of enthusiasm to go anywhere, but once engaged in an activity or game is fully involved	Hornbeam	Restores vitality, enthusiasm, and spontaneity. (May also need Wild Rose)
Impatient and seeming to have boundless energy; can't wait to go for walk or rushes ahead	Impatiens	Animals become more patient
Lack of self-confidence or avoiding situations where they have to perform	Larch	Boosts self-esteem, confidence and determination.
For fears ; afraid of lightening, visits to the vet. May shake or shiver when confronted. Shy and timid animals.	Mimulus	Animals become more confident and courageous, can enjoy life without fear.
Exhaustion, fatigue due to over work: for working animals or those involved in racing, competitive events or shows.	Olive	A restoration of strength and vitality. (Always ensure proper nutrition as well)
Terror, panic-stricken: body trembling, cowers or runs away	Rock Rose	Restores courage and calmness.
Animals who can't make up their mind; any swinging behavior pattern (eats/doesn't, sleeps a lot/no sleep)	Scleranthus	Results in a more decisive and balanced animal.
Abused, mistreated in the past. Trauma or shock.	Star of Bethlehem	Neutralizes the effects of shock or trauma.
Enthusiastic, always want to be involved, high strung	Vervain	Assists animals to be more calm and able to relax.
Authoritative, dominant even over their owners	Vine	Allows animal to be determined not domineering
For any period of change	Walnut	Helps the animal ease into its new surroundings or situation.
Unfriendly, stand-offish: do not invite or welcome cuddles, petting or obvious affection.	Water Violet	Produces a companionable and sociable animal.
Loss of sense of direction or purpose; especially good for working or show animals who are being retired.	Wild Oat	Restores ambition and sense of purpose for the animal. (May also need Walnut)
Lack of energy, enthusiasm: submissive and disinterested	Wild Rose	Creates a lively interest in life.
Stressful situations: visits to the vet, being left alone, adapting to new surroundings. Fear of loud noises. Excessive barking or hissing.	Rescue Remedy	Immediate calming effect.

**The Bach Flower Essences will not change the inherent temperament of a particular breed or animal, but will help to bring them into balance. We also recommend consulting a Bach Foundation Registered Practitioner or animal behaviorist.*

www.DirectlyFromNature.com

Dosage Information: The simplest method of use is to *add 2 drops* of each *Bach Flower Essence* to your pet's drinking water or food. You can also apply directly into the animal's mouth, nose, ears, lips, or pads of the paw. Since many animal behaviors are long-standing, you may also mix a treatment bottle. Fill a 30 ml bottle with spring water and add 2 drops of each remedy (4 drops if Rescue Remedy). You can combine up to 7 remedies. Give 4 times a day, 4 drops each time.

Aggressive Behaviors

- Mimulus aggression due to fear (Note: often animal aggression is caused by fear,; see also Aspen, Cherry Plum)
- Holly mean, jealous
- Vine bossy, dominant
- Star of Bethlehem aggressive due to abuse in the past

(Note: for severe aggression issues, consult an animal behaviorist)

Abused Animals

- Star of Bethlehem suffered abuse in the past
- Honeysuckle to recover from memories of the past

Barking

- Heather for attention due to loneliness
- Chicory to become center of attention
- Holly aggressive, mean
- Vine to protect territory
- Vervain yappy, hi-strung, enthusiastic dogs
- Aspen barking for no apparent reason or at no one

Grooming excessively

- Crab Apple overriding desire for cleanliness and the obsessive behavior
- Cherry Plum excessive grooming to the point of self-injury (loss of control)
- Agrimony suffering under a calm and content exterior

Separation

- Walnut to adjust to new environment
- Rescue Remedy stress and anxiety when left alone
- Mimulus fear of being deserted
- Larch - lacks confidence

Training

- Rescue Remedy to defuse stressful situations
- Vervain over enthusiastic
- Clematis to help increase attention
- Larch lacks confidence
- Mimulus if shy, fearful

Urination/spraying

- Mimulus fear of unfamiliar scents or territory
- Chicory territorial
- Larch lacks confidence
- Walnut when it occurs during a period of transition
- Rescue Remedy anxiety and stress

Learn more about the Bach Flower Essences at BachFlower.com