

# MOON PHASES 2024



## JANUARY



## FEBRUARY



## MARS



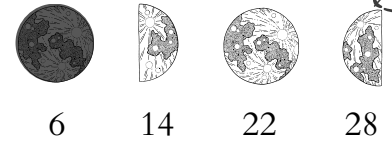
## APRIL



## MAY



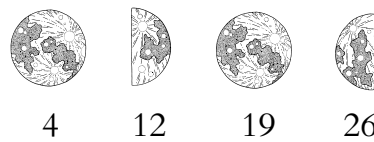
## JUNE



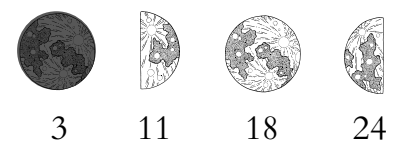
## JULY



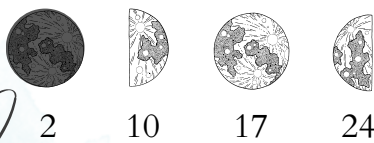
## AUGUST



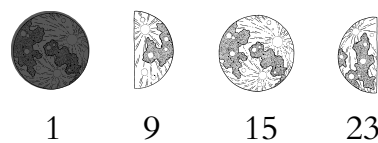
## SEPTEMBER



## OCTOBER



## NOVEMBER



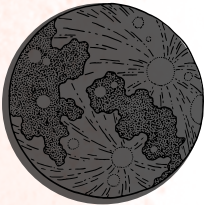
## DECEMBER



# THE PHASES OF THE MOON

## Dark moon

THIS IS WHEN YOU CAN NOT SEE THE MOON AT ALL. IT IS A TIME FOR REST AND RECOVERY AS WELL AS A TIME TO LET GO OF WHAT NO LONGER SERVES YOU. IT IS A TIME TO GO WITHIN AND PREPARE FOR THE NEW MOON CYCLE.



## Waxing crescent moon

THIS IS WHEN THE FIRST SILVER SLIVER OF THE MOON APPEARS IN THE SKY. IT IS A TIME TO SET NEW INTENTIONS. TO SEE THE FIRST SPARK. THE NEW SEED. WHAT DO YOU WANT TO BRING INTO YOUR LIFE?



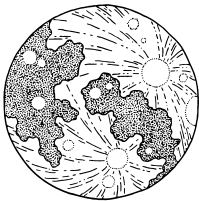
## First quarter moon

THIS THE TIME TO ACT AND TAKE ANOTHER STEP TOWARDS THE GOAL OR INTENTION YOU SET. ALLOW YOURSELF TO DARE TO DREAM. USE THE ENERGY OF THE MOON TO CHALLENGE YOURSELF.



## Full moon

CELEBRATE THE WAYS IN WHICH YOU HAVE GROWN . AND WHAT YOU HAVE ACHIEVED SINCE THE DARK MOON. SET YOUR INTENTION FREE AND LET IT BE. CHARGE CRYSTALS STONES OR WATER IN THE FULL MOON LIGHT.



## Last quarter

THIS IS A TIME TO REFLECT ON WHAT IS GOING ON WITHIN YOU. SLOW DOWN AND LISTEN TO WHAT YOU NEED.



## Waning crescent

KEEP SLOWING DOWN. KEEP RELEASING FORTSÄTT ATT SLÄPPA TAGET OCH SAKTA NER. VILA. RENSA. GÖR DIG REDO FÖR EN NYSTART.

