

∞ LITTERATUR & RESSURSER ∞

Denne listen inneholder mine anbefalte ressurser om autisme, nevrodiversitet, inkludering og/eller med nevrodivergent representasjon. Tilfeldig rekkefølge i alle tabeller!
Listen utvides stadig. Send gjerne tips/anbefalinger! Noen av bøkene/filmene kan lånes på biblioteket: <https://bibsok.no/> eller kjøpes brukt på <https://bookis.com/no>.

BILLEDBØKER OG BØKER FOR BARN

TITTEL	FORFATTER(E)	SPRÅK/ALDER	TEMA	UTGIVLSESÅR + ISBN	LINK
★ Square Me, Round World	Chelsea Sarah Luker (A) (Au) Eliza Fricker (Ill.)	Engelsk Ca. 6 - 18 år foreldre, lærere	Autisme sensorikk tilrettelegging burnout	2024 ISBN-10: 0648605515 ISBN-13: 978-0648605515	<ul style="list-style-type: none"> https://www.adlibris.com/square-me-round-world Amazon: https://amzn.eu/d/0eURLGGe Utdrag: Square Me, Round World (clip)
Being Autistic (And What That Actually Means)	Niamh Garvey (A) (Au)	Engelsk 8-12 år	Autisme guide	2024 ISBN-10: 1805011715 ISBN-13: 978-1805011712	<ul style="list-style-type: none"> Amazon: https://a.co/d/0eSk88c
Too Sticky!	Jen Malia (A) (Au) Joanne Lew-Vriethoff (Ill.)	Engelsk Barnehage Preschool - 3	Autisme Sensorikk	2020 ISBN: 978-0807580264 e-book: 978-0807580288	<ul style="list-style-type: none"> Amazon: https://a.co/d/0fNMVed7 https://jenmalia.com/books/too-sticky/
All My Stripes	Shaina Rudolph (A) Danielle Royer (A) Jennifer Zivoian (Ill.)	Engelsk Bhg (4-7 år) Preschool - 3	Autisme	2015 ISBN-10: 1433819163 ISBN-13: 978-1433819162	<ul style="list-style-type: none"> https://www.adlibris.com/no/bok/all-my-stripes-9781433819162 Amazon: https://a.co/d/0go74bH2
Alle mine striber	Charlotte Pietsch (T)	Dansk Ca. 3-6 År	Autisme	ISBN: 978-8771585230	<ul style="list-style-type: none"> https://www.adlibris.com/no/bok/alle-mine-striber-9788771585230
Wonderfully Wired Brains	Louise Gooding (A) (ND) Ruth Burrows (Ill.)	Engelsk Ca. 7-10 år	Autisme ND	2023 ISBN-10: 0241568161 ISBN-13: 978-0241568163	<ul style="list-style-type: none"> Amazon: https://amzn.eu/d/hgZiEld https://www.ark.no/produkt/boker/barneboker/wonderfully-wired-brains-9780241568163
My Brother Otto	Meg Raby (A) Elisa Pallmer (Ill.),	Engelsk Ca 3-5 år	Autisme søsken non-speaking stimming	2019 ISBN-10: 1423651545 ISBN-13: 978-1423651543	<ul style="list-style-type: none"> Amazon: https://amzn.eu/d/00pkw1c4 Utdrag: https://neuroclastic.com/wp-content/uploads/2021/04/Stimming-Is-Fun-A-NeuroInclusive-Story.pdf

Lulu is a Rhinoceros	Jason Flom (A) Allison Flom (A) Sophie Corrigan (Ill.)	Engelsk	Autisme annerledeshet	2018 ISBN-10: 0692070982 ISBN-13: 978-0692070987	<ul style="list-style-type: none"> Amazon: https://a.co/d/gZOAIE https://www.adlibris.com/no/bok/lulu-is-a-rhinoceros-9780692070987
All cats are on the autism spectrum	Kathy Hoopmann (A)	Engelsk 3+	Autisme	2020 ISBN-10:1787754715 ISBN-13: 978-1787754713	<ul style="list-style-type: none"> Amazon: https://a.co/d/0dsK57zY https://www.ark.no/produkt/boker/fagboker/all-cats-are-on-the-autism-spectrum-9781787754713
Alle katte er på autismspektret	Anne Skov Jensen (T)	Dansk	Autisme	2021 ISBN: 978-8772164496	<ul style="list-style-type: none"> https://www.frydenlund.dk/saerlige-behov/born-med-saerlige-behov/alle-katte-er-pa-autismespektret-6162
Some brains	Nelly Thomas (A) Stephen Biesty (Ill.)	Engelsk Australia 0-7 år	ND	2019 ISBN-10: 1760641952 ISBN-13: 978-1760641955	<ul style="list-style-type: none"> https://www.amazon.com/Some-Brains-book-celebrating-neurodiversity/dp/1760641952
★ The Awesome Autistic Go-To Guide*	Yenn Purkis (A, Au) Tanya Masterman (A, Au)	Engelsk Teens/Tweens ca 10-14	Autisme Identitet Selv-hjelp/guide	2020 ISBN-10: 1787753166 ISBN-13: 978-1787753167	<ul style="list-style-type: none"> https://www.ark.no/produkt/boker/barneboker/the-awesome-autistic-go-to-guide-9781787753167 Amazon: https://amzn.eu/d/0hsjpvQG
	The Awesome Autistic Guide to Being Proud*	*Del av bok-serien: <i>Awesome Guides for Amazing Autistic Kids</i>	Engelsk Ca 8-12	Autisme Identitet AutisticPride	2024 ISBN-10: 1839977361 ISBN-13: 978-1839977367
The Spectrum Girl's Survival Guide	Siena Castellon (A) (Au)	Engelsk Ca 12 - 18 år	Autisme Identitet Selv-hjelp	2020 ISBN-13: 9781787751835 ISBN-10: 178775183X	<ul style="list-style-type: none"> https://www.ark.no/produkt/boker/fagboker/the-spectrum-girls-survival-guide-9781787751835 Amazon: https://amzn.eu/d/haE8h7j
The #ActuallyAutistic guide to building Independence	Jennifer Brunton (ND) Jenna Gensic	2024 Engelsk	<i>A handbook for teens, young adults - and those who care about them</i>	ISBN-10: 180501000X ISBN-13: 978-1805010005	<ul style="list-style-type: none"> Amazon: https://a.co/d/hORtU9b https://www.ark.no/produkt/boker/fagboker/the-actuallyautistic-guide-to-building-independence-9781805010005
Leo and the Octopus	Isabelle Marinov (A) Chris Nixon (Ill.)	Engelsk 7+	Autisme sensorikk annerledeshet	2021 ISBN-10: 1787416550 ISBN-13: 978-1787416550	<ul style="list-style-type: none"> Amazon: https://amzn.eu/d/0hMzLRpu https://www.norli.no/boker/fagboker/medisin-og-sykepleie/medisin/leo-and-the-octopus Utdrag: https://shorturl.at/0MT1Q
Peggy the square peg	Toren Wolf (Au/ADHD teen) Serenity Wolf (Au)	Engelsk ca 6-18	Autisme annerledeshet	2024 ASIN : B0CXWYBTRT	<ul style="list-style-type: none"> Amazon: https://a.co/d/inNr7hj https://www.facebook.com/profile.php?id=6155543290422

Just like me	Louise Gooding (A) (ND) m.fl.	Engelsk Ca 7-16 år	Autisme Diversity Role-models	2021 ISBN: 9781787418486	<ul style="list-style-type: none"> • https://www.ark.no/produkt/boker/barneboker/just-like-me-9781787418486 • Amazon: https://amzn.eu/d/7d9eECe
Uniquely Wired	Julia Cook (A) Anita DuFalla (Ill.)	Engelsk ca 6-9 år Lærere etc.	Autisme ND	2018 ISBN-10: 1944882197 ISBN-13: 978-1944882198	<ul style="list-style-type: none"> • Amazon: https://a.co/d/08AZD1va • https://www.norli.no/boker/barneboker/fakta/uniquely-wired
Den største gaven: Min historie om autisme	Mia Tuft (A)	Norsk Ca. 10-18 år Fagpersoner	Autisme Personlig	2018 ISBN: 978-8269116809	<ul style="list-style-type: none"> • https://www.norli.no/boker/barneboker/fra-10-ar/den-storste-gaven-1
Neurodiversity! What's That?	Nadine Ramina Arthur (A) (Au)	Engelsk Alder: 8-12 år	ND	2022 ISBN-10: 1399918230 ISBN-13: 978-1399918237	<ul style="list-style-type: none"> • Amazon: https://amzn.eu/d/5aZIOzZ
The Autism Handbook for Kids	Andi Putt/Mrs. Speechie P (A) (Au)	Engelsk Fra 7 år	Autisme selv-hjelp/guide psykoedukasjon		<ul style="list-style-type: none"> • https://www.mrsspeechiep.com/product-page/the-autism-handbook-for-kids
The Infinity Rainbow Club Book 1-4 (serie)	Jen Malia (A) (Au) Peter Francis (Ill.)	Engelsk ca 7-10 år	Autisme, ND ADHD, OCD Skjønnlitt.	2023 ISBN: 978-1506485959	<ul style="list-style-type: none"> • Amazon: https://a.co/d/05R9YjEG • https://www.norli.no/boker/barneboker/nick-and-the-brick-builder-challenge



A = Author/forfatter Ill. = Illustratør/illustratør T = Translator/oversetter Au = Autistic ND = Neurodivergent Bhg = Barnehage-alder YT=YouTube

BØKER FOR VOKSNE (fag- og skjønnlitteratur)

TITTEL	FORFATTER(E)	ÅR/SPRÅK	TEMA	ISBN	LINK
★ Different, Not Less	Chloe Hayden (A) (Au)	2024 Engelsk	Autisme Empoverment	ISBN-10: 1761500163 ISBN-13: 978-1761500169	<ul style="list-style-type: none"> Amazon: https://amzn.eu/d/iduNMPB https://www.norli.no/boker/fagboker/medisin-og-sykepleie/medisin/different-not-less-2
★ What I Mean When I Say I'm Autistic	Annie Kotowicz (A) (Au) (AKA "Neurobeautiful")	2022 Engelsk	Autisme guide selv-hjelp memoar personlig	ISBN-13: 979-8986482729	<ul style="list-style-type: none"> Amazon: https://a.co/d/gP0XeN3 https://www.instagram.com/neurobeautiful/ Utdrag: https://shorturl.at/7egHu https://neurobeautiful.com/resources/Glossary.pdf
We're Not Broken	Eric Garcia (A), (Au)	2021 Engelsk	Autisme Personlig	ISBN-10: 1328587843 ISBN-13: 978-1328587848	<ul style="list-style-type: none"> Amazon: https://a.co/d/8fuxbda https://www.norli.no/boker/fagboker/pedagogikk-og-psykologi/psykologi/we-re-not-broken
Unmasking Autism	Devon Price (A) (Au)	2022 Engelsk	Autisme, ND Maskering Personlig	ISBN-10: 0593235231 ISBN-13: 978-593235232	<ul style="list-style-type: none"> Amazon: https://a.co/d/2AyYzsn https://www.norli.no/boker/fagboker/pedagogikk-og-psykologi/psykologi/unmasking-autism-1
Divergent Mind: Thriving in a world that wasn't designed for you	Jenara Nerenberg (A) (Au)	2021 Engelsk	Autisme, ND Maskering Personlig Sen diagnose	ISBN-10: 0062876805 ISBN-13: 978-0062876805	<ul style="list-style-type: none"> Amazon: https://a.co/d/5dppzVQ https://www.norli.no/boker/fagboker/samfunnsvitenskap/sosialantropologi/divergent-mind
★ Neurotribes: The Legacy of Autism and the future of Neurodiversity	Steve Silberman (A) Oliver Sacks (Foreword)	2016 Engelsk	Autisme Neurodiversitet Historie Psykologi Faglitteratur	ISBN-10: 0399185615 ISBN-13: 978-0399185618	<ul style="list-style-type: none"> Amazon: https://a.co/d/fj5akVD https://www.norli.no/boker/fagboker/medisin-og-sykepleie/medisin/neurotribes
★ But you don't look autistic at all	Bianca Toeps (A) (Au) Fay MacCorquodale-Smith (T)	2020 Engelsk	Autisme Personlig Skjønnlitteratur	ISBN-10: 9090334173 ISBN-13: 978-9090334172	<ul style="list-style-type: none"> Amazon: https://a.co/d/iLpMo2C Utdrag: https://shorturl.at/N3jVx https://www.ark.no/produkt/boker/fagboker/but-you-dont-look-autistic-at-all-9789090334172
This autistic girl went to Japan: and you won't believe what happened next	Bianca Toeps (A) (Au) Megan Hershey (T)	2024 Engelsk	Autisme Personlig Skjønnlitteratur	ISBN-10: 9083229858 ISBN-13: 978-9083229850	<ul style="list-style-type: none"> Amazon: https://a.co/d/25ytKsX https://www.toeps.nl/product/this-autistic-girl-went-to-japan

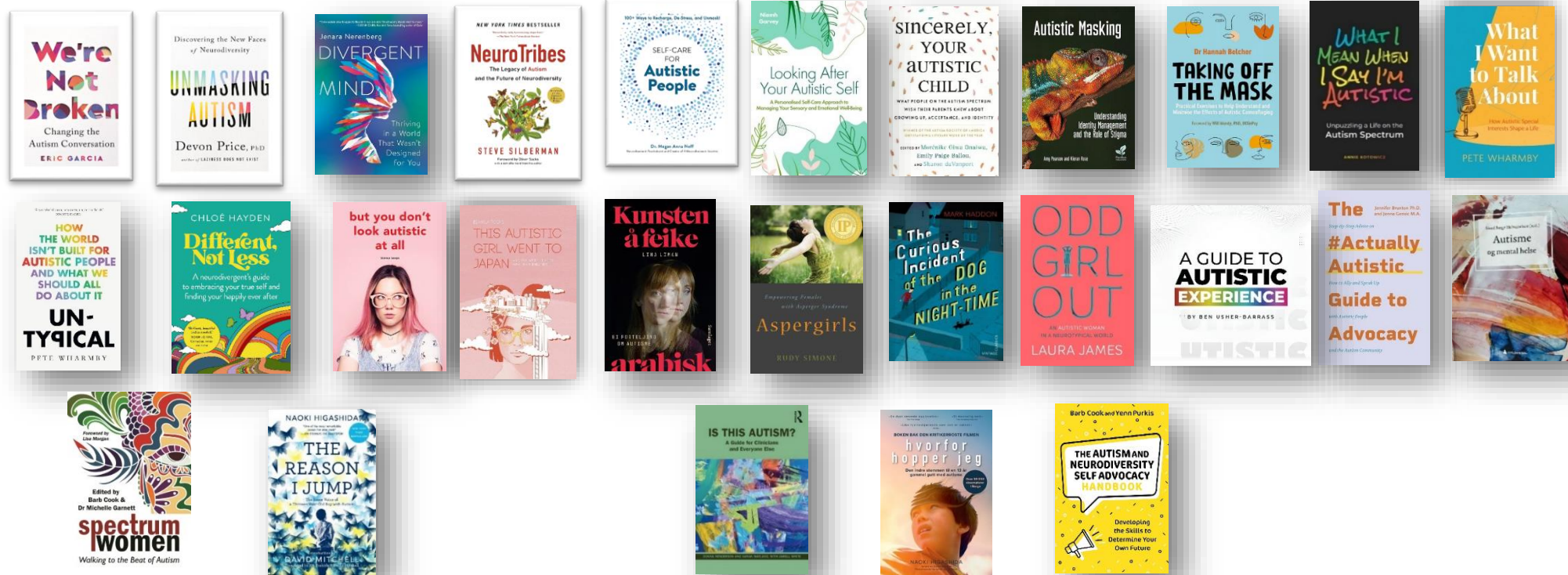


Self-Care for Autistic People	Megan Anna Neff (A) (Au)	2024 Engelsk	Autisme Psykologi Selvhjelp	ISBN-10: 1507221932 ISBN-13: 978-1507221938	<ul style="list-style-type: none"> Amazon: https://a.co/d/hXZHIDI https://www.adlibris.com/no/bok/self-care-for-autistic-people-9781507221938?
I overcame my autism and all I got was this lousy anxiety disorder - A memoir	Sarah Kurchak (A) (Au)	2020 Engelsk	Autisme maskering memoar personlig	ISBN: 9781771622462	<ul style="list-style-type: none"> https://www.norli.no/boker/fagboker/medisin-og-sykepleie/medisin/i-overcame-my-autism-and-all-i-got-was-this-lousy-anxiety-disorder
Looking After Your Autistic Self - A Personalised Self-Care Approach to Managing Your Sensory and Emotional Well-Being	Niamh Garvey (A) (Au) (Niamh Garvey-Sherrard)	2023 Engelsk (Irland)	Autisme unmasking selvhjelp strategier, tips sensorikk overload	ISBN-10: 1839975601 ISBN-13: 978-1839975608	<ul style="list-style-type: none"> https://www.norli.no/boker/fagboker/medisin-og-sykepleie/medisin/looking-after-your-autistic-self Amazon: https://a.co/d/4h4Z51o
Is This Autism?: A Guide for Clinicians and Everyone Else	Donna Henderson (A) Sarah Wayland (A) Jamell White (A)	2023 Engelsk	Autisme, ND psykologi, fag ND-affirmative fagfolk, foreldre	ISBN-10: 1032150238 ISBN-13: 978-1032150239	<ul style="list-style-type: none"> Amazon: https://a.co/d/0UVyDaO https://www.norli.no/boker/fagboker/pedagogikk-og-psykologi/psykologi/is-this-autism
Aspergirls: Empowering Females	Rudy Simone (A) (Au)	2010 Engelsk	Autisme Biografi Personlig Kvinner	ISBN: 978-1849058261	<ul style="list-style-type: none"> Amazon: https://a.co/d/071bJw7h https://www.norli.no/boker/fagboker/medisin-og-sykepleie/medisin/aspergirls
Aspergirls	Feline Busborg (T) Anne Skov Jensen (T)	2018 Dansk (T)		ISBN: 978-8771187922	<ul style="list-style-type: none"> https://www.frydenlund.dk/saerlige-behov/born-med-saerlige-behov/aspergirls-6305
Autistic Masking	Amy Pearson Kieran Rose	2023 Engelsk	Maskering Autisme	ISBN: 9781803882116	<ul style="list-style-type: none"> Amazon: https://amzn.eu/d/bbtm19e https://www.adlibris.com/no/bok/autistic-masking-9781803882116?
The Reason I Jump	Naoki Higashida (A)	2016 Engelsk	Autisme Skjønnlitteratur	ISBN-10: 081298515X ISBN-13: 978-0812985153	<ul style="list-style-type: none"> Amazon: https://a.co/d/aNKVzfw
Hvorfor hopper jeg	Marius Middelthon (T)	2014 Norsk (T)		ISBN: 978-8279006633	<ul style="list-style-type: none"> https://www.norli.no/boker/dokumentar-og-fakta/familie-og-helse/hvorfor-hopper-jeg-1
The curious incident of the dog in the night-time	Mark Haddon (A)	2004 Engelsk	Autisme Skjønnlitteratur	ISBN-10: 9781400032716 ISBN-13: 978-1400032716	<ul style="list-style-type: none"> Amazon: https://a.co/d/iujHYFB

	Ove Steen (T)				<ul style="list-style-type: none"> • https://www.norli.no/boker/skjønnlitteratur/romaner/engelske-romaner/the-curious-incident-of-the-dog-in-the-night-time
Den merkelige hendelsen med hunden den natten		2012 Norsk (T)		ISBN/EAN: 9788205423879	<ul style="list-style-type: none"> • https://www.gyldendal.no/skjoenlitteratur/pocket/romaner/den-merkelige-hendelsen-med-hunden-den-natten/p-10011417-no/
Taking off the mask	Hannah Louise Belcher (A) (Au)	2022 Engelsk	Autisme Maskering	ISBN-10: 1787755894 ISBN-13: 978-1787755895	<ul style="list-style-type: none"> • https://www.ark.no/produkt/boker/fagboker/taking-off-the-mask-9781787755895 • Amazon: https://amzn.eu/d/0j6eciQT
A Guide To Autistic Experience	Ben Usher Barrass (A) (Au, ND)	2024 Engelsk	Autisme	ISBN-10: 1399978926 ISBN-13: 978-1399978927	<ul style="list-style-type: none"> • https://www.amazon.com/Guide-Autistic-Experience-Ben-Usher-Barrass/dp/1399978926 •
Konsten att fejka arabiska : en berättelse om autism	Lina Liman (A) (Au)	2017 Svensk	Autisme Maskering Sen diagnose Skjønnlitteratur Personlig		<ul style="list-style-type: none"> • https://www.adlibris.com/no/bok/konsten-att-fejka-arabiska-en-berattelse-om-autism-9789100161231 • https://online.flippingbook.com/view/782232654/32/
Kunsten å feike arabisk - ei forteljing om autisme	Olaug Nilssen (T)	2021 Nynorsk (T)			<ul style="list-style-type: none"> • https://www.adlibris.com/no/bok/kunsten-a-feike-arabisk-9788234001536 • https://online.flippingbook.com/view/782232654/22/
Untypical: How the world isn't built for autistic people and what we should all do about it	Pete Wharmby (A) (Au)	2023 Engelsk	Autisme, ND håndbok maskering inkludering	ISBN-10: 0008529272 ISBN-13: 978-0008529277	<ul style="list-style-type: none"> • Amazon: https://a.co/d/i0D7g1z • https://www.norli.no/boker/fagboker/samfunnsvitenskap/sosialantropologi/untypical-1
What I Want to Talk About - How Autistic Special Interests Shape a Life	Pete Wharmby (A) (Au)	2022 Engelsk	Autisme Spesial-interesse fiksering hyperfokus	ISBN-10: 1787758273 ISBN-13: 978-1787758278	<ul style="list-style-type: none"> • Amazon: https://a.co/d/5vDljl • https://www.norli.no/boker/fagboker/medisin-og-sykepleie/medisin/what-i-want-to-talk-about
Odd girl out: An Autistic Woman in a Neurotypical World	Laura James (A) (Au)	2018 Engelsk	Autisme Memoar Personlig	ISBN: 978-1509843824	<ul style="list-style-type: none"> • Amazon: https://a.co/d/8DLQA59 • Audiobook: https://a.co/d/8Sks6uM • https://www.norli.no/boker/dokumentar-og-fakta/historie-og-dokumentar/biografier-og-memoarer/odd-girl-out



Spectrum Women - walking to the beat of Autism	Female autistic advocates	2018 Engelsk	Autisme Kvinner	ISBN: 9781785924347	<ul style="list-style-type: none"> • https://www.norli.no/boker/fagboker/medisin-og-sykepleie/medisin/spectrum-women •
The #ActuallyAutistic Guide to Advocacy	Jenna Gensic Jennifer Brunton (ND)	2022 Engelsk	Autisme Identitet Self-advocacy	ISBN-10: 1787759733 ISBN-13: 978-1787759732	<ul style="list-style-type: none"> • https://www.norli.no/boker/fagboker/medisin-og-sykepleie/medisin/the-actuallyautistic-guide-to-advocacy • Amazon: https://a.co/d/3thhgAe • Utdrag: https://shorturl.at/YaDZS
The Autism and Neurodiversity Self Advocacy Handbook	Barb Cook (A) (Au) Yenn Purkis (A) (Au)	2022 Engelsk	Autisme Identitet Self-advocacy	ISBN-10: 1787755754 ISBN-13: 978-1787755758	<ul style="list-style-type: none"> • https://www.ark.no/produkt/boker/fagboker/the-autism-and-neurodiversity-self-advocacy-handbook-9781787755758 • Amazon: https://amzn.eu/d/iSdmzmH



DOKUMENTARER (TV, YOUTUBE OSV)

TITTEL	LAGET AV	SPRÅK/ALDER	TEMA	PROD.ÅR + VARIGHET	LINK
★ Autisme innenfra/ Inside Our Autistic Minds	Chris Packham (Au) BBC	Engelsk Norsk tekst ungdom/voksne	Autisme Maskering Sensorikk	2023 2 episoder på ca 1t 6 klipp på 2-5 min	NRK: https://tv.nrk.no/serie/autisme-fra-innsida BBC: https://www.bbc.co.uk/programmes/p0bbnh47 IMBD: https://www.imdb.com/title/tt26749711/
★ Seeing the Unseen	Bjarney Luðviksdóttir & Kristjan Kristjánsson	Islandsk Engelsk tekst ungdom/voksne	Autisme Kvinner Maskering	2019 1t + 22 min	Vimeo: https://vimeo.com/ondemand/seeingtheunseen YT: https://www.youtube.com/@seeingtheunseen1102? IMBD: https://www.imdb.com/title/tt10325030/
★ The Chameleons	SBS The Feed	Engelsk Australia	Autisme Kvinner Maskering	Ca 9 min	YT: https://www.youtube.com/watch?v=VJHa9xk16Hw https://barbcook.com.au/2018/12/16/the-chameleons-women-with-autism/
★ Why everything you know about autism is wrong	Jac den Houting (Au) TED-talk MacquarieUniversity	Engelsk Engelsk tekst Voksne	Autisme Neurodiversitet	2019 Ca 14 min	YT: https://www.youtube.com/watch?v=A1AUdaH-EPM Why everything you know about autism is wrong Jac den Houting TEDxMacquarieUniversity TED Talk
★ Fast Facts About Autism	Paul Micallef (Au) Autism From The Inside	Engelsk Engelsk tekst ungdom/voksne	Autisme	2019 4-5 min	YT: https://www.youtube.com/watch?v=CaRdPYvWt48 https://www.autismexplained.com.au/fast-facts
★ Fast Facts About Autism - For Kids	Paul Micallef (Au) Autism From The Inside	Engelsk Engelsk tekst barn	Autisme	2020 10 min	YT: https://www.youtube.com/watch?v=dUbsyd8Fnyw https://www.autismexplained.com.au/fast-facts
★ Why Autism is a Difference, not a Deficit	Amazing Things Project	Engelsk barn	Autisme	2023 3-4 min	YT: https://www.youtube.com/watch?v=We2fjz866NU
Chloe Hayden and the Happily Ever After	ABC Australia	Engelsk ungdom/voksne	Autisme Self-Identity Burnout	2023 30 min	https://youtu.be/kMk2BQ6ncUU?si=cBEGK0cl393-iq8P
Our Family and Autism	BBC Christine McGuinness (Au)	Engelsk voksne	Autisme Maskering	1t (3 min)	https://www.youtube.com/watch?v=lUrqzhNu6h0 klipp: https://www.youtube.com/watch?v=8eoITdXHPDY

Three ideas. three contradictions. or not.	Hannah Gadsby (Au) TED-talk	Engelsk voksne	Autisme Self-Identity	2019 19 min	https://www.youtube.com/watch?v=87qLWFZManA
Hannah Gadsby: Douglas	Hannah Gadsby (Au) Netflix	Engelsk Norsk tekst Alder:13+	Autism Sen diagnose Stand-up	2020 1 t 12 min (7 min)	https://www.netflix.com/no/title/81054700 klipp: https://youtu.be/5lXbpgU9OWk?si=QINECJ-7gXhSBHa1 https://online.flippingbook.com/view/864964087/6/
Things not to say to an autistic person	BBC	Engelsk Voksne	Autisme	2016 5 min	https://www.youtube.com/watch?v=d69tTXOvRq4
De skjulte talentene	DR1	Dansk Voksne	Autisme fakta, personlig	2017	https://www.strim.no/serie/1017033:vod/De-skjulte-talenter

RESSURSER OM ARBEIDSLIV:

TITTEL	FORFATTER(E)	ÅR/SPRÅK	TEMA	ISBN	LINK
Arbeidssøkere med Asperger syndrom	NAV, NevSom etc	Norsk	Arbeidsliv, NAV		<ul style="list-style-type: none"> https://www.kunnskapsbanken.net/wp-content/uploads/2020/06/Arbeidss%C3%B8kere-med-Asperger-syndrom-veiledningshefte-A5-per-200616.pdf
Autism Working – A seven step programme to thriving at work	Tony Attwood (A) Michelle Garnett (A)	2021 Engelsk (GB)	Autisme Arbeidsliv Sosialt Arbeidsbok Selv-hjelp/guide	ISBN-10: 1787759830 ISBN-13: 978-1787759831	<ul style="list-style-type: none"> https://www.norli.no/boker/fagboker/okonomi-og-ledelse/organisasjon-ledelse-og-administrasjon/autism-working Amazon: https://a.co/d/3ilkmeW
Autisme på arbejde - 7 trin til god trivsel i arbeidslivet	Jacob Giese (T)	2024 Dansk		ISBN: 9788771856217	<ul style="list-style-type: none"> https://www.norli.no/boker/fagboker/pedagogikk-og-psykologi/psykologi/autisme-pa-arbejde https://dpf.dk/produkt/autisme-paa-arbejde/ Utdrag/inholdsfortegnelse: https://ipaper.ipapercms.dk/DanskPsykologiskForlag/Psykologi/Autisme_paa_arbejde_Uddrag/?page=1
Autism Equality in the Workplace	Janine Booth (A)	2016 Engelsk		ISBN: 9781849056786	<ul style="list-style-type: none"> https://www.norli.no/boker/fagboker/samfunnsvitenskap/sosialantropologi/autism-equality-in-the-workplace

RESSURSER TIL BARN:

TITTEL	FORFATTER(E)/ LAGET AV	SPRÅK/ ALDER	TYPE/TEMA	LINK
Autismeinfo	Kristine Victoria Magnus (Au)	Norske oversettelser	Oversatt materiale Veiledning	https://www.autismeinfo.no/oversettelser/ https://www.facebook.com/autismeinfo https://www.instagram.com/autismeinfo.no/
«Til børn: Hvad er det bedste ved at være dig?»	Pernille Hebsgaard (Au)	Dansk	Hefte Materiale	https://tr.ee/Vrno_k3nP4 https://www.instagram.com/pernillehebsgaard/
«Autisme i børnehøjde»		Dansk	Folder/råd	https://www.instagram.com/p/CwNLeXVszal/?img_index=1
«A Neurodiversity and gentle parenting journey»	awnnetwork.org (AWN) (Au)	Engelsk & Spansk	E-bok (gratis)	https://awnnetwork.org/ebook-bipoc-parenting/
inTune Craftways	Kristy Forbes	Engelsk	Minecraft-server	https://www.kristyforbes.com.au/minecraft-membership-intune-craftways
«Embracing my neurodivergence»	AUsome Training (Au)	Engelsk	Digital/printet bok, workbook	https://ausometraining.com/product/embracing-my-neurodivergence-pdf/
AUsome-Kids-Resources	AUsome Training (Au)	Engelsk	Ressurser, kort	Gratis ressurser: https://ausometraining.com/wp-content/uploads/2023/09/AUsome-Kids-Passport.pdf
The Autism-Friendly Guide to Periods	Robyn Steward (A) (Au)	2019 Engelsk	Bok	https://www.norli.no/boker/fagboker/medisin-og-sykepleie/medisin/the-autism-friendly-guide-to-periods
A graphic explaining autism to children	Louise (Au)/ neurodivergent_lou	Engelsk	infographic	https://www.instagram.com/neurodivergent_lou/CwLlyihs4-5/
@torenwolf «Peggy the Square Peg: A Story About Being Different»	Toren Wolf (Au/ADHD teen) Serenity Wolf (Au)	Engelsk	Blogg Vlogg Personlig musikk Bok	https://www.facebook.com/reel/1132790564671666 Bok (Amazon): https://a.co/d/inNr7hj https://www.facebook.com/profile.php?id=61555543290422 https://www.instagram.com/toren.wolf/ https://www.tiktok.com/@toren_wolf https://www.youtube.com/channel/UCgWMBvGnkAPOqLa1gkBjQg
Lilpenguinstudios			Autisme Ressurser	https://www.lilpenguinstudios.com/

A = Author/forfatter **Ill.** = Illustrator/illustratør **T** = Translator/oversetter **Au** = Autistic **ND** = Neurodivergent **Bhg** = Barnehage-alder **YT**=YouTube

NETTSIDER/Sosiale medier

TITTEL	LAGET AV	SPRÅK/LAND	TEMA	LINK
Autismeinfo	Kristine Victoria Magnus (Au)	Norsk Norge	Autisme Foredrag Kurs	https://www.autismeinfo.no/ https://www.facebook.com/autismeinfo https://www.instagram.com/autismeinfo.no/
★ Reframing Autism	Autistic-led	Engelsk Australia	Autisme Podcast, ressurser	https://reframingautism.org.au/ https://reframingautism.org.au/service/autistic-podcasts/
★ NeuroClastic	Autistic-led	Engelsk/ Spansk USA/Virginia	Ressurser infographics	https://neuroclastic.com/infographics/ https://neuroclastic.com/wp-content/uploads/2020/04/accessible-guide.pdf https://www.facebook.com/NeuroClastic/ https://www.instagram.com/neuroclastic/
★ Neurodivergent Insights	Dr. Megan Ann Neff	Engelsk & Spansk	Blogg, kurs ressurser masking burnout	https://neurodivergentinsights.com/ https://neurodivergentinsights.com/neurodivergentstore https://neurodivergentinsights.com/autism-infographics/autism-and-burnout
★ Forum for nevromangfold (facebook)	Nevrodivergente bl.a. autister	Norsk Norge	Ressurser Forum	https://www.facebook.com/groups/Forum-for-nevromangfold https://www.facebook.com/groups/Forum-for-nevromangfold/guider
★ Spør en autist (facebook-gruppe)	Autister	Norsk Norge	Informasjon Veiledning	https://www.facebook.com/groups/spoerenautist
Diversity Doodles			infographics	
★ NeuroWild	Em Mainey (Au)	Engelsk	Autisme infographics	https://www.facebook.com/people/NeuroWild/100087870753308/ https://www.instagram.com/p/CizhzPjvhhT/ Shop: https://www.teacherspayteachers.com/store/neurowild
★ Pernille Hebsgaards autistiske verden	Pernille Hebsgaard (Au)	Dansk Danmark	Autisme Ressurser	https://www.pernillehebsgaard.dk/ https://linktr.ee/pernillehj1987 https://www.instagram.com/pernillehebsgaard/
Molis.dk	Molis Pernille Hebsgaard	Dansk Danmark	Blogg, podcast Online-kurs	https://www.molis.dk/online

★	Autisticity	Ben Usher-Barrass (Au)	Engelsk UK	Autisme	https://www.autisticity.co.uk/autisticity-content https://www.facebook.com/Autisticity https://www.instagram.com/autisticityau/
					https://embrace-autism.com/
★	TorenWolf & MamaWolf	Toren Wolf (Au/ADHD teen) Serenity (Au)	Engelsk	Blogg, Vlogg Personlig Lærerik musikk ungdom voksne	https://linktr.ee/torenwolf https://www.facebook.com/profile.php?id=61555543290422 https://www.instagram.com/toren.wolf/ https://www.tiktok.com/@toren_wolf https://open.spotify.com/artist/2vyS40ddX0yyhjUa4VUzPf https://www.youtube.com/channel/UCgWMBvGnkAPOqLa1gkBjQg
	Shelivesoutloud		Engelsk	Autisme nonspeaking stimming	https://www.instagram.com/shelivesoutloud/
	AUsome Training	Autister	Engelsk	Kurs, veiledning Ressurser	https://ausometraining.com/ https://www.facebook.com/ausometraining Online-kurs: https://ausometraining.com/anytime-autism-training/ E-bøker: https://ausometraining.com/products-autism-books Gratis ressurser: https://ausometraining.com/wp-content/uploads/2023/09/AUsome-Kids-Passport.pdf
	Autismenyheter.no	Soda (Au)	Norsk Norge	Nettside Artikler, blogg	https://autismenyheter.no/velkommen-til-autismenyheter-no/ https://www.facebook.com/autismenyheter/ https://psykologtidsskriftet.no/2018/11/autisten-i-oss https://autismenyheter.no/jeg-er-autist-ikke-en-person-med-autisme/
	Nevrodivertina Nevrodivertinas Ressursbank	Brita Nesse (Au)	Norsk Norge	Autisme, ND artikler, info ressurser	https://www.facebook.com/nevrodiversrebell/ Ressursbank: https://www.facebook.com/share/jJmJ51y3w52tbycQ/ Min autistiske reise (blogg): https://www.facebook.com/profile.php?id=100086226866126
	Aspergerinformator.com	Helene (Au)	Norsk Norge	Autisme Blogg Bøker	http://aspergerinformator.com/ https://www.facebook.com/aspergerinformator Bokomtale: «Knapp nok - Et jenteliv med Asperger syndrom.» Bok: «Skarpeste kniven i skuffen»

Overlevelseshjelp Vidensbanken	Anne Skov Jensen (Au)	Dansk Danmark	Autisme	https://overlevelseshjelp.dk/ https://vidensbank.overlevelseshjelp.dk/
Autism explained Autism from the inside	Paul Micallef (Au)	Engelsk Australia	Autisme Blogg, Vlogg	https://autismexplained.com.au https://www.autismfromtheinside.com.au
Thinking Person's Guide to Autism (TPGA)	Autism news and resources from autistic people, professionals, and parents	Engelsk USA	Autisme Ressurser Artikler Bok	https://thinkingautismguide.com/mission-statement-autism-acceptance https://thinkingautismguide.com/resources https://www.facebook.com/thinkingpersonsguidetoautism https://instagram.com/thinkingautism https://twitter.com/thinkingautism https://www.adlibris.com/no/bok/thinking-persons-guide-to-autism-everything-you-need-to-know-from-autistics-parents-and-professionals-9780692010556
AutisticNottingham				
neurodivergent_lou	Louise (Au)	Engelsk	Ressurser infographics	https://www.facebook.com/profile.php?id=100091534964212 https://www.instagram.com/neurodivergent_lou/ https://linktr.ee/Neurodivergent_lou https://www.tiktok.com/@neurodivergent_lou https://www.youtube.com/watch?v=2yMWtwj1xmc
Neurokinection	Jess (Au)	Engelsk	Blogg, info	https://www.facebook.com/neurokinection https://www.instagram.com/neurokinection/
emergentdivergence.com	David Gray-Hammond (Au) Katie Munday (ND) Tanya Adkin (Au)	Engelsk England	Autisme Blogg, podcast nyheter, artikler	https://emergentdivergence.com/ https://www.facebook.com/emergentdivergence Neurodiversity 101-App (Google Play) Podcast (Spotify): «David's Divergent Discussions»
Attwood & Garnett events	Tony Attwood Michelle Garnett	Engelsk Australia	Autisme Kurs, ressurser	https://attwoodandgarnettevents.com/ https://attwoodandgarnettevents.com/what-is-autistic-burnout/
inTune Pathways / Kristy Forbes	Kristy Forbes (Au)	Engelsk Australia	Autisme, ND PDA Podcast, blogg, kurs, ressurser	https://www.kristyforbes.com.au/ https://www.facebook.com/inTunePathways https://www.instagram.com/kristyforbes https://www.tiktok.com/@kristyforbes YT: https://www.youtube.com/channel/UCG5GFzSkpre7gFFHzkB7hJw
Barb Cook	Barb Cook (Au)	Engelsk Australia	Autisme	https://barbcook.com.au/

The Autistic Photographer	Jordan James (Au)	Engelsk	Autisme	https://www.facebook.com/JoelJamesNeurodiversityawareness/
Autistic women and nonbinary network (AWN)		Engelsk USA (Nebraska)	Autisme	https://awnnetwork.org/ https://awnnetwork.org/wp-content/uploads/2022/11/autistic-burnout.pdf
Learn From Autistic People	Jenna Gensic			https://learnfromautistics.com/
Lilpenguinstudios			Autisme Ressurser infographics	https://www.lilpenguinstudios.com/

KILDER:

- Paul Finch: [20 best books on neurodiversity - 2023 reading list & recommendations \(paulfinchauthor.com\)](https://paulfinchauthor.com/)
- Neurodivergent Rebel: [NeuroDivergent Rebel's 2021 NeuroDiversity Book List – Neurodivergent Rebel: https://neurodivergentrebel.com/2021/08/17/neurodivergent-rebels-2021-neurodiversity-book-list/](https://neurodivergentrebel.com/2021/08/17/neurodivergent-rebels-2021-neurodiversity-book-list/)
- Louise Gooding: https://www.louisegooding.com/files/ugd/91eff2_bb2e5b39d838473696703f252bc574e8.pdf
- Amazon Best Sellers:
 - [Amazon Best Sellers: Best Autism Spectrum Disorder / https://www.amazon.com/gp/bestsellers/books/282950/ref=pd_zg_hrsr_books](https://www.amazon.com/gp/bestsellers/books/282950/ref=pd_zg_hrsr_books)
 - [Best Parenting Children with Disabilities: https://www.amazon.com/gp/bestsellers/digital-text/157623011/ref=pd_zg_hrsr_digital-text](https://www.amazon.com/gp/bestsellers/digital-text/157623011/ref=pd_zg_hrsr_digital-text)
- https://www.goodreads.com/list/show/24530.Neurodiversity_Books
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