

∞ ANBEFALT LITTERATUR ∞

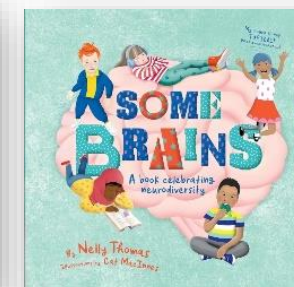
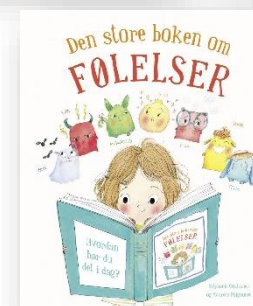
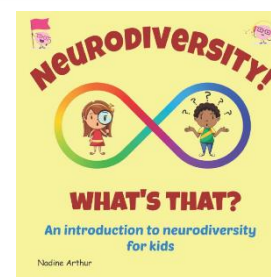
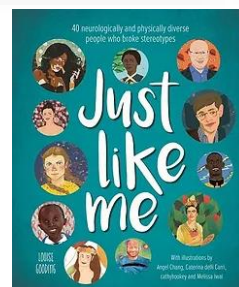
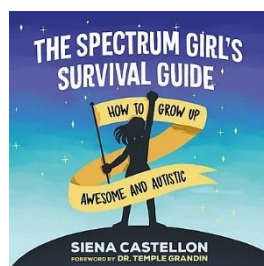
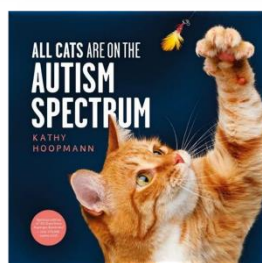
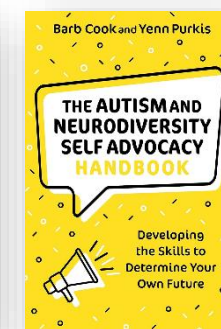
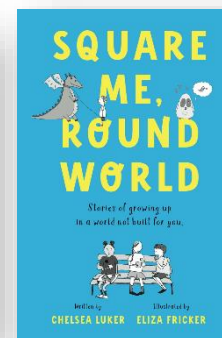
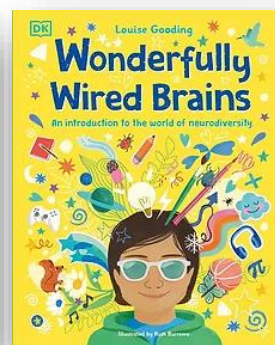
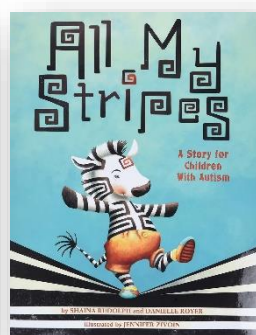
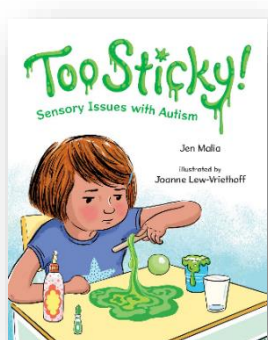
Denne listen inneholder forslag til bøker og filmer som omhandler autisme, nevrodiversitet, inkludering og/eller har nevrodivergent representasjon eller ND forfattere. Listen utvides stadig. Send gjerne tips/anbefalinger. Noen av bøkene/filmene kan lånes på biblioteket: <https://bibsok.no/> eller kjøpes brukt på <https://bookis.com/no>.

BILLEDBØKER OG BØKER FOR BARN

TITTEL	FORFATTER(E)	SPRÅK/ALDER	TEMA	UTGIVLSESÅR + ISBN	LINK
Too Sticky!	Jen Malia (A) Joanne Lew-Vriethoff (Ill.)	Engelsk Barnehage Preschool - 3	Sensorikk Autisme	2020 Hardcover ISBN: 9780807580264 ebook ISBN: 9780807580288	<ul style="list-style-type: none"> https://www.amazon.com/Too-Sticky-Sensory-Issues-Autism/dp/0807580260 https://jenmalia.com/books/too-sticky/
All My Stripes	Shaina Rudolph (A) Danielle Royer (A) Jennifer Zivoin (Ill.)	Engelsk Bhg (4-7 år) Preschool - 3	Autisme	2015 ISBN-10: 1433819163 ISBN-13: 978-1433819162	<ul style="list-style-type: none"> All My Stripes - Shaina Rudolph Adlibris https://www.amazon.com/All-My-Stripes-Children-Autism/dp/1433819171
Alle mine striber	Charlotte Pietsch (T)	Dansk Ca. 3-6 År	Autisme	ISBN: 978-8771585230	<ul style="list-style-type: none"> https://www.adlibris.com/no/bok/alle-mine-striber-9788771585230
Wonderfully Wired Brains	Louise Gooding (A) (ND) Ruth Burrows (Ill.)	Engelsk Ca. 7-10 år	Autisme ND	2023 ISBN-10: 0241568161 ISBN-13: 978-0241568163	<ul style="list-style-type: none"> Amazon: https://amzn.eu/d/hgZiEld https://www.ark.no/produkt/boker/barneboker/wonderfully-wired-brains-9780241568163
Den største gaven...	Mia Tuft (A)	Norsk Ca. 10-18 år Fagpersoner	Autisme Personlig	2018	<ul style="list-style-type: none"> https://www.norli.no/boker/barneboker/fra-10-ar/den-storste-gaven-1
Square Me, Round World	Chelsea Sarah Luker (A) (Au) Eliza Fricker (Ill.)	Engelsk Ca. 6 - 18 år foreldre, lærere	Autisme	2024 ISBN-10: 0648605515 ISBN-13: 978-0648605515	<ul style="list-style-type: none"> https://www.adlibris.com/square-me-round-world https://www.amazon.co.uk/Square-Me-Round-World-Stories/dp/0648605515 Utdrag: Square Me, Round World (clip)
The Awesome Autistic Go-To Guide	Tanya Masterman, Yenn Purkis	Engelsk Teens/Tweens	Autisme Identitet Selv-hjelp	2020 ISBN: 9781787753167	<ul style="list-style-type: none"> https://www.ark.no/produkt/boker/barneboker/the-awesome-autistic-go-to-guide-9781787753167

A = Author/forfatter Ill. = Illustratør/illustratør T = Translator/oversetter Au = Autistic ND = Neurodivergent Bhg = Barnehage-alder

The Spectrum Girl's Survival Guide	Siena Castellon (A) (Au)	Engelsk Ca 12 - 18 år	Autisme Identitet Selv-hjelp	2020 ISBN-13: 9781787751835 ISBN-10: 178775183X	<ul style="list-style-type: none"> • https://www.ark.no/produkt/boker/fagboker/the-spectrum-girls-survival-guide-9781787751835 • Amazone: https://amzn.eu/d/haE8h7j
Just like me	Louise Gooding (A) (ND) m.fl.	Engelsk Ca 7-16 år	Autisme Role-models	2021 ISBN: 9781787418486	<ul style="list-style-type: none"> • https://www.ark.no/produkt/boker/barneboker/just-like-me-9781787418486 • Amazone: https://amzn.eu/d/7d9eECe
Neurodiversity! What's That?	Nadine Ramina Arthur (A)	Engelsk Alder: 8-12 år	ND	2022 ISBN-10: 1399918230 ISBN-13: 978-1399918237	<ul style="list-style-type: none"> • Amazon: https://amzn.eu/d/5aZIOzZ
The Autism Handbook for Kids	Andi Putt Mrs. Speechie P	Engelsk Fra 7 år	Autisme		<ul style="list-style-type: none"> • https://www.mrsspeechiep.com/product-page/the-autism-handbook-for-kids



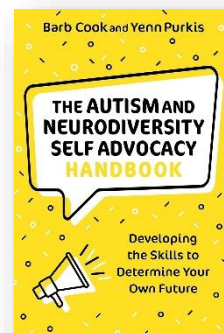
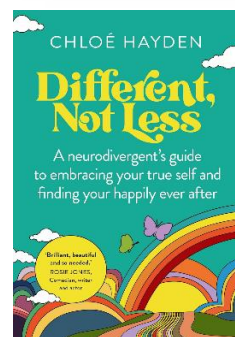
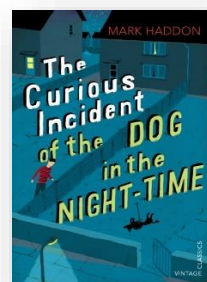
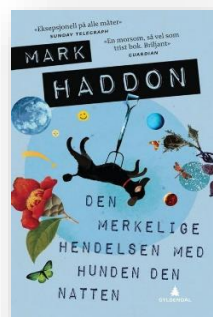
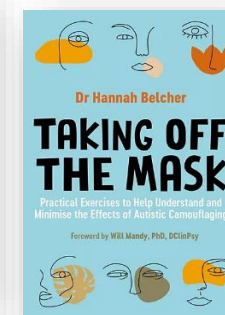
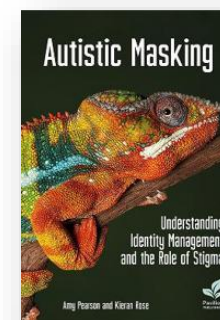
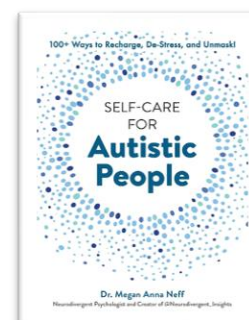
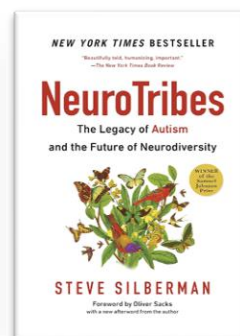
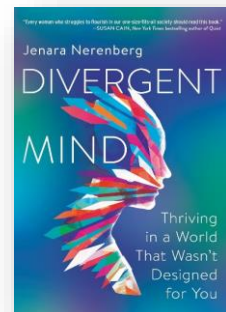
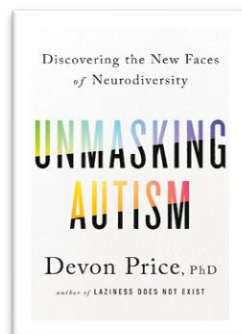
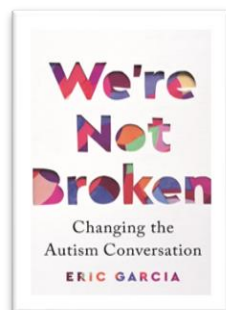
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BØKER FOR VOKSNE (FAG- OG SKJØNNLITTERATUR)

TITTEL	FORFATTER(E)	ÅR/SPRÅK	TEMA	ISBN	LINK
Different, Not Less	Chloe Hayden (A) (Au)	2024 Engelsk	Autisme	ISBN-10: 1761500163 ISBN-13: 978-1761500169	<ul style="list-style-type: none"> Amazon: https://amzn.eu/d/iduNMPB https://www.norli.no/boker/fagboker/medisin-og-sykepleie/medisin/different-not-less-2
We're Not Broken	Eric Garcia (A), (Au)	2021 Engelsk	Autisme Personlig	ISBN-10: 1328587843 ISBN-13: 978-1328587848	<ul style="list-style-type: none"> Amazon: https://a.co/d/8fuxbda https://www.norli.no/boker/fagboker/pedagogikk-og-psykologi/psykologi/we-re-not-broken
Unmasking Autism	Devon Price (A) (Au)	2022 Engelsk	Autisme, ND Maskering Personlig	ISBN-10: 0593235231 ISBN-13: 978-593235232	<ul style="list-style-type: none"> Amazon: https://a.co/d/2AyYzsn https://www.norli.no/boker/fagboker/pedagogikk-og-psykologi/psykologi/unmasking-autism-1
Divergent Mind: Thriving in a world that wasn't designed for you	Jenara Nerenberg (A) (Au)	2021 Engelsk	Autisme, ND Maskering Personlig Sen diagnose	ISBN-10: 0062876805 ISBN-13: 978-0062876805	<ul style="list-style-type: none"> Amazon: https://a.co/d/5dppzVQ https://www.norli.no/boker/fagboker/samfunnsvitenskap/sosialantropologi/divergent-mind
Neurotribes: The Legacy of Autism and the future of Neurodiversity	Steve Silberman (A) Oliver Sacks (Foreword)	2016 Engelsk	Autisme Nevrodiversitet Historie Psykologi Faglitteratur	ISBN-10: 0399185615 ISBN-13: 978-0399185618	<ul style="list-style-type: none"> Amazon: https://a.co/d/fl5akVD https://www.norli.no/boker/fagboker/medisin-og-sykepleie/medisin/neurotribes
Self-Care for Autistic People	Megan Anna Neff (A) (Au)	2024 Engelsk	Autisme Psykologi Selvhjelp	ISBN-10: 1507221932 ISBN-13: 978-1507221938	<ul style="list-style-type: none"> Amazon: https://a.co/d/hXZHIDI https://www.adlibris.com/no/bok/self-care-for-autistic-people-9781507221938?
Autistic Masking	Amy Pearson Kieran Rose	2023 Engelsk	Maskering Autisme	ISBN: 9781803882116	<ul style="list-style-type: none"> Amazon: https://amzn.eu/d/bbtm19e https://www.adlibris.com/no/bok/autistic-masking-9781803882116?
The curious incident of the dog in the night-time	Mark Haddon (A)	2004 Engelsk	Autisme Skjønnlitteratur	ISBN-10: 9781400032716 ISBN-13: 978-1400032716	<ul style="list-style-type: none"> Amazon: https://a.co/d/iujHYFB https://www.norli.no/boker/skjonnlitteratur/romaner/engelske-romaner/the-curious-incident-of-the-dog-in-the-night-time
Den merkelige hendelsen med hunden den natten	Mark Haddon (A) Ove Steen (T)	2012 Norsk	Autisme Skjønnlitteratur	ISBN/EAN: 9788205423879	<ul style="list-style-type: none"> https://www.gyldendal.no/skjonnlitteratur/pocket/romaner/den-merkelige-hendelsen-med-hunden-den-natten/p-10011417-no/

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Taking off the mask	Hannah Louise Belcher (A) (Au)	2022 Engelsk	Autisme Maskering	ISBN-10: 1787755894 ISBN-13: 978-1787755895	<ul style="list-style-type: none"> https://www.ark.no/produkt/boker/fagboker/taking-off-the-mask-9781787755895 https://www.amazon.co.uk/Taking-Off-Mask-Understand-Camouflaging/dp/1787755894
Konsten att fejka arabiska : en berättelse om autism	Lina Liman (A) (Au)	2017 Svensk	Autisme Maskering		<ul style="list-style-type: none"> https://www.adlibris.com/no/bok/konsten-att-fejka-arabiska-en-berattelse-om-autism-9789100161231
Kunsten å feike arabisk - ei forteljing om autisme	Lina Liman (A) (Au) Olaug Nilssen (T)	2021 Nynorsk	Skjønnlitteratur Personlig		<ul style="list-style-type: none"> https://www.adlibris.com/no/bok/kunsten-a-feike-arabisk-9788234001536
The Autism and Neurodiversity Self Advocacy Handbook	Barb Cook (A) (Au) Yenn Purkis (A) (Au)	2022 Engelsk	Autisme Identitet Self-advocacy	ISBN-10: 1787755754 ISBN-13: 978-1787755758	<ul style="list-style-type: none"> https://www.ark.no/produkt/boker/fagboker/the-autism-and-neurodiversity-self-advocacy-handbook-9781787755758 Amazon: https://amzn.eu/d/iSdmzmH



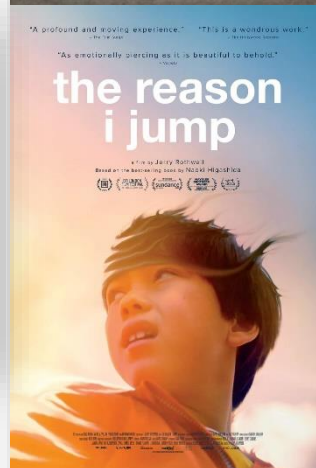
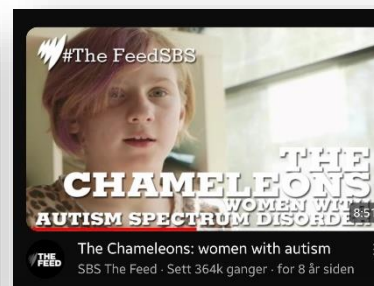
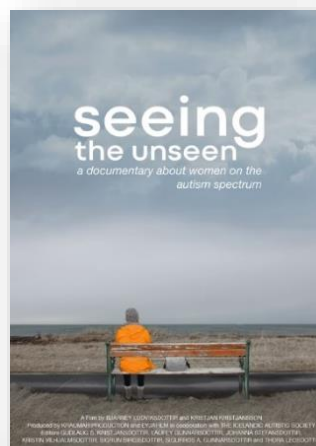
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DOKUMENTARER (TV, YOUTUBE OSV)

TITTEL	LAGET AV	SPRÅK/ALDER	TEMA	PROD.ÅR + VARIGHET	LINK
Autisme innenfra/ Inside Our Autistic Minds	Chris Packham (Au) BBC	Engelsk Norsk tekst ungdom/voksne	Autisme Maskering Sensorikk	2023 2 episoder på ca 1t 6 klipp på 2-5 min	NRK: https://tv.nrk.no/serie/autisme-fra-innsida BBC: https://www.bbc.co.uk/programmes/p0bbnh47 IMBD: https://www.imdb.com/title/tt26749711/
Seeing the Unseen	Bjarney Luðviksdóttir & Kristjan Kristjánsson	Islandsk Engelsk tekst ungdom/voksne	Autisme Kvinner Maskering	2019 1t + 22 min	Vimeo: https://vimeo.com/ondemand/seeingtheunseen YT: https://www.youtube.com/@seeingtheunseen1102? IMBD: https://www.imdb.com/title/tt10325030/
The Chameleons	SBS				
Why everything you know about autism is wrong	Jac den Houting (Au) TED MacquarieUniversity	Engelsk Engelsk tekst Voksne	Autisme Neurodiversitet	2019 Ca 14 min	YT: https://www.youtube.com/watch?v=A1AUdaH-EPM Why everything you know about autism is wrong Jac den Houting TEDxMacquarieUniversity TED Talk
Fast Facts About Autism	Paul Micallef (Au) Autism From The Inside	Engelsk Engelsk tekst ungdom/voksne	Autisme	2019 4-5 min	YT: https://www.youtube.com/watch?v=CaRdPYvWt48 https://www.autismexplained.com.au/fast-facts
Fast Facts About Autism - For Kids	Paul Micallef (Au) Autism From The Inside	Engelsk Engelsk tekst barn	Autisme	2020 10 min	YT: https://www.youtube.com/watch?v=dUbsyd8Fnyw https://www.autismexplained.com.au/fast-facts
Why Autism is a Difference, not a Deficit	Amazing Things Project	Engelsk barn	Autisme	2023 3-4 min	YT: https://www.youtube.com/watch?v=We2fjz866NU
Chloe Hayden and the Happily Ever After	ABC Australia	Engelsk ungdom/voksne	Autisme Self-Identity Burnout	2023 30 min	https://youtu.be/kMk2BQ6ncUU?si=cBEGK0cl393-ig8P
Our Family and Autism	BBC Christine McGuinness (Au)	Engelsk voksne	Autisme Maskering	1t (3 min)	https://www.youtube.com/watch?v=lUrqzhNu6h0 klipp: https://www.youtube.com/watch?v=8eojTdXHPDY
Three ideas. three contradictions. or not.	Hannah Gadsby (Au) TED	Engelsk voksne	Autisme Self-Identity	2019 19 min	https://www.youtube.com/watch?v=87qLWFZManA

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Hannah Gadsby: Douglas	Hannah Gadsby (Au) Netflix	Engelsk Norsk takst Alder:13+	Autism Sen diagnose Stand-up	2020 1 t 12 min (7 min)	https://www.netflix.com/no/title/81054700 klipp: https://youtu.be/5lXbpgU9OWk?si=QINECI-7gXhSBHa1
Things not to say to an autistic person	BBC	Engelsk Voksne	Autisme	2016 5 min	https://www.youtube.com/watch?v=d69tTXOvRq4
De skjulte talentene	DR1	Dansk Voksne	Autisme fakta, personlig	2017	https://www.strim.no/serie/1017033:vod/De-skjulte-talenter



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NETTSIDER/SOSIALE MEDIER

TITTEL	LAGET AV	SPRÅK/LAND	TEMA	LINK
Autismeinfo	Kristine Victoria Magnus	Norsk Norge	Autisme Foredrag	https://www.autismeinfo.no/
Reframing Autism	Autistic-led	Engelsk Australia	Autisme Podcast, ressurser	https://reframingautism.org.au/ https://reframingautism.org.au/service/autistic-podcasts/
Neurodivergent Insights	Dr. Megan Ann Neff	Engelsk	Autisme Maskering, burnout Blogg, ressurser	https://neurodivergentinsights.com/ https://neurodivergentinsights.com/autism-infographics/autism-and-burnout
The Autistic Photographer	Jordan James	Engelsk	Autisme	https://www.facebook.com/JoeJamesNeurodiversityawareness/
NeuroWild	Em Mainey	Engelsk	Autisme	https://www.facebook.com/people/NeuroWild/100087870753308/ https://www.instagram.com/p/CizhzPjvhhT/
Pernille Hebsgaards autistiske verden	Pernille Hebsgaard	Dansk Danmark	Autisme Ressurser	https://www.pernillehebsgaard.dk/ https://www.facebook.com/pernillehebsgaard/
Overlevelsesguiden Vidensbanken	Anne Skov Jensen	Dansk Danmark	Autisme	https://overlevelsesguiden.dk/ https://vidensbank.overlevelsesguiden.dk/
Autism explained Autism from the inside	Paul Micallef	Engelsk Australia	Autisme Blog, Vlog	https://autismexplained.com.au https://www.autismfromtheinside.com.au
Attwood & Garnett events	Tony Attwood Michelle Garnett	Engelsk	Autisme Kurs, ressurser	https://attwoodandgarnettevents.com/ https://attwoodandgarnettevents.com/what-is-autistic-burnout/
Barb Cook	Barb Cook	Engelsk Australia	Autisme	https://barbcook.com.au/
Autistic women and nonbinary network (AWN)		Engelsk	Autisme	https://awnnetwork.org/ https://awnnetwork.org/wp-content/uploads/2022/11/autistic-burnout.pdf
Lilpenguinstudios	Navn på frivillig		Autisme Ressurser	https://www.lilpenguinstudios.com/

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KILDER:

- [20 best books on neurodiversity - 2023 reading list & recommendations \(paulfinchauthor.com\)](https://paulfinchauthor.com)
- [NeuroDivergent Rebel's 2021 NeuroDiversity Book List - Neurodivergent Rebel](#)
- https://www.louisegooding.com/files/ugd/91eff2_bb2e5b39d838473696703f252bc574e8.pdf
- [Amazon Best Sellers: Best Autism Spectrum Disorder / https://www.amazon.com/gp/bestsellers/books/282950/ref=pd_zg_hrsr_books](https://www.amazon.com/gp/bestsellers/books/282950/ref=pd_zg_hrsr_books)
- https://www.goodreads.com/list/show/24530.Neurodiversity_Books
-