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Published by:

Australian Underwater Scuba Instructors P/L

PO Box 202
Queenscliff
Victoria 3225
AUSTRALIA

Email: info@ausi.com.au

Web: www.ausi.com.au

ACN 062 887 969

Cataloguing in publication data

Sinclair, Steve

Kenley, Russell

International Dive Master

ISBN 978-0-9806839-4-3

FIRST EDITION—July 1996

SECOND EDITION—March 1999

THIRD EDITION—October 2006

REPRINT—August 2009

Acknowledgements

The authors would like to acknowledge the invaluable assistance of Phil Aarons, Harry Gorfine, Apollo Australia, Divers Alert Network Asia Pacific, Mountain Ocean & Travel Publications publishers of Dive Log and Sport Diving and Allways Dive Expeditions.

Cover photo © iStockphoto.com/strmko

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The theory and requirements of snorkel and scuba diving as expressed in this book represent the author's view of current learning as of August 2009. However, the reader is cautioned that scuba diving is a relatively new and dynamically changing discipline. As such, as our understanding and knowledge increase, certain currently held beliefs (some of which are presently subject to some conjecture) may be disproved or modified. The reader is strongly advised to read new literature as it is released and, if necessary, to reassess areas of the text of this work accordingly.

While great care and effort have been taken in the preparation of the material presented in this book, neither the authors nor publisher warrants that the contents of this work will be entirely suitable for all circumstances which the reader may encounter. It is stressed that first aid procedures vary from time to time and should never be used or adopted to the exclusion of, or in substitution for, medical consultation.