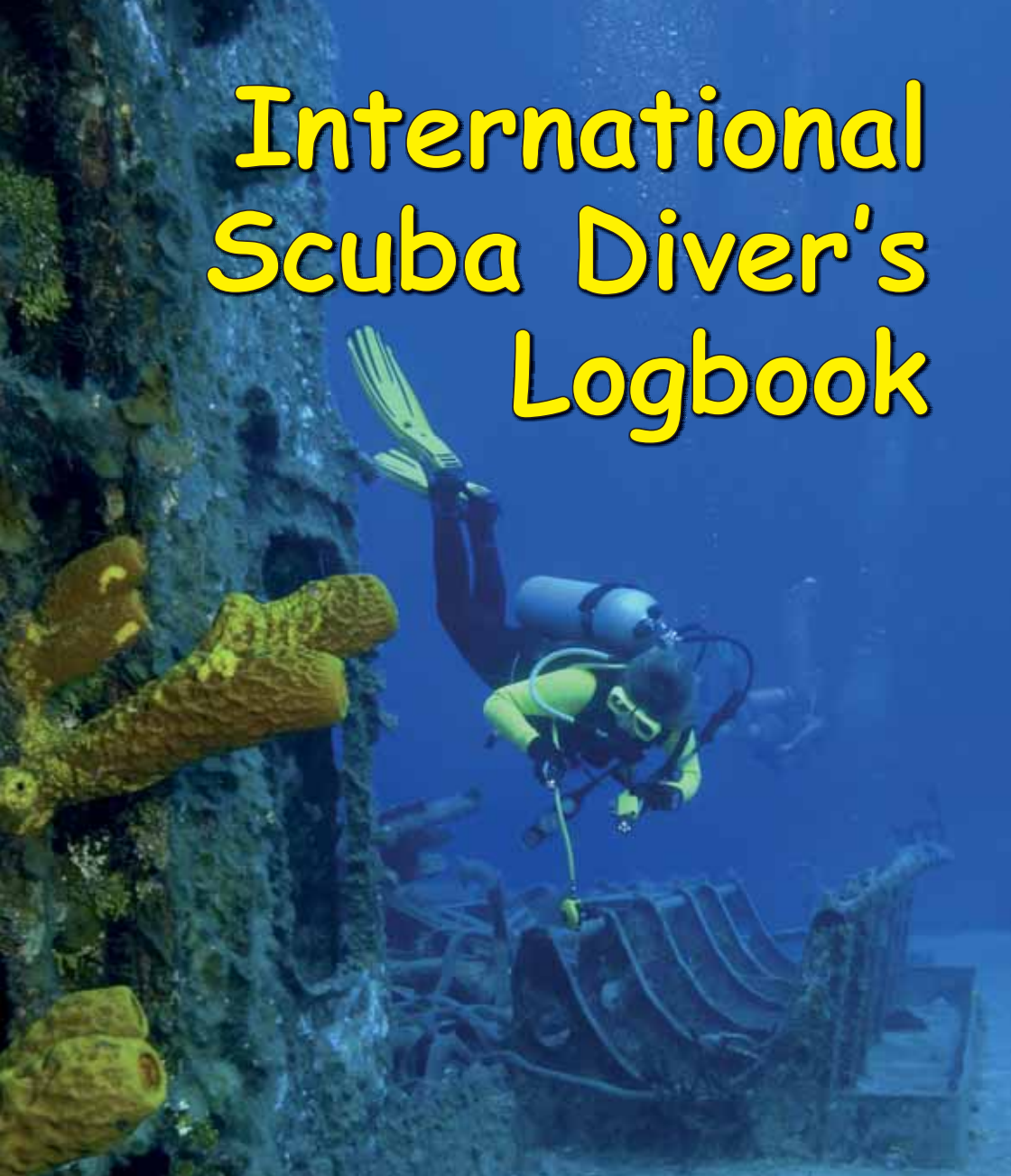
International Scuba Diver's Logbook



Diving emergency hotlines
Dive table

AUSI .com.au

Photo©iStockphoto.com/DurdenImages

24 hour diving emergency hotlines

Australia

- Within Australia 1800 088 200
- Outside Australia +61 8 8212 9242

New Zealand

- DES New Zealand 0800 4DES111

Korea

- DAN AP Korean Hotline 010 4500 9113

China

- DAN AP Chinese Hotline +852 3611 7326

South Africa

- Within South Africa 0800 020 111
- Outside South Africa +27 10 209 8112

America

- DAN America +1 919 684 8111
- DAN America-Mexico +52 5 629 9800 Code 9912935

Europe

- Hotline +39 06 4211 8685

Japan

- Hotline +81 3 3812 4999



What is DAN

Divers Alert Network (DAN), a nonprofit organisation, exists to provide expert information and advice consistent with the current medical literature for the benefit of the diving public.

DAN's historical and primary function is to provide emergency medical advice and assistance for underwater diving injuries, to work to prevent injuries and to promote diving safety.

DAN promotes and supports underwater diving research and education, particularly as it relates to the improvement of diving safety, first aid and medical treatment.

DAN strives to provide accurate, up-to-date, and unbiased information on issues of common concern to the diving public and to advocate for diver's concerns, primarily, but not exclusively, for diving safety.

Diver's details

Name _____

Address _____

_____

City _____ Postcode _____

Country _____

Diver's photograph

Telephone Home _____

Mobile _____ Work _____

_____
Diver's signature

Email _____ Fax _____

Date of birth _____ Religion _____

Family doctor _____ Telephone _____

Dive doctor _____ Telephone _____

Date of medical _____ Ambulance subscriber Yes ☐ No ☐

Medical notes _____

Divers Alert Network (DAN) Member Yes ☐ No ☐

Emergency contact

Name _____

Address _____

_____

_____ Postcode _____

Telephone Home _____ Work _____

Relationship _____

Dive store

Name _____

Address _____

_____ Postcode _____

Telephone _____ Fax _____

E-mail _____ Web site _____

Certification details

Open Water Scuba Diver	Level II	Advanced Scuba Diver	Level III
Date: _____ Agency: _____ Instructor's name & number: _____ Certification number: _____	Dive school stamp	Date: _____ Agency: _____ Instructor's name & number: _____ Certification number: _____	Dive school stamp

Note: Consult dive store for full details and record of training.

Dive number _____ Accumulated dive time _____

Date _____ Location _____

Dive site _____

Type of dive _____

Tropical ☐ Temperate ☐ Freshwater ☐ Boat dive ☐ Shore dive ☐

Wind _____ Surface conditions _____

Visibility _____ Water temperature _____

Current _____ Surface interval _____

Maximum depth _____ Bottom time _____

Safety stops _____ Total ascent time _____

Air at start _____ Time in _____

Air at end _____ Time out _____

Air used _____ **Total dive time** _____

Comments

Dive store stamp

Buddy's name _____

Buddy's signature _____

For training dives:

Instructor _____

Instructor's signature _____ Number _____

Dive number _____ Accumulated dive time _____

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Dive site _____

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Safety stops _____ Total ascent time _____

Air at start _____ Time in _____

Air at end _____ Time out _____

Air used _____ **Total dive time** _____

Comments

Congratulations, you only have four dives left, time to get a new log book. Go to: www.ausi.com.au for a free download

Dive store stamp

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Buddy's signature _____

For training dives:

Instructor _____

Instructor's signature _____ Number _____

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Dive store stamp

Buddy's name _____

Buddy's signature _____

For training dives:

Instructor _____

Instructor's signature _____ Number _____

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ALLWAYSDIVE@ALLWAYSTRAVELSERVICE.COM



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www.divetheblue.net

RULES AND USAGE OF THE QUICK AND EASY DIVE TABLE

1. This table is not to be used for **multi-level diving, altitude diving, decompression diving** or **diving on any gas other than air.**
2. **MAXIMUM DEPTH:** Maximum depth achieved during a dive. If planned depth is not on table, use next deepest depth ie. 16m (53') go to 18m (60').
3. **BOTTOM TIME:** Maximum allowable time from leaving the surface to commencing final ascent to the first safety stop.
4. **ASCENT RATE:** Do not exceed 15m (50') per minute.
5. **SAFETY STOP:** A recommended stop during ascent where the diver maintains a specified depth at chest level for the time indicated in the table.
6. **SURFACE INTERVAL**: Time in hours and minutes spent on surface between dives. Minimum surface interval required is one hour.
7. **REPETITIVE DIVES:** For the purpose if this table, a repetitive dive is any subsequent dive within 15 hours of a previous dive.
   - Plan repetitive dives so each dive is **shallower** than the preceding dive.
   - It is recommended that only one repetitive dive be done, although not recommended, two repetitive dives can be done using this table.
8. **FLYING AFTER DIVING**: Wait at least 24 hours after diving before flying.
9. **EXAMPLE OF A THREE DIVE SEQUENCE:**

Dive 1	**Depth**	30m (100')	**Max. time**	15 min.	**Safety stops**:	1 min. at 6m (20'), and 5 min. at 3m (10')
	Surface interval	2 hours 30 min.				
Dive 2	**Depth**	20m (65')	**Max. time**	18 min.	**Safety stops**:	1 min. at 6m (20'), and 5 min. at 3m (10')
	Surface interval	4 hours				
Dive 3	**Depth**	15m (50')	**Max. time**	35 min.	**Safety stops:**	1 min. at 6m (20'), and 3 min. at 3m (10')

WARNINGS

a. Do not use this table without proper instruction.

b. Improper use of this table could result in serious injury or death.

c. No decompression table is completely safe and proper use of this table will not guarantee avoidance of decompression illness.

d. There are many factors which increase the risk of suffering decompression illness and they must be taken into account when planning a dive. These include alcohol, drugs, cold water, exercise before, during and after diving, multiple ascents, repetitive dives, altitude, obesity, age, poor physical condition and being female.

If bottom time or ascent rate is exceeded don't dive for 24 hours and, if symptoms of DCI develop, call your DES immediately.

DIVE PLANNING SLATE

CHECK

Conditions	☐	Buddy's gear	☐
Hazards	☐	Entry	☐
Equipment	☐	Exit	☐
Signals	☐	Dive Flag	☐

AGREE ON

Lost buddy procedure ☐ Out of air procedure ☐

Maximum depth _____ Bottom time _____ Low air _____

Safety stops____ min. at 9m (30') ____min. at 6m (20') ____min. at 3m (10')

FOR ANY DIVING EMERGENCY

Call your Diver Emergency Service (DES) immediately on: _____

Australians: 1800 088 200 (toll free) or +61 8 8212 9242 (outside Australia)

Quick and Easy Dive table

SAFETY STOPS	DEPTH metres (feet)	FIRST DIVE ↓ Minutes	REPETITIVE DIVES SURFACE INTERVAL (HRS:MINS) 1:00 ↘ 1:29	1:30 ↘ 1:59	2:00 ↘ 2:59	3:00 ↘ 5:59	6:00 ↘ 8:59	9:00 ↘ 14:59	15:00 + ↓
	6m (20')	150	88	93	100	107	125	136	
	9m (30')	100	58	62	66	71	83	90	R
1 min. at 6m	12m (40')	70	41	43	46	50	58	63	E
3 min. at 3m	15m (50')	50	29	31	33	35	41	45	T
	18m (60')	40	23	25	26	28	33	36	U
CAUTION: SCUBA Diving beyond this depth requires AUSI Level III (Advanced) training									R
	21m (70')	35	NO DIVE	17	18	19	25	30	N
1 min. at 6m	24m (80')	25	NO DIVE	13	14	15	18	20	
5 min. at 3m	27m (90')	20	NO DIVE	10	11	11	14	16	T
	30m (100')	15	NO DIVE	8	9	9	11	13	O
CAUTION: SCUBA Diving beyond this depth requires AUSI Level IV (Deep Diver) training									
1 min. at 9m	33m (110')	12	NO DIVE	NO DIVE	7	8	8	10	FIRST
3 min. at 6m	36m (120')	10	NO DIVE	NO DIVE	6	6	7	8	DIVE
6 min. at 3m	39m (130')	8	NO DIVE	NO DIVE	5	5	6	7	

The data in these tables is drawn from the DCIEM Sport Diving Tables - 1992

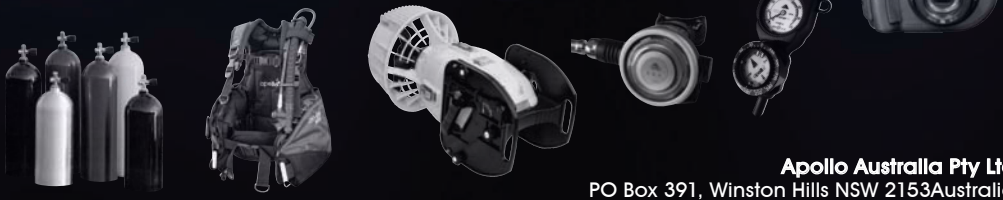
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All figures in the above table represent maximum bottom times in minutes

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dive with the best

YOUR SAFETY IS PARAMOUNT!





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