

# Book binding instructions

1

Print the book, double-sided, on 120g paper. You will need 41 sheets of paper.

Put the front page aside when printed. This will be your final signature.

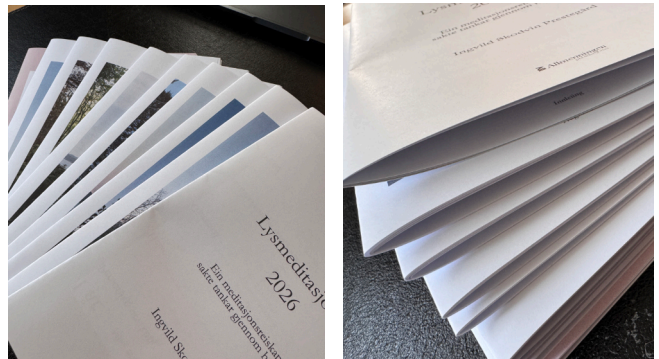
Fold the sheets in half, signature by signature. See the bottom of the pages.



2

Check signatures are in the right order.

Press signatures together, between books or something heavy.

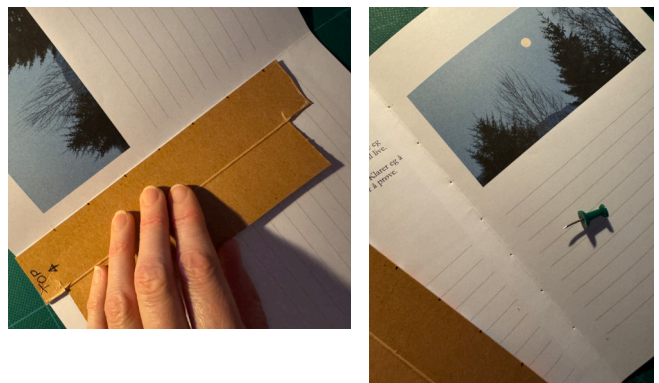


3

Make a cardboard template to make 7 holes with equal distance.

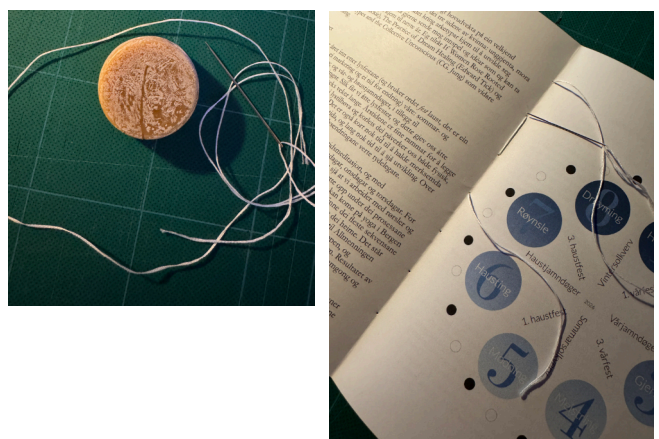
The middle hole must be in the centre of the spine.

Use a pin or similar to make the holes.

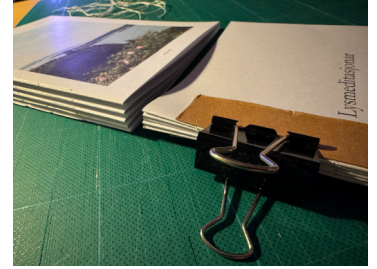
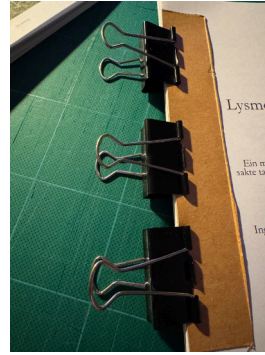


4

Prepare your thread - preferably cotton or linen, and wax with beeswax.

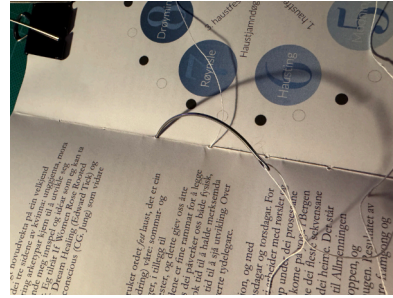


5 Place signatures together under pressure.



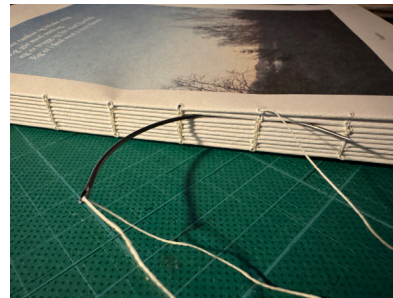
6 Start sewing the signatures together from the back.

Leave a little thread inside the signature, for a securing knot. Sew the two last signatures together, this is the foundation for the rest of the book.



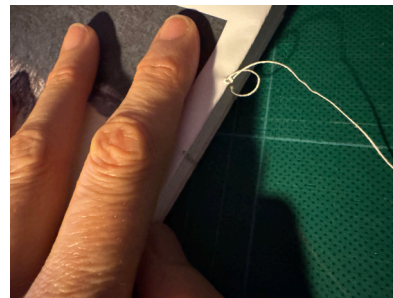
Start by the 2. hole and sew back and forth between the two signatures, so that you can tie the securing knot.

7 Com out of the signature, and prepare to sew the 3. signature into the book.



Sew out through the new, fasten to the seam underneath and come back in through the same hole. Continue all the way down until all the holes are fastened. Sew in the same direction the spine on all the signatures.

8 At the last hole, fasten the thread with a half-knot. This secures the signature, and you are ready to attach the next.



To complete the final signature, when you have finished sewing return to the inside of the signature and secure thread with a knot.

9 You can also staple the book, signature by signature. This will give you a collection of small leaflets.

