

Run Library

"Day Run"

Index No: 15

Description: Hotel Ballabona (E15), to El Marchal, via Arboleas, Cucador, Zurgena and El Pocico

Meeting point: Hotel Ballabona exit 543, E15

Coffee stop: Picnic area near Cucador

Lunch venue: Restaurante Paniajo, E Marchal

Attraction /venue visited:

Approx duration: unknown

Approx distance from start point: 63 km

Notes:

INDEX No 15

via AL-620 et N-340a



- Road book challenge
- Sup. itinerary on option

Données cartographiques ©2014 Google, basado en BCN IGN España 5 km

Mapa en Viente Ab Carhuar

Ramba Aljibe

El Paniajo Bar & Restaurant LUNCH

MORA

Autovía del Mediterráneo, KM, 543

START

N-340 Los Gallardos

Pulpi La Fuente

Villaricos

Palomares

Playas de Vera

Las Mannas

Garrucha

Mojácar

Torre

Cuevas del Almanzora

Vera

Antas

Huércal-Overa

Picnic area

Albox

Partalaoa

Olula del Río

Purchena

Macael

Cantoria

Albánchez

Utiella del Campo

Tahal

ACC-LEVANTE
Sunday, December 14th, 2014



**RUTA
DEL**

INVIERNO

From Bellabona Hotel to El Marchal and Los Gallardos

- 10.00 Welcome** at 10:00 at Ballabona Hôtel - autopista E15 - A7
exit 543 coming from the south or the north.
- 10.30 Departure**
- 11:00 Stopover** at MORA OIL gas station (ARBOLEAS)
Road Book challenge
- 11:45 Stopover** on the road for some tea and biscuits (picnic area)
- 12:45 Stopover** at café bar LOPEZ (RAMBLA ALJIBE)
- 13:30 Lunch** at restaurant PANIAJO (EL MARCHAL)
- 15:30 On option** : return to Los Gallardos through the Sierra de Bedar

Emergency : call **661 825 274** (Joel)

From: joel darget <joel.darget01@gmail.com>

To: Chas and Judy <chaslonghurst@gmail.com>; Hans and Jane <hans@korjos.com>; Harry and Ingeborg <hvanmalder@gmail.com>; Paul and Melany <acquirepg@aol.com>; Ray and Sybil <sybilray2000@yahoo.co.uk>; Richard and Maria <richardabird@msn.com>

Cc: Flo <florence.darget6@gmail.com>; PITTS, Andrew et Sally <andrewshorepine@aol.com>

Subject: ACCL RUN - December 14 th

Date: Tue, Dec 9, 2014 12:41 pm

Attachments: P1.pdf (5059K), P2.pdf (6275K)

Hola

Here the last news about our run next Sunday.

We hope you'll enjoy it as much as we did when designing it.

PARTICIPANTS (as of December 9 th)

Hans and Jane HORST

Ray and Sybil PERKINS

Harry and Ingeborg VAN MALDEN

Chas and Judy LONGHURST

Richard and Maria BIRD

Paul and Melanie GOUGH

Joel and Florence DARGET

WEATHER FORECAST

Very cloudy in the early morning, but from 10 am, the sun will defeat the clouds. Temperature is to be a bit chilly though (13°C) so do not forget to dress accordingly. Looking at the bright side of life : your engine wont suffer from the andalusian heat. Some very light rain is expected from 16:pm onwards, but we will be almost back home then.

ROAD BOOK

Please find attached the road book of the run (6 pages in PDF format split in 3 different mails). Kindly PRINT it (6 pages x 7 participants to print is quite boring and expensive) and do not forget to bring it on Sunday ! If any undesirable gremlin was haunting your printer, please let me know so that I bring you a copy.

ROAD BOOK CHALLENGE

We thought that following another car the whole day might be boring and that you would enjoy some excitement and adventure for 10 miles. But dont be afraid, it is a VERY easy challenge. No reading, only pictures to help you find your way through.

PICNIC

A picnic stop is to be held on the finish line of the RB challenge, according to the idea that it is better to have a drink while waiting for the lost souls ! But if it is too cold, we'll move to Zurgena where there are bars.

Flo and I will have tea, coffee, hot water, orange juice, cake, biscuits, some ham and cheese and glasses to share. But feel free to surprise us with some appetizers of your choice.

Kindly note that ladies room will be available in Arboleas (Mora Oil gas station), Zurgena or Rambla Aljibe but not at the picnic area which is in the open wilderness.

OPTIONAL FINISH.

10 kms before the restaurant, in the little village of El Pocico, there will be two options : drive a very... very... nice tarmac country road "essing" through the mountains (but ending by a one mile run in the rambla that leads to El Marchal). Or hit the regular road that goes by Lubrin towards El Marchal and Bedar. We may split in two groups if any of you do not feel like staining their wheels arches .

AFTER LUNCH

If you still have some stamina, I am ready to lead the most adventurous through the sierra of Bedar for a 22 kms run that will end in Los Gallardos for a last drink.

All the best and see you all on Sunday

Flo and Joel Darget




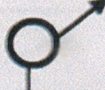





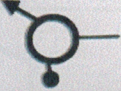

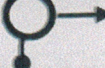




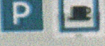



tel fixe : (00 34) 950 092 699

port. espagnol : (00 34) 661 825 274

port. français : (00 33) 685 55 35 29

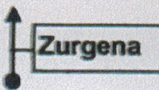















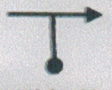


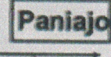


EL RUTA DEL INVIERNO - 14 December 2014

11.2014

| Partiel | Miles | Direction | Partial | Kms | Partiel | Kms | Direction | Partial | Miles |
|---------|-------|--|---------|------|---|------|--|---------|-------|
| 0,0 | 0,0 |  rest. BALLABONA | 0,0 | 0,0 | | |  x 3 | | |
| 0,2 | 0,2 |  to LA CONCEPCION | 0,3 | 0,3 | 0,2 | 8,3 |  to ALBOX | 0,3 | 13,4 |
| 0,1 | 0,3 |  AL7106 to LA CONCEPCION | 0,2 | 0,5 | 0,3 | 8,6 |  A334 to ALBOX | 0,5 | 13,9 |
| 2,4 | 2,7 |  AUCTION (PINK HOUSE) | 3,9 | 4,4 | 0,7 | 9,3 |  A1204 to ALBOX | 1,1 | 15,0 |
| 1,1 | 3,9 |  | 1,8 | 6,2 | | |  A1204 to ALBOX | 0,1 | 15,1 |
| 1,4 | 5,3 |  | 2,3 | 8,5 | | |  to ALBOX (Pol. Indust.) | 0,3 | 15,4 |
| 0,2 | 5,5 |  A1101 to ZURGENA | 0,3 | 8,8 | 0,1 | 9,7 |  MORA OIL gas station | 0,2 | 15,6 |
| 0,2 | 5,7 | ZURGENA | 0,4 | 9,2 | ROAD BOOK CHALLENGE see road book with pictures | | | | |
| 0,1 | 5,8 |  to "Ayutamiento" | 0,1 | 9,3 | | | | | |
| 0,2 | 6,0 |  | 0,4 | 9,7 | 9,7 | 19,4 |  PICNIC AREA | 15,6 | 31,2 |
| 0,8 | 6,8 | LOS MENCHONES | 1,3 | 11,0 | 0,1 | 19,5 | LLANOS DEL PERAL | 0,1 | 31,3 |
| 1,9 | 7,9 |  to ARBOLEAS | 3,1 | 12,8 | 0,4 | 19,9 |  (in the village) | 0,7 | 32,0 |
| 0,2 | 8,1 | ARBOLEAS | 0,3 | 13,1 | 0,2 | 20,1 |  | 0,3 | 32,3 |

CL RUTA DEL INVIERNO - 14 December 2014

11.2014

| Partiel | Kms | Direction | Partiel | Miles | Partiel | Kms | Direction | Partiel | Miles |
|---------|------|---|---------|-------|---------|------|---|---------|-------|
| 1,2 | 21,2 | (houses) | 1,9 | 34,2 | 0,1 | 24,0 |  Zurgena | 0,2 | 38,7 |
| 0,3 | 21,5 |  | 0,5 | 34,7 | 0,3 | 24,3 |  | 0,5 | 39,2 |
| 0,2 | 21,8 |  | 0,4 | 35,1 | 4,7 | 29,1 |  | 7,6 | 46,8 |
| 0,1 | 21,9 | CUCADOR | 0,1 | 35,2 | 2,4 | 31,4 | RAMBLA ALJIBE   | 3,8 | 50,6 |
| 20y | |  | 20m | | 1,7 | 33,2 |  to EL POCICO | 2,8 | 53,4 |
| | |  x 2 | | | | | EL POCICO | | |
| 0,2 | 22,0 |  | 0,3 | 35,5 | 0,6 | 33,8 |  to JAURO | 1,0 | 54,4 |
| 0,1 | 22,1 |  to MURCIA | 0,1 | 35,6 | 2,9 | 36,7 |  to JAURO | 4,7 | 59,1 |
| 0,1 | 22,2 |  A1101 to LA ALFOQUIA | 0,1 | 35,7 | 0,9 | 37,6 |  | 1,5 | 60,6 |
| 0,8 | 23,0 | LA ALFOQUIA | 1,3 | 37,0 | 0,5 | 38,1 |  into rambla (1 mile) | 0,8 | 61,4 |
| 0,1 | 23,0 |  | 0,1 | 37,1 | | | EL MARCHAL | | |
| 0,2 | 23,3 |  A1101 to ZURGENA | 0,4 | 37,5 | 0,9 | 39,0 |  Paniajo  | 1,4 | 62,8 |
| 0,6 | 23,9 | ZURGENA | 1,0 | 38,5 | | |  rest. PANIAJO tel. : 950 477 202 | | |

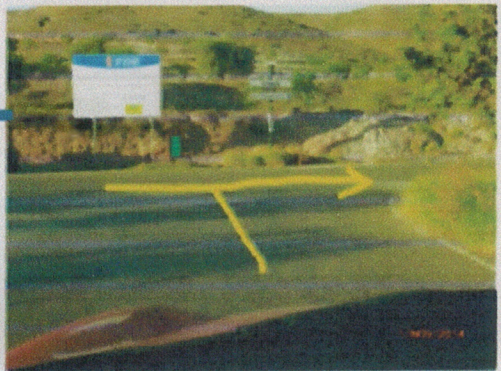
200 yards



100 yards



0,4 mile



0,4 mile

Mirador de Limaria



2,3 miles



100 yards



200 yards

to LIMARIA



START

Picnic area



2 miles



0,6 mile



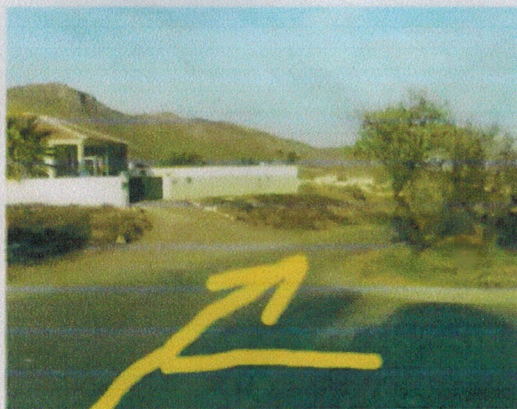
0,4 mile

road under repair at 0,2 miles

LOS CABRERAS



1 mile



0,3 mile



0,3 mile

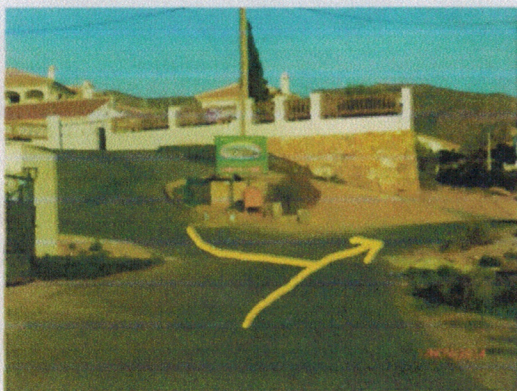


LOS HIGUERALES

1,7 miles



pothole at 0,4 mile



200 yards



CONTINUE