



24/7 AFS & Process2Perform Coaches Education Program



Sunday, March 5, 2023

Classroom Session #3

9.00 am

Overcoming roadblocks to organizational success
Your way of doing business
Hiring Practices
Player selection
Development culture

10.00 am Break

On-Field Session #3

10.15 am

Progression Stack - Hunt & Hammer Tackling
Progression Stack - Prime & Pummel Blocking

11.30 am Break

Weight Room Session #3

11.45 am

Areas of opportunity & using transferable movement patterns

12.30 pm Lunch

Classroom Session #4

2.00 pm

Breaking down Tape

3.00 pm Break

Open Forum

3.15 pm

Questions & Answers

4.00 pm End of Day 2