

**Resultatliste for Fjends-Løbet 2009****4,6 KM**

<b>Nr.</b>	<b>Navn</b>	<b>Klub</b>	<b>Resultat</b>
128	Lars Vels		00:15.36
116	Preben Tougaard	Viborg Atletik Motion	00:17.37
153	Peter Laursen	Easy Run Løgstrup	00:18.05
113	Ingerlise Villum Jensen	Viborg Atletik Motion	00:19.57
204	Nikolaj Pedersen		00:20.09
227	Claus Grud		00:21.12
279	Anders I. Jørgensen		00:21.13
285	Ole Bonne		00:22.24
247	Laura Nijhuis		00:23.11
87	Helene Jørgensen	Stoholm Løbeklub	00:23.46
138	Mette Kalhøj		00:23.54
146	Lars Østergaard Jensen		00:23.57
120	Henrik Sørensen		00:23.58
299	Kristen Rind Jensen		00:24.33
16	Nina Pedersen	Team Mønsted	00:25.52
235	Nicolai Lund	Team Mønsted	00:27.16
273	Martin Toft		00:27.21
129	Henning Sørensen		00:27.54
86	Pernille Jørgensen	Stoholm Løbeklub	00:28.00
99	Mads Dahl Rasmussen		00:28.03
13	Malene Larsen	Team Intersport, Struer	00:28.13
238	Viktor Ferm		00:28.14
96	Alex Madsen		00:28.16
268	Kathy Meins		00:28.19
256	Anders Bech		00:28.27
288	Winnie Andersen		00:28.44
57	Åse Kubel Høeg		00:28.55
277	Johnny Ingemann Pedersen		00:29.28
250	Torben Andersen		00:29.42
304	Benjamin Christensen		00:30.03
283	Mette Ejning		00:30.13
65	Jeanette Kjeldsen		00:30.47
245	Lasse Haahr Schmidt		00:30.53
66	Frederik Ørum Thomsen		00:30.58
246	Susanne Haahr Schmidt		00:31.10
209	Anders Damsgaard		00:31.17
216	Marianne Madsen		00:31.26
54	Hanne Kristiansen		00:31.28
164	Birthe Olesen		00:32.09
165	Annette Koue		00:32.10
17	Karina Korsgaard	Team Mønsted	00:32.11
170	Kim Majlandt		00:32.41
55	Esben Tøttrup		00:33.00
60	Holger Andersen		00:33.00
20	Lone Christensen	Team Mønsted	00:33.18
92	Karin Søgaard Sørensen		00:33.20
93	Mads Lyng		00:33.21
18	Anette Damsted	Team Mønsted	00:34.04
59	Lea Flarup		00:34.06
305	Malene Rasmussen		00:35.04
19	Annette Sørensen	Team Mønsted	00:35.23
229	Sofie Christiansen		00:36.10
21	Nancy Raufort	Team Mønsted	00:36.14
64	Anne Thomsen		00:36.17

139	Tove Ruskjær		00:36.25
253	Jeanette Kaptain Sørensen		00:36.35
297	Stine Kirk		00:37.22
85	Martin Jørgensen	Stoholm Løbeklub	00:37.43
84	Sigrid Jørgensen	Stoholm Løbeklub	00:37.56
100	Line Dahl Rasmussen		00:39.10
135	Simone Nygård		00:39.11
119	Julie Bisgaard		00:39.12
98	Marianne Dahl Rasmussen		00:40.03
101	Jonas Dahl Rasmussen		00:40.03
178	Lise Plüger		00:41.03
270	Per Mortensen		00:41.14
121	Laura D. Jensen		00:43.16
122	Mathilde Plüger		00:43.17
230	Maja Hall Pedersen		00:44.07
169	Julie Nielsen		00:44.08
88	Majbritt Tang Jønsson		00:45.25
89	Malthe Tang Jønsson		00:45.25
90	Gustav Tang Jønsson		00:45.25
276	Mathias Nielsen		00:46.21
298	Victor Jakobsen		00:46.25
300	Steffen Poulsen		00:46.29
287	Natasha Andersen		00:50.26
294	Inger Andersen		00:50.27
310	Bue Sørensen		00:51.57
308	Torben Schmidt		00:51.59
309	Lene Schmidt		00:52.00
210	Else Th. Pedersen		00:52.02
206	Peder Lervad		00:52.03
293	Heidi Jakobsen		00:52.05
295	Nadia Jakobsen		00:52.06
306	Nanna Gade		00:52.36
307	Sissel Jakobsen		00:52.37
240	Helle Poulsen		00:52.38
301	Simone Poulsen		00:52.39
275	Kathrine Nielsen		00:53.04
274	Marianne Nielsen		00:53.06
278	Sara Danielsen		00:54.04
281	Astrid Tutte Andersen		00:54.21
280	Jesper Danielsen		00:54.22
266	Laila S. Jespersen		00:54.23
289	Kurt Andersen		00:54.25
215	Lilian Jensen		00:54.29
197	Johan Gravgård Steffensen		00:59.10
194	Helle Steffensen		00:59.12
196	Clara Gravgård Steffensen		00:59.14
271	Doris Hansen		01:00.19
269	Inga Andersen		01:00.21
265	Karen Christensen		01:02.08
262	Alis Simonsen		01:02.09
272	Anita Axholm		01:02.11

#### Resultatliste for Fjends-Løbet 2009

Nr.	Navn	Klub	7,5 KM Resultat
192	Christian Kapper		00:17.15
222	Hans Mygind		00:27.50

171	Torben Kjelde	Sunset Boulevard Viborg	00:28.06
172	Kasper R. Nielsen		00:30.02
224	Michael Toft Væsel		00:30.14
144	Brian Jeppesen	Fjendsfræserne	00:30.17
94	Morten Andersen		00:30.22
258	Nanna Bagger		00:30.47
159	Tommy Kristensen	Easy Run Løgstrup	00:31.09
152	Jan Corlin	Easy Run Løgstrup	00:31.13
181	Søren Fly-Hansen		00:31.23
158	Preben Laigård	Easy Run Løgstrup	00:31.54
143	Christian Schmidt	Fjendsfræserne	00:32.14
14	Gert Gerges		00:33.34
50	Jan Olesen		00:34.18
160	Preben Jørgensen		00:34.18
214	Thomas Kaldahl		00:34.20
118	Annette Bisgaard		00:34.24
284	Kasper Foget		00:34.31
117	Marianne Gram		00:37.40
291	Henrik Andersen		00:38.25
243	Carsten Hansen		00:38.51
199	Steffen Jensen		00:39.09
111	Jimmi Kristensen		00:39.29
232	Thomas Lind Hansen		00:39.41
61	Anders T. Olesen		00:39.59
112	Martin Holm		00:40.00
109	Hanne D. Mortensen		00:40.30
203	Alfred Kristensen		00:40.30
78	Thomas Henriksen	Stoholm Løbeklub	00:41.29
231	Kate Villadsen		00:41.55
225	Hanne Væsel		00:42.00
252	René Frederiksen		00:42.10
286	Hans Christian Nielsen		00:42.31
175	Claus Dithmer		00:42.42
77	Bodil Nielsen	Stoholm Løbeklub	00:42.51
147	Martin Kjær		00:42.56
106	Thomas Helsted		00:43.26
105	Christian Helsted		00:43.30
58	Johannes F. Vesterby		00:43.54
79	Camilla Vinther	Stoholm Løbeklub	00:43.56
2	Bente Antonsen Jensen		00:43.59
75	John Eskildsen	Stoholm Løbeklub	00:44.01
242	Sten Sørensen		00:44.20
134	Lene Nygård		00:44.22
131	Hans Høeg	Birgittelyst Team	00:44.29
70	Peter Madsen		00:45.09
103	Emil Dahl Rasmussen		00:45.14
180	Lene Gertsen		00:45.18
226	Birgitte Bahat		00:45.22
102	Bjørn Dahl Rasmussen		00:45.23
166	Jens Koue		00:45.26
68	Jette Madsen		00:45.27
69	Søren Madsen		00:45.28
38	Ove Harrestrup	Team Mønsted	00:45.38
97	Steffen Busk		00:45.56
82	Vibeke Sørensen	Stoholm Løbeklub	00:45.58
83	Louise Meisner	Stoholm Løbeklub	00:45.59

212 Nicolai Bargmann		00:46.00
28 Gerda Nijhuis	Team Mønsted	00:46.04
37 Randi Drensborg	Team Mønsted	00:46.04
168 Malthe Majlandt		00:46.22
72 Poul Erik Jørgensen	Stoholm Løbeklub	00:46.28
183 Christian Carlsen		00:46.53
53 Ole Jespersen		00:47.01
56 Søren Pedersen		00:47.02
80 Charlotte Vinther	Stoholm Løbeklub	00:47.10
311 Daniel Skeie		00:47.29
31 Jørgen Olesen	Team Mønsted	00:47.50
130 Birgit Hillersborg		00:47.52
223 Yochi Bahat		00:48.03
185 Line Nitzsch Pedersen		00:48.27
186 Vibeke Nielsen		00:48.28
73 Hanne Hansen	Stoholm Løbeklub	00:48.32
263 Birgit Toft		00:48.33
25 Inger Jørgensen	Team Mønsted	00:48.50
248 Brian Riis Søndergaard		00:49.01
220 Tage Laursen		00:49.25
62 Nina Hygum		00:49.27
74 Grete Toft	Stoholm Løbeklub	00:49.29
126 Anne Marie Fårbæk Sørensen		00:49.30
282 Bettina Schmidt		00:49.45
267 Martin O. Jespersen		00:51.24
290 Frederik Andersen		00:51.25
34 Conni Clausen	Team Mønsted	00:51.27
107 Elvi Jensen		00:51.28
125 Knud Lund Jensen		00:51.34
81 Ebba Vinther	Stoholm Løbeklub	00:51.37
76 Rikke Søndergaard	Stoholm Løbeklub	00:51.38
91 Anette Witt		00:51.47
292 Helle Stilling Sørensen		00:52.06
9 Louise Christensen	Team Intersport Struer	00:52.32
29 Karen Laigaard Christensen	Team Mønsted	00:52.43
27 Joan Sørensen	Team Mønsted	00:52.48
35 Hanne Nielsen	Team Mønsted	00:52.57
8 Tina Larsen	Team Intersport Struer	00:52.58
30 Else Andersen	Team Mønsted	00:52.58
32 Kirsten Jønsson	Team Mønsted	00:53.00
24 Tonny Mørup Christensen	Team Mønsted	00:53.04
26 Stence Svendsen	Team Mønsted	00:53.08
201 Hanne Kristensen		00:53.22
36 Else Marie Møller	Team Mønsted	00:53.24
176 Conny Andersen		00:53.34
33 Kristian Jønsson	Team Mønsted	00:53.47
63 Lotte Keiser		00:54.12
114 Lise Schmidt		00:55.31
115 Sara H. Schmidt		00:55.32
124 Lone O.E.V. Christensen		00:56.21
123 Aase V. Christensen		00:56.24
23 Birgit Jensen	Team Mønsted	00:56.50
22 Lissi Boye	Team Mønsted	00:56.51
188 Hanne Johansen	Idrætsforeningen Flyvestation Karu	00:58.20
174 Bente Frederiksen		00:58.57
110 Anders Holm		01:03.10

234	Sonja Jensen	01:08.48
233	Jane Emilie Søndergaard	01:08.49
177	Guðrun Christiansen	01:17.07
184	Else Poulsen	01:17.08

### Resultatliste for Fjends-Løbet 2009

**11,3 KM**

Nr.	Navn	Klub	Resultat
95	Martin Elgaard		00:34.28
213	Kjeld Olsen	Skive AM	00:39.37
12	Poul Østergaard		00:40.05
127	Michael Elkjær		00:43.19
163	Peter Ahne	TSV Mindelheim	00:44.50
162	Keld Vejgaard		00:45.20
251	Bennie Nijhuis		00:45.21
15	Kim Holk		00:45.43
4	Søren Johansen	Team Intersport Struer	00:46.00
5	Per Holm Larsen	Team Intersport Struer	00:46.02
136	Torkil Pedersen		00:46.14
200	Jens Larsen		00:46.15
39	Michael Toft	Team Mønsted	00:46.43
41	Christian Andersen	Team Mønsted	00:46.44
221	Henrik Juelsgård		00:46.45
40	Per Pedersen	Team Mønsted	00:46.52
149	Thomas Therkildsen		00:46.55
264	Carsten Jensen		00:47.03
141	Børge F. Mikkelsen		00:47.17
187	Jacob Flintholm		00:47.18
150	Kim Jeppesen		00:47.22
45	Belinda Ditlevsen	Team Mønsted	00:47.33
133	Lynge Svendsen		00:47.35
189	Michael Dunvald		00:47.42
7	Mette Larsen	Team Intersport Struer	00:47.43
179	Klaus Gertsen		00:47.46
48	Egon Jensen	Team Mønsted	00:47.54
10	Niels Ole D. Nielsen		00:48.00
202	Rasmus Jønsson		00:48.02
217	René Karlsen		00:48.06
219	Claus Doktor		00:48.08
151	Jan Holmgaard		00:48.10
244	Karina Christensen		00:48.11
132	Magnus Knudsen		00:48.29
104	Thomas Navntoft		00:48.36
259	Katrine Toft Væsel		00:48.38
239	Dan Ferm		00:48.51
137	Irene Sørensen		00:49.08
67	Bent Thomsen		00:49.16
6	Kim Nisgaard	Team Intersport Struer	00:49.38
167	John E. Jensen	Skive AM	00:49.48
43	Jan Dalberg	Team Mønsted	00:50.04
142	Simon Tollerud		00:51.31
211	Thomas Damsgaard		00:52.13
208	Tommy Damsgaard		00:52.18
205	Gert Gundorff		00:52.45
190	Knud Erik Pedersen		00:52.46
191	Villy Sørensen		00:52.47
195	Annalise bitsch		00:52.51

261	Gitte Glintborg Pedersen		00:52.52
193	Vita Schjøtler		00:52.54
218	Birthe Pedersen		00:53.01
198	Jørn Dollerup Nielsen		00:53.02
46	Bo Jensen	Team Mønsted	00:54.31
236	John Bech		00:54.36
47	Bent Astrup	Team Mønsted	00:54.43
52	Carina Andersen		00:55.52
257	Arne Svendsen		00:56.04
303	Martin Jakobsen		00:57.44
302	Anders Klausen		00:58.06
254	Aleksander Krab Koed		00:58.35
1	Anders Jakobsen		00:59.53
182	Bent Lassen		01:01.46
140	Bent Vestergaard		01:03.17
161	Daniel Neumann		01:03.27
173	Ove Frederiksen		01:03.57
148	Peter Visgård		01:04.10
237	Bodil Bech		01:04.13
156	Dennis Oude Geerdinis		01:04.20
228	Birgith B. Langballe		01:04.27
51	Finn Højbjerg		01:04.33
157	Keld Plovst		01:04.42
255	Leif Jakobsen	Stoholm Løbeklub	01:04.47
42	Lis Mikkelsen	Team Mønsted	01:04.49
44	Grethe Majgaard	Team Mønsted	01:04.49
3	Lars Johansen		01:05.15
49	Søren Østergaard	Team Mønsted	01:05.17
145	Teddy Schmidt	Fjendsfræserne	01:05.52
260	Egon Lindgaard		01:06.00
71	Lisa Elgaard	Stoholm Løbeklub	01:06.23