



LEADING WOMEN EMPOWERMENT AND TRANSFORMATION AUTHORITY

OUR VISION

Our vision is to transform the lives and status of less privileged and disadvantaged girls, women, and families, enabling them to become aware of their rights, realise their full potential, and excel into positions of leadership and financial independence.

OUR CORE CONVICTION

All humans are born equal and every individual is unique, regardless of their background or the circumstances surrounding them. Knowledge is potential power, and the application of knowledge is true power. People are less privileged or disadvantaged due to a lack of knowledge.

OUR MISSION

To become a world-class advocate, role model, and leader for young girls, women, and families by delivering cutting-edge consultations, workshops, seminars, and conferences strategically designed to educate, empower, mentor, inspire, and lead, while fostering the integration and leadership of young girls, women, and families in the UK and internationally.



Every individual is unique and endowed with great potential to impact the world....

~ S. Forchap-Likambi

WHO WE ARE



DR SYLVIA FORCHAP-LIKAMBI

FOUNDER & CEO

My core conviction (which is the core conviction of Voice of Nations) is that all humans are born equal and every individual is unique, regardless of their background or the circumstances surrounding them. I strongly believe that each and every one of us is very unique and special and endowed with unique abilities and qualities to fulfil a unique mission on earth; what I broadly refer to as our purpose of existence.

~ S. Forchap-Likambi

Dr. Sylvia Forchap-Likambi is a visionary, multi-award winning leading empowerment and transformation authority, transformational Speaker/ Coach, and 7X international bestselling author; specialized in the delivery of very high quality/cutting edge empowerment, revolutionary leadership and transformation programs.

She is the Founder and CEO of "Behaviour Changed" Award Winning Community Interest Company, Voice of Nations; and Founder/Global Chair of The Global Visionary Women Network and Global CEO/Consultant of Dr Sylvia Likambi International/ Dr Sylvia Likambi International Health & Wellbeing Clinic.

She brings a very unique and dynamic blend of inspiration, purpose, empowerment, and transformation in her mentoring, coaching, and engagements; that has the potential of transforming the most dormant/negative mindset into a highly productive/positive and dynamic mindset, capable of setting and achieving any life goal.

Over the years, she has coached, empowered, inspired, and positively impacted/ transformed over 1.5 million lives globally, thousands of female entrepreneurs, and relentlessly empowered many to come out of addictions, depression, get into training, volunteering, employment/ self-employment, leadership roles; and also offered them several of such opportunities through her organizations.

Her ethnicity, life experiences, educational background, resilient nature, and down to earth personality has given her the tremendous opportunity and privilege to serve and interact with some of the most deprived and underprivileged within diverse cultures, educational backgrounds, and communities; inspiring and challenging them to step forth confidently to unleash their untapped potentials and fulfil their dreams, regardless of their background, gender or circumstances.

She is a strong believer of the fact that as leaders we are called to serve rather than being served, and that to whom much is given much is expected. As a result, she endlessly embarks on a selfless journey of service and giving back to her community without an expectation of being financially rewarded or praised. Her greatest reward is in the satisfaction she gets from experiencing lives being transformed as a result of her humble service to humanity.

WHO WE ARE



ABOUT US

Voice of Nations (VON) is a multi-award-winning leading authority on women's empowerment and transformation, and an innovative community interest company established in August 2010 in Liverpool, with a global outreach.

We develop and deliver innovative and ground-breaking intensive empowerment and transformation programs designed to empower our beneficiaries and facilitate real and permanent change from within them. We don't just focus on resolving external issues or symptoms of their problems, but support our clients to identify the root causes of their problems and overcome internal fears, barriers and challenges. Our transformational programs are developed by building on the solid foundation and success of our previous programs; and are therefore based on real evidence, prior knowledge and success.

Over the years, our core activities have been designed and delivered to educate, empower, mentor, inspire and boost the confidence of young girls and women and their families, in Liverpool and the UK. With over 13 years of expertise knowledge and experience working with over 10,000 beneficiaries and stakeholders (and over 2 million individuals virtually), we have a renowned history of expertise and revolutionary approach towards women empowerment and transformation; and are currently the leading multicultural well-being empowerment and transformation organisation in Liverpool.

OUR VALUES

Honesty
Integrity
Quality
Excellence
Relationships
Comfort
Identity
Equality
Peace

OUR OBJECTIVES

- Create and establish effective networks and partnerships with public and private sector organisations/ agencies and communities.
- Improve the health and well being of young girls, women and their families.
- Reduce unemployment and poverty amongst women and increase the number of women participating in skilled jobs and self-employment.
- Increase adult literacy, numeracy and the number of young girls having access to basic/ primary education.
- Encourage and promote childcare provision and flexible working hours for women.
- Improve housing conditions and the quality of life for young girls/women and their children.
- Organise inspirational and motivational meetings, seminars, awards and conferences.
- Organise empowerment/leadership workshops, seminars and conventions.
- Promote female entrepreneurship and leadership.
- Promote and organise social and recreational events.

WHY CHOOSE US?

- Our passion and faith is enough to move mountains and take you to your next level of success.
- We are common people with uncommon dreams and visions, who can empathise with you.
- We are role models and can inspire you to overcome life's challenges and flourish.
- We lead by example; our life is a testament to our authority and leadership.
- Your identity is unique and core to us; we will invest time and tailor our support to your individual circumstance.
- We are original, innovative and authentic, providing an incomparable experience and transformation.



GET INVOLVED

BECOME AN AMBASSADOR

BECOME A MEMBER

FUND/SPONSOR A PROJECT

VOLUNTEER WITH US

PARTNER WITH US

LEARN WITH US

DONATE

 *...Come now and experience with Voice Of Nations this bold and divine journey of Hope, Empowerment, Transformation and Leadership...* 



OUR SERVICES



DEVELOPING UNWAVERING CONFIDENCE

THRIVING FAMILIES

BOOK WRITING & PUBLISHING

MENTAL DETOX AND WELLBEING

THE POWER OF SELF LOVE

EMOTIONAL INTELLIGENCE

INTENSIVE MENTORING

BUILDING RESILIENCE

PUBLIC SPEAKING

UNLOCKING YOUR CHILD'S CONFIDENCE & FULL POTENTIAL

YOUTH COACHING & EMPOWERMENT

BUSINESS COACHING

LIFE COACHING

RELATIONSHIP COACHING

TRANSFORMATIONAL LEADERSHIP

AND MUCH MORE...

OUR SERVICES



DEVELOPING UNWAVERING CONFIDENCE

This is a cutting-edge award-winning training specifically designed for those looking to enhance their self-esteem, self-perception, self-confidence, and motivation to achieve greater success and fulfilment in every area of their life. These unparalleled and revolutionary intensive, dynamic, challenging, and motivational workshops and bespoke 1-2-1 sessions are designed to empower and equip students with innovative tools, resources, and powerful strategies to develop and enhance their self-esteem, self-perception, self-confidence, creativity, and motivational/problem solving skills; and enable them to maximise their full potential.

THRIVING FAMILIES

Thriving Families is a bespoke intervention aimed at empowering BME parents, carers and families. It provides a long term ongoing intensive support, which includes workshops, mentoring, and drop in/outreach support to develop and enhance effective parenting skills, relationships, social/communication skills, and improve the mental and physical health and well-being of BME parents/carers and families in Liverpool.

Project Activities:

- Family drop-in support
- Family outreach
- Family well-being empowerment workshops & conferences

Start children off on the way they should go, and even when they are old they will not turn from it...

~ Proverbs 22:6

Leadership is the spirit, desire and passion to love, serve and guide others selflessly, being ready to work and follow them through the pain of their vision and journey to success and fulfilment...

~ S. Forchab-Likambi

OUR SERVICES



BUILDING RESILIENCE

Our building resilience workshops are aimed at bringing clarity, providing guidance, and fundamental principles on how to be steadfast and never give up - even in the face of life storms/challenges and uncertainty. These workshops are aimed at those who have encountered severe challenges in life and have given up hope.

By the end of the program, participants are enabled to become more confident and testify a significant change in their lives. Participants will learn what resilience is and why it is important to be resilient, gaining 7 practical strategies to overcome challenge and build resilience, which can be applied to any of life's challenges and problems.

PUBLIC SPEAKING

Our public speaking workshops are for those who don't feel that they can communicate well with others due to a lack of confidence, and wish to improve their public speaking skills.

The ability to confidently communicate is a key part of building relationships with others and can benefit individuals in all aspects of life, such as job interviews etc.

By the end of the course, students will be enabled do this confidently, and will work towards preparing and delivering a 10 minutes presentation on the final day of course.

INTENSIVE MENTORING

We deliver intensive mentoring sessions lasting for up to 12 months, which embed coaching, functional skills support, ICT training, job search, CV development, presentation/interview support, signposting, and self-employment support.

The mentoring program is set up to meet individual needs and priorities in a very flexible and tailored manner; such that beneficiaries are able to attend their mentoring sessions, as scheduled.

The program aims to empower mentees to become aware of their uniqueness and strengths and long-term goals and vision by the end of the program, and greatly improve their self-esteem and confidence.

The project had a significant long-term effect on beneficiaries; whose confidence, self-worth, and employability is greatly increased. For instance, 90% of mentees come into the program without clarity and direction, but leave with a clear vision of what they would like to pursue upon exiting the program.



UNLOCK YOUR CHILD'S CONFIDENCE & FULL POTENTIAL

Our dynamic and inspiring after school club for 5 to 11- year-olds is aimed at helping children and unlock their potential.

The program involves:

- Intensive homework support
- Academic enrichment
- Recreational activities
- Confidence building
- Arts & craft classes
- Parenting support group

OUR SERVICES

ENGLISH FOR SPEAKERS OF OTHER LANGUAGES (ESOL)



The highly successful ESOL programmes at Voice Of Nations is designed for adult (16+) speakers whose the first language is not English, who are living or trying to settle in England.

The courses aim to develop listening, speaking, reading, writing and understanding of the English language, whatever the starting level of knowledge.

The course will help you to develop your communication skills for everyday situations and help you to live, work and study successfully in the United Kingdom.

Improving your English skills can help you get more out of your life in the UK. It will also help if you want to study, improve your CV, or apply to become a British citizen.

IELTS PREPARATION CLASSES

The IELTS is the world's most popular English language test for studying in higher education. IELTS is an essential qualification to hold if you're a non-native English speaker and wish to apply to an English speaking university, or for secondary, vocational or training programmes.

Our IELTS exam preparation courses will help you to develop the language and confidence you need to pass your IELTS exam, focusing on the reading, writing, speaking and listening components.

At the end of the IELTS course you can expect to:

- Achieve the best possible IELTS result for you;
- Be able to approach the four components with greater confidence;
- Be able to use a wider range of academic and general vocabulary and grammar;
- Be able to recognise the areas you need to improve.



OUR SERVICES



MENTAL DETOX & WELLBEING

A mental detox will enable you to stop unhealthy thought patterns, and create more mental aptitude for positive and healthy thoughts, while also allowing your breathing to deepen and for your body to go into a healing, reparative mode.

Doing away with negative thinking and thought patterns allows you to feel more serene and optimistic about life as a whole. It gives you the opportunity to be able to take in new information every day, and focus on what truly matters and adds value to your life and the life of others – appreciating your greatest strengths and the gift of life.

THE POWER OF SELF LOVE



This course is designed to teach those who are either suffering mental health issues, such as depression, or feel as though they are worthless to become aware of the basis and fundamentals of love. These sessions will enable you to become aware of why it is paramount to love yourself and cultivate a healthy relationship with yourself, forgiving yourself and those who have hurt you in the past.

Participants of this course have since been able to cultivate daily habits to show more self love, care, respect, and appreciation towards themselves and others, and greatly improved their mental and emotional health and well being.

EMOTIONAL INTELLIGENCE

These workshops are designed to empower learners who suffer from negative 'self talk' to develop emotional intelligence and take control of their lives and relationships, enabling participants to:

- Fully understand how to maximise emotional intelligence.
- Develop significant Self-Awareness and Self-control
- Improve their relationships with themselves and better manage their relationships with their children and others.
- Improve communication skills and become more positive and optimistic.

 *Every individual is unique & endowed with great potentials to impact the world...* 

~ S. Forchap-Likambi



OUR SERVICES

BUSINESS COACHING

The core of this coaching will be centred on:



- Understanding the power of company/ corporate vision and mission statement.
- Reviewing and communicating company's vision and mission statement clearly.
- Setting clearer business, personal and professional development and financial goals, objectives, and success strategies, and how these could be clearly communicated throughout the business.

- **Strategic Thinking and Planning:** You will learn how to stand back and view the future, remain ambitious, optimistic, and at the same time think critically, to identify any underlying problem, or set back, and then plan, and act.
- **Time Management:** Explore strategies to maximise your business resources and output

This is also an excellent opportunity for anyone wanting to start up their own business to be coached by a very dynamic and successful ILM certified business/executive coach and serial entrepreneur.

LIFE COACHING

You will go through an intensive personal development and personal performance/ lifestyle coaching, that will enable you construct and maintain essential and successful life skills. Such skills will enable you develop the personality and strength of character of a great and resilient individual and leader of integrity, and empower you to deal effectively with different situations and people at different times, especially with difficult/ challenging situations and people.

 *Seeing yourself as you want to be is the key to personal growth.* 



YOUTH COACHING

This coaching program has been specifically designed to guide young people in becoming vibrant and pro-active members of the society, with a clear sense of direction and purpose, to become outstanding young leaders.

The youth/s will be coached and supported to identify their goals, dreams, visions, fears and barriers, and empowered with the tools and resources to overcome potential challenges and take actions to maximise their potential and fulfil their vision.

Youths leave the course well equipped with a greater understanding of their uniqueness, potentials and an increased self-esteem, confidence and motivation to live a life of purpose regardless of their background or life circumstances.

OUR SERVICES



YOUNG PEOPLE EMPOWERMENT

These are highly empowering and creative workshops designed to explore and unleash the natural gifts, talents and potentials trapped within young children, while they are still young and full of aspirations and life.

We witnessed that, even at such tender age, such aspirations and life might sometimes be concealed or suppressed by their environment, background and beliefs/ mindset. Hence, the workshops will empower them with practical tools and resources that will enable them to recognise and overcome every limiting factor, mindset/ belief, and develop a complete mindset shift and transformation.

At the end of the program, they will have the opportunity and support to develop and write their own stories or poems, which will be a true reflection of who they are and how they perceive and see themselves.

Too often, children underachieve in school, and some of them are designated as special needs children, which unfortunately results in such amazing abilities and potentials becoming suppressed and unrecognised due to lack of faith and belief in themselves or by parents/peers and society! These children must be empowered to exploit their natural gifts and potential and add value to our community and world.

~ S. Forchap-Likambi



OUR SERVICES



TRANSFORMATIONAL LEADERSHIP



VON offers highly dynamic and challenging Leadership Empowerment programs and training for your teams, staff, managers, companies, schools, churches, and individuals in all positions and roles of responsibility and leadership. These highly electrifying and very practical workshops are designed and delivered with immense passion and energy, to create leadership awareness, unleash and develop a clear mission, vision, and leadership principles and purpose.

Some of this award winning training includes:

- The Pursuit and Power of Vision;
- Unveiling The Authentic Leader in You- The Power of Purpose;
- Transforming Leaders To Global Agents of Change;
- Train The Trainer/ Leader Workshops and Masterclasses.



There are also life changing opportunities to embark on transformational leadership retreats with Dr Sylvia Likambi, that give you the amazing opportunity to look within you, and unleash/ nurture the great leader that has always been in you.

 *The pessimist complains about the wind. The optimist expects it to change. The leader adjusts the sails.* 

~ John Maxwell



Before this training and my mentorship...I did not have the confidence to speak in public...but now I am bold with confidence.

MY JOURNEY TO A MEANINGFUL & PURPOSEFUL LIFE

By Oluwatoyin Akinduro

Voice of Nations is an institution under the tutorship of Dr Sylvia Forchap-Likambi that I can never forget in my life.

After a devastating road traffic accident, I was involved in 4 years ago, life became meaningless to me. It looked as though that was the end to my career, because of my constant fear of the unseen and lack of confidence. I always asked the question, "When will I ever go back to work? Will I ever be able to function to my fullest capacity and potential?"

The tuition on wellbeing, unleash your authentic identity, developing unwavering confidence, and public speaking under Dr Sylvia and her mentorship has helped me to recognize and develop strategies to cope with the stresses and strains.

Before this training and my mentorship with Dr Sylvia, I did not have the confidence to speak in public or to attend an interview; but now I am bold with confidence, can confidently speak in the public and can attend face-face interviews without fear or stress.

These training and mentorship have profoundly transformed my life, and I am now looking forward to acquiring more skills and further my career in teaching and learning in the Early Years Educational Sector, because of my passion for young children development.

Hope my story inspires you to believe change is possible in every situation!

Thank you, Voice of Nations, Thank you Dr Sylvia.

"Dr Sylvia is an amazing woman. She transformed my life at a time when as a wife and mother, I thought I was useless and worthless and therefore had nothing to offer to myself and society. I went through her life changing courses and it completely changed my mind set about myself and the way I saw myself. She made me realise my potentials and the fact that I am a leader and can be the best I want to be if only I wake up. I applied what I learnt from her into my life and it completely transformed my marriage, my role as a mum and a woman in my society. I began also telling my friends some of the things I learnt from her. Dr Sylvia, thank you so much for transforming my life with your motivational talks and programs." **Lauren**

"It was a truly enjoyable and inspirational experience and session. I am so impressed how passionate and determined you have been. I thought I would never be able to be a leader, but you completely changed my notion. Thank you for your effort in the session. Now I know I am unique – like the one and only person that exists in this world. As I'm interested in International Development, the course gave me a foundational understanding of self-empowerment. Thanks!"

MIN

Social Care Student, The University of Central Lancashire. United Kingdom

"For the past four years in the UK, I have returned to the mental hospital every year in March (which is when I was raped and experienced the massacre of my dad in my country of origin). However, for the very first time in my life, I felt important, understood and worthy to live again as a result of your mentorship and intensive support, and never again have I returned to that hospital. Many more women need to know about Voice of Nations and the great work you do."

Helen

MY JOURNEY FROM NON-ENGLISH-SPEAKING MIGRANT TO SUCCESSFUL BUSINESS OWNER OF THE FLAVOURS RESTAURANT

By Amitcha Lima, Owner of The Flavours Restaurant.

When I first moved to Liverpool with my 2 sons I had problems communicating or getting a job, as I spoke very little English.

Out of recommendation, I visited VON and enrolled in 3 of their new programs. This was the beginning of a new stage in my life. I learnt from these courses that it was more important to focus on my strengths and passion and great cooking skills, and maximise them, letting these determine my actions rather than focusing on my weaknesses. I became very confident during and after the programs, which greatly helped me secure a new council house for my family and got a part time job in a restaurant.

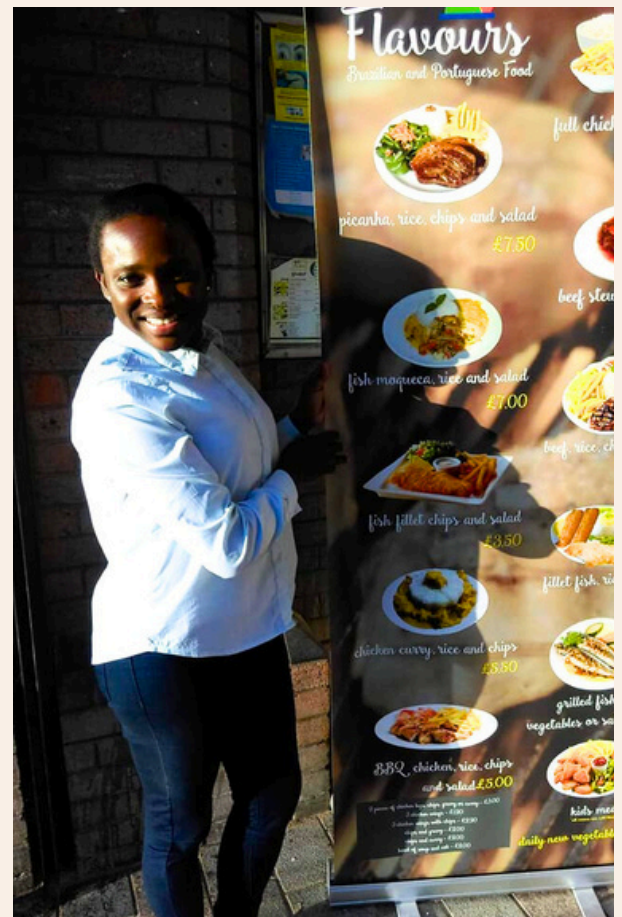
Each time I encountered a challenging situation, I will always hear some of the inspiring and powerful words said by the tutor during the course play back in my head. These kept me going and succeeding until I felt confident and ready to start my restaurant business again.

Voice of Nations then referred me to another women's organisation, which unfortunately, could not help me, as my English wasn't good enough to write a business plan.

I went back to VON, feeling very disappointed. I remember Dr Sylvia encouraging me not to give up, saying people will come to my restaurant because my food is excellent and not because I spoke good English. She encouraged me to continue to learn and improve my English, but not to put my business

startup goals on hold. I immediately enrolled in VON's intensive mentoring programme. I was supported to fully developed a business plan at my own pace. I successfully opened my business and even got some funds from my local job centre with her support. I was also offered VON's premises to be used as my initial restaurant.

With their continuous support and networking events, I got a lot of connections and clients, and was eventually offered a place by the City Council at The New St John's Market. Voice of Nations is doing an amazing work in the community and transforming real women's lives without discrimination. I wish they could be supported financially to increase their work and reach out to many more women like myself, whose lives and families will be completely transformed by their work.



Out of recommendation, I visited VON...This was the beginning of a new stage in my life...



MEET THE TEAM



Dr Sylvia Forchap-Likambi
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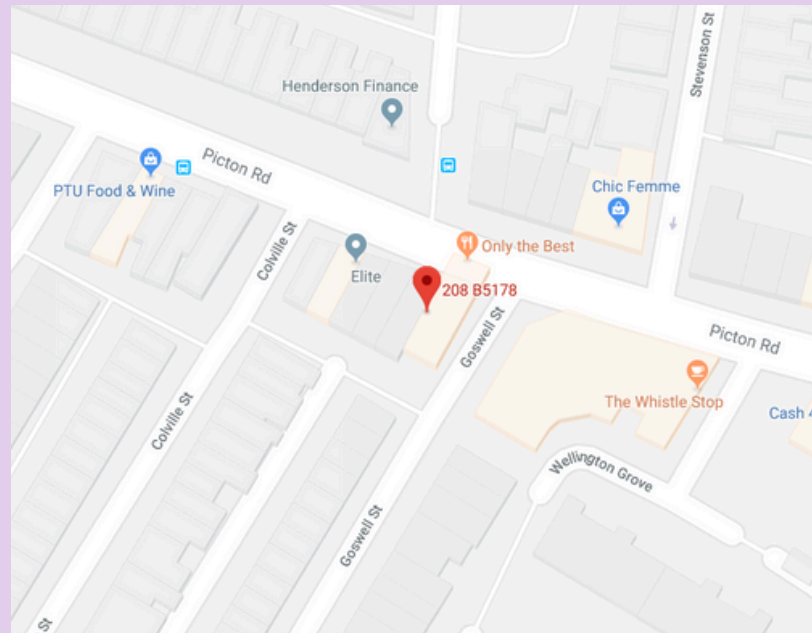
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*You are unique and special, regardless of your gender,
race, religion, background, or circumstances...*



~ S. Forchap-Likambi



