



MENU

Delivery Fees

FREE for orders above 750EGP

30EGP for orders above 400EGP

45EGP for order below 400EGP

60EGP for orders below 250EGP



Delivery Schedule

- All following locations within 3 working days: Alexandria, Heliopolis, Sheraton, Nasr City, El Zeitun, El Nozha El Gedeeda, New Cairo, Rehab, Madinaty, Sherouk, Zamalek, Downtown, Mohandessein, Dokki, Agouza, Sheikh Zayed, 6th of October, Hadayek El Ahram, Hadayek El Kobba
- TUESDAYS: Maadi, Mokattam

We collect & prepare orders one day ahead of delivery, so kindly place your order before 2PM the day before delivery.

Bakery



"ALL PRODUCTS HAVE HIDDEN FRUITS & VEGGIES"

CAN BE STORED UP TO 6+ MONTHS



Veggie Muffins *

Zucchini, Carrots, Apple, Orange, Dates, Eggs & Honey

6PIECES	9PIECES	18PIECES
102	145	240
		290 (50 Off)

Pumpkin & Sweet Potato Muffins *

Sweet Potato, Pumpkin, Chia Seeds, Eggs & Molasses

102	145	240
		290 (50 Off)



Dried Fruit Muffins *

Dates, Fig, Dried Apricots, Prunes, Raisins, Coconut Flax & Molasses

108	153	254
		306 (52 Off)

Mix of All Muffins *

Mix of Veggie, Pumpkin & Dry Fruit Muffins

104	148	245
		296 (51 Off)

* 6-pcs pack come in a tray; 9-pcs pack come in a box with each muffin packed individually.
* Upon customer request, muffins in 6pcs pack may be topped with honey & colored or chocolate sprinkles (May include sugar and artificial colors)



Sweet Potato Brownies

Sweet Potato, Zucchini, Carrots, Dates, Unsweetened Cocoa Powder, Eggs & Honey

5PIECES	12PIECES	24PIECES
96	207	343
		414 (71 Off)



Iron Brownies

Dates, Spinach, Tahini, Molasses & Unsweetened Cocoa Powder

96	207	343
		414 (71 Off)



Veggie Biscuits

Carrots, Zucchini & Honey

22PIECES	66PIECES	220PIECES
48	119	425
	144 (25 Off)	480 (55 Off)



Fruits Biscuits

Apple, Orange & Honey

48	119	425
	144 (25 Off)	480 (55 Off)



Iron Biscuits

Spinach, Molasses, Cinnamon & Unsweetened Cocoa Powder

48	119	425
	144 (25 Off)	480 (55 Off)



Mix of All Biscuits

1 pack of each of the 3 flavors

48	119	425
	144 (25 Off)	480 (55 Off)

TRY ME

Bakery Bundle

Iron Brownies 5pcs
Mix of all Muffins 6pcs
Sweet Potato Brownies 5pcs
Fruits, Iron & Veggie Biscuits 3packs

410 EGP

FREE DELIVERY

No Honey, No Eggs & No Dairy



Red Cake

Beetroot, Dates, Zucchini & Unsweetened Cocoa Powder.

6PIECES	12PIECES	24PIECES
99	178	295
		356 (61 Off)

Green Cake

Sweet Potato, Spinach, Dates & Apple.

102	183	304
		366 (62 Off)

Yellow Cake

Pumpkin, Carrots, Zucchini & Dates.

99	178	295
		356 (61 Off)

Fruits Cake

Mix of Red, Green & Yellow Cakes.

5PIECES	12PIECES	24PIECES
102	180	299
		360 (61 Off)



Teething Biscuits

Zucchini, Apple & Dates.

14PIECES	42PIECES	140PIECES
48	119	425
	144 (25 Off)	480 (55 Off)

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BABY LED-WEANING



Suitable for Babies 6+ months

Kindly consult your pediatrician

(Easily Chewable, NO Egg, NO Dairy, NO Salt, NO Honey, NO Sugar)

Protein



Baby Chicken Patties ... 400grams
Chicken, Burghul & V-licious 7 Hidden Veggies Mix.

178
12 Pieces



Baby Beef Patties ... 400grams
Beef Meat, Burghul & V-licious 7 Hidden Veggies Mix.

255
12 Pieces

TRY ME

Baby Bundle

Baby Chicken Patties
Baby Beef Patties
Fruits Cake
Teething Biscuits

EGP **513** +



Bakery



Red Cake ... 30grams each
Beetroot, Dates, Zucchini & Unsweetened Cocoa Powder.

6PIECES 12PIECES 24PIECES

99 178

295
356 (61 Off)



Green Cake ... 30grams each
Sweet Potato, Spinach, Dates & Apple.

102 183

304
366 (62 Off)

Yellow Cake ... 30grams each
Pumpkin, Carrots, Zucchini & Dates.

99 178

295
356 (61 Off)

Fruits Cake ... 30grams each
Mix of Red, Green & Yellow Cakes.

5PIECES 12PIECES

102 180

299
360 (61 Off)

Teething Biscuits ... 80grams
Zucchini, Apple & Dates.

14PIECES 28PIECES

48 119

140PIECES
425
480 (55 Off) 

V-licious 7 Veggies Mix

Zucchini, Carrots, Spinach, Broccoli, Mulukheya, Green Pepper, Leafy Greens (Celery, Parsley & Coriander)

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Savory



"ALL PRODUCTS HAVE HIDDEN VEGGIES"

TRY ME

Savory Bundle

Beef Kofta
Green Patties
Veggie Nuggets
Chicken Nuggets

EGP **424** +



SMALL LARGE

Chicken Nuggets

Chicken, Eggs, Burghul, Breadcrumbs & V-licious 7 Hidden Veggies Mix

125 178
8 Pieces 12 Pieces
~250g ~360g

LARGE x2
296
24 Pieces
356 (60 Off)



Chicken Pops

Chicken, Mozzarella Cheese, Eggs, Burghul, Breadcrumbs & V-licious 7 Hidden Veggies Mix

134 190
12 Pieces 18 Pieces
~250g ~360g

315
36 Pieces
380 (65 Off)



Beef Kofta

Beef Meat, Burghul & V-licious 7 Hidden Veggies Mix.

168 319
10 Pieces 20 Pieces
~250g ~500g

528
40 Pieces
638 (110 Off)

Mini-Burger

Beef Meat, Eggs, Burghul & V-licious 7 Hidden Veggies Mix

168 319
7 Pieces 14 Pieces
~250g ~460g

528
28 Pieces
638 (110 Off)



Meat Balls

Beef Meat, Burghul & V-licious 7 Hidden Veggies Mix

168 319
16 Pieces 32 Pieces
~240g ~480g

528
64 Pieces
638 (110 Off)

Veggie Nuggets

Potatoes, Eggs, Burghul & V-licious 7 Hidden Veggies Mix

78 148
10 Pieces 20 Pieces
~250g ~500G

245
40 Pieces
296 (51 Off)



Green Patties

Hummus, Fava Beans, Spinach, Leafy Greens, Garlic & Onions.

85
16 Pieces
~450g

140
32 Pieces
170 (30 Off)

V-licious 7 Hidden Veggies Mix

Zucchini, Carrots, Spinach, Broccoli, Mulukheya, Bell Pepper, Leafy Greens (Celery + Parsley)

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BIG ME



"ALL PRODUCTS HAVE 7 HIDDEN VEGGIES"

TRY ME

Big ME Bundle

Big Kofta
Big Burger
Chicken Panee
Cheesy Meat Balls

EGP **977** +



Chicken Panee (~490 grams)

Chicken, Eggs, Burghul, Breadcrumbs & V-licious 7 Veggies Mix.

220
7 Pieces

x2
365
14 Pieces
440 (75 Off)

Escalope Panee (~500 grams)

Beef Meat, Eggs, Burghul, Breadcrumbs & V-licious 7 Hidden Veggies Mix.

319
7 Pieces

528
14 Pieces
638 (110 Off)



Big Kofta (~480 grams)

Beef Meat, Burghul & V-licious 7 Hidden Veggies Mix.

319
12 Pieces

528
24 Pieces
638 (110 Off)

Big Burger (~480 grams)

Beef Meat, Eggs, Burghul & V-licious 7 Hidden Veggies Mix

319
6 Pieces

528
12 Pieces
638 (110 Off)



Big Cheesy Burger (~570 grams)

Beef Meat, Eggs, Mozzarella Cheese, Burghul & V-licious 7 Hidden Veggies Mix

348
6 Pieces

578
12 Pieces
696 (118 Off)



Cheesy Meat Balls (~500 grams)

Beef Meat, Mozzarella Cheese, Burghul & V-licious 7 Hidden Veggies Mix

319
15 Pieces

528
30 Pieces
638 (110 Off)



V-licious 7 Hidden Veggies Mix

Zucchini, Carrots, Spinach, Broccoli, Mulukheya, Bell Pepper, Leafy Greens (Celery + Parsley)

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