



UNICORN YOGA ACADEMY



KIDS AND FAMILY YOGA TEACHING TRAINING



Choose ONE Weekend in 2023:
10th-12th March, St Gallen
7th-9th April, Genève
3rd-5th November, Zürich

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www.unicornyoga.ch
info@unicornyoga.ch

In this Intensive Kids Yoga Teacher Training, you will learn and acquire:

- ABCs of Kids Yoga
- Teaching Techniques & Age Groups
- Yoga for Children with Additional Needs
- Yoga Poses, Games & Challenges
- Breathing Techniques, Relaxation & Stillness Techniques
- Family Yoga
- Yoga & Mindfulness at School
- Class Structure & Planning
- Teaching Practice

The training includes:

- Precious Practical & Theoretical Knowledge about Childhood, Yoga & Mindfulness for Kids & Young Adults
- Course Manual and Material
- A Yoga Alliance International Registered Course

Facts

Choose your weekend and location in 2023:

- Friday, 10th March - Sunday, 12th March, St Gallen
- Friday, 7th April - Sunday, 9th April, Genève
- Friday, 3rd November - Sunday, 5th November, Zürich

The training starts Friday at 15:00 till Sunday at 18:00

Day1 15:00 – 19:00

Day2 08:30 – 18:30

Day3 08:30 – 18:00

Requirements and Language

- You genuinely wish to make a meaningful impact in the lives of children :-D
- The language of instruction is English

Price

- CHF 666.- Standard Price // CHF 595.- Early Bird Price (till 31st January 2023)

If you'd love to join but you're unable to afford the full course fee, apply via e-mail for the reduced price of CHF350.- (Only one spot available).



About

Catalina Primo was born and raised in Argentina. She has been teaching and working with kids and teenagers for over 15 years all around the globe. She completed her BA in Primary School Teaching in Barcelona, and her Master's in Advanced Studies in Children's Rights in Switzerland. She is a Kids and Adults Experienced and Certified Yoga Instructor (E-RYT). She studied with Kids Yoga Bali and Rainbow Kids Yoga Australia. She has created this Kids Yoga Teaching Training to equip and encourage educators, parents, psychologists, movement therapists, and yoga instructors to share the magic and benefits of yoga with children and young people.

Registration

Space in this training is limited. For that reason, only after receiving your registration and payment confirmation to info@unicornyoga.ch your place is secured. The registration for the training is binding, in case of a no-show, the costs will not be refunded. In the event of illness or accident, the costs, after deducting a processing fee, will be refunded only up to 5 days before the training if you have a medical certificate.

Full training fee payment via bank transfer to the following bank account: CH67 0900 0000 3191 9490 0 PostFinance / CH- 4808 Zofingen / Ana Catalina Primo (St Gallen/ CH - 9000). Twint is also available 076 440 3672

All information about the training you will find above.

Register here:

