



The Amber Clinic

Treatment Menu 2021

Nutrition and Diet

Sumeya qualified from London Metropolitan University with a First Class Honours Degree in Human Nutrition & Dietetics. She has practiced as a Dietitian since 2008 across London NHS hospitals & Private medical settings for 8 years. In this time she worked first as a general medicine dietitian that included diabetes, cancer, HIV, coronary heart disease, care of the elderly, enteral feeding, mental health, oral nutrition support, gastroenterology, obesity and malnutrition. Some of the hospital and clinics she has worked for include Hillingdon Hospital, Kings College Hospital, Tolworth Hospital, Watford General Hospital, St Mary Hospital & St Bart's Hospital. She later moved on to community dietetics and specialised in neuro- rehabilitation to include stroke, Parkinson's, motor neurone disease, PEG feeding, care homes, MUST Screening teaching to care home staff, GP clinics, hospital catering reviews and food in schools.

After having 3 children she started her own Nutrition and fitness coaching business called Vitality Dietitian in 2013. She also owns a successful Aesthetic and Beauty Clinic since 2003 called The Amber Clinic.

Her enthusiasm for Health and Wellbeing comes from a young age, which led her to pursue this career path. Her medical knowledge combined with fitness & beauty experience sets her apart from the rest.

Her philosophy on Health and Wellbeing is from a natural and holistic perspective. Advice is based on sound clinical reasoning that will deliver results. The following is a brief indication of what she now specialises in:



Weight Management



Bone Health



Gut Health



Older People Health



Heart Health



Polycystic Ovary Syndrome



Irritable Bowel Syndrome



Type 2 Diabetes



High Cholesterol



High Blood Pressure



Women's Health



Skin Health



If you would like to have an empathic and friendly Dietitian to help you achieve your nutrition goals then give Sumeya a call on 07984780372. Sumeya Provides 1:1 consultation from her clinic in Leicester or via an online face-to-face call for a range of medical conditions mentioned above.

Why choose a Dietitian?

A Dietitian has been trained to help a patient or client alter their nutrition based on their medical condition and individual needs. A Dietitian will help you make long term healthy eating and lifestyle choices. They are trained to interpret scientific knowledge on nutrition to improve health and treat diseases or conditions by educating, giving practical and bespoke advice to clients, patients, carers and colleagues.

Nutrition Services

Discovery Call	15mins	Free
Face to Face/ online/ phone Initial Consultation	60mins	£65
Face to Face/ online/ phone Follow Up	30mins	£35
Group Talks	POA	
Co Operate Sessions	POA	
Article Write Up	POA	
Wellbeing Presentation	POA	

12 Week Vitality Dietitian weight Loss Programme £250

This package includes the following:
 Initial 1 hour consultation
 3 x follow up sessions
 Nutrition and evaluation report includes body composition
 Lifestyle & Exercise Plan
 3 months on-going support access to Vitality Dietitian
 20% off the maintenance program

12 Weeks Maintenance Program £150

This package includes the following:
 4 x follow up sessions
 Nutrition and evaluation report includes body composition
 Advancing lifestyle and Exercise Plan
 3 months on-going support access to Vitality Dietitian
 25% off any further Nutrition services over 12 months

Cook & Eat Session in your home (90 mins) £75

This session is for anyone who would like to go back to the basics and learn about healthy meal preparation on a 1:1 basis. You may have a new diagnosis or an on-going health concern that



you would like to improve and manage through good food cooking choices then this will be a great eye opener and myth buster.

Supermarket Tour 60mins **£65**

If you would like to get an idea of the right choices to make when shopping whether its for a specific health condition or you want to learn to read food labels then I can help you.

Family Wellbeing 3 x 60mins **£150**

Please note Sumeya Jakhura is a UK Registered Dietitian practicing from the United Kingdom. Any information on any media platform whether it is on The Amber Clinic or Vitality Dietitian sites is for general information and does not replace professional or legal advice.



Hair Removal

WAXING

For best results hair should be at least 1 cm long. Gently exfoliate waxed area weekly, to discourage in-growing hairs. It is best not to swim after waxing & avoid hot showers/ sauna/ sun bed/ steam room before & up to 24 hrs after waxing

Half Leg (30 mins)	£10
Full leg (40 mins)	£15
Full leg & Bikini Line (50 mins)	£20
Bikini Line (10 mins)	£7
Extended Bikini Line (15 mins)	£10
Brazilian (20 mins)	£13
Hollywood (30 mins)	£15
Bottom (15 mins)	£7
Under arms (10 mins)	£5
Half arms (20 mins)	£7
Full arms (30 mins)	£15
Nose (5mins)	£2
Lip wax (15 mins)	£3
Full face no brow tidy (30 mins)	£15
Breast area (15 mins)	£7
Stomach area (30 mins)	£7
Back wax (30 mins)	£10
Full front (30 mins)	£10
Full Legs, full arms, under arms & Hollywood (90mins)	£45

For best results hair should be at least 1 cm long. Gently exfoliate waxed area weekly, to discourage in-growing hairs. It is best not to swim after waxing & avoid hot showers/ sauna/ sun bed/ steam room before & up to 24 hrs after waxing

THREADING

Upper lip (5mins)	£3
Chin (5mins)	£3
Forehead (5mins)	£5
Neck (5mins)	£5
Cheeks or sides of face (5mins)	£5
Full face & neck no brows (30 mins)	£15
Chin & neck (10mins)	£7

BLEACHING

Patch test available if new to treatment

Full face (20mins)	£10
Full back (30mins)	£15

Other- please specify on call



ADVANCED LASER HAIR REMOVAL

We have the option of two machines:

- 1) Ellipse Candela lasers- Intense Pulsed Light Machine. A machine that has clinical backing and used by NHS for permanent hair reduction and skin rejuvenation procedures.
- 2) Trilogyce offers an ice tipped cooling tip for virtually pain free hair removal using proven benefits of triple wave length technology (i.e. Alexa, diode and YAG) achieving maximum results and desired penetration and absorption levels when compared to a single wavelength.

Both procedures are safe, non-invasive and quick. Skin rejuvenation treatments are available too. You are expected to shave chosen area(s) 24 hours prior to arrival.

NB: Individual variation to price due to number of shots used and time taken.

PRICES (PER SESSION FROM)

Between Brows (10mins)	£10
Upper Lip (10mins)	£15
Chin (15mins)	£25
Side Burns (10mins)	£30
Neck (10mins)	£30
Full Face (30mins)	£55-65
Underarms (15mins)	£35-40
Bikini Line (30mins)	£40
Bikini +(30mins)	£50-75
Full legs (not bottom) (75mins)	£125-160
1/2 Legs up (30mins)	£80-95
1/2 Legs lower (30mins)	£65-85
Full Arms (60mins)	£99-115
Back (30mins)	£80-120
Full Front (30mins)	£80-120
Stomach (20mins)	£55
Nipple/Chest (20mins)	£35
Hand Fingers or Bridge of feet (15mins)	£25
Big Toes (10mins)	£10
Hands & Fingers & Toes (20mins)	£40
*Patch Test Required 48 hours prior to treatment	£20

ELECTROLYSIS

Permanent method of hair removal. Using Sterex blend digital machine.

10 mins	£10
15 mins	£15
20 mins	£20
30 mins	£28
45 mins	£40
60 mins	£45
Minimum charge	£10



FACIALS

NIMUE SKIN TREATMENTS

Nimue Skin Technology is a premium leading derma-cosmeceutical brand which was designed primarily for pre and post-operative care for medical patients, as well as for use by advanced professional skin therapists to deliver advanced rejuvenation to the skin.

The brand is known and loved for its use of cutting edge technology and hi-tec fusion of complex acids, naturally-derived antioxidants, phytoceuticals and peptides. It is focused on four primary results: rejuvenation, restoration, anti-oxidation and sun protection for optimal skin health.

Nimue Skin Technology uses unique, targeted, sophisticated delivery systems to deliver the optimum ingredients to the intended cells within the skin without the need for machinery and ensures safer more controlled delivery.

Results from first use is what Nimue clients can expect from the brand, the phased approach ensures that each skin condition receives maximum penetration with minimal irritation. This is a prescription only brand and best results come from combined use of professional treatments and home care products.

This range treats the cause and not the symptoms. Thereby giving effective results. We can target and treat fine lines and wrinkles, saggy skin, uneven skin tone, pigmentation, oiliness, dryness, acne, rosacea, redness and much more.

BOOK YOUR FREE CONSULTATION TODAY BY CALLING 07984780372.

NIMUE YOUTH DEEP CLEANSE

Nimue Youth Deep Cleanse (45 mins) £35

This Nimue skin treatment is an introductory facial and effective especially for young skin, primarily focused on extractions of blackheads. Indicated for maintenance between peels for all skin types including a new client.

NIMUE THERAPEUTIC TREATMENT

Nimue Therapeutic Treatment (50 mins) £45

A bespoke results orientated relaxing treatment customised to your specific skin's requirements, with all essentials including cleanse, exfoliate, extract, serum, mask and a massage. Its for new users or as maintenance between courses of peels. You can upgrade this facial with an electrical therapy from as little as £10 e.g. with Oxygen therapy or LED light therapy.

NIMUE THERMAL DETOX PEEL

Nimue Thermal Detox Peel (45 mins) £45

This is re-energising 4 in 1 flash treatment peel. It deep cleanses, exfoliates & oxygenates the skin. Suitable for all skin types. A great pick me up as a quick lunchtime peel. It stimulates your senses with warming and bubble performing action giving instant results to remove impurities, refine pore size, softened lines and wrinkles, smooth texture of your skin, enhanced radiation and hydration. Great starter peel even if homecare not initiated.

NIMUE ACTIVE REJUVENATION TREATMENT

Nimue Active Rejuvenation Treatment (60 mins) £50



An active rejuvenating & renewal treatment using pH3, 15% triple AHA Bioactive Complex (glycolic, lactic and citric acids) & eucalyptus for anti-inflammatory and antibacterial properties. Suitable for skin prepared with Nimue Core range and that is not sensitive. It is utilising a blend of potent but gentle acids to deliver powerful results in the skin. The skin has improved clarity & collagen synthesis. Get an Instant Nimue glow that will have people talking about your skin. Course of 6-12 recommended to cumulatively give reduced pore size, refined texture, increased elasticity, radiance & vitality.

NIMUE PEELS - SEE AESTHETIC PROCEDURES

MICRODERMABRASION

Using both clear crystals & organic grains, giving a gentle but effective exfoliation. Removes dull unwanted cells leaving the skin revitalised, brighter & younger in appearance. Suitable for all areas. It can treat:

*aging skin *acne Scarring *acne/Blemishing *fine lines/ wrinkles, *altered Pigmentation *Stretch Marks can be targeted (require multiple treatments).

Course of 6 £175

Microdermabrasion add on to other treatments (10-20MINS)	£15
Diamond Microdermabrasion Facial (40mins)	£40

A complete facial where the exfoliation aspect is using a blue diamond crystal machine. Leaves your skin smooth, brighter and rejuvenated. Great before any occasion.

FACIAL OXYGEN THERAPY

The next innovation for younger skin. A revolutionary skin treatment that uses the power of oxygen infused liquid minerals & blended with a choice of phytochemicals to polish the skin, minimise pores, even out skin tone & reduces fine lines & wrinkles.

Course of 6 £175

Oxygen Therapy as add on to other treatments (10-20MINS)	£10
Oxygen Therapy (40 mins)	£40

MICRODERMABRASION AND OXYGEN THERAPY COMBINED

Excellent for Special Occasions & Brides!!!

Course of 6 £250

Diamond Microdermabrasion and Oxygen Therapy Combined (60 mins) £55

SCHRAMMEK GREEN PEELING REGENERATE

Price includes two facials (1st facial 1 hr and 2nd 30mins- 5 days apart) & 3 home care products that are mandatory to the treatment.

A new skin in just 5 days. This natural medically developed 'Herbal Deep Peel' will rejuvenate & regenerate to treat with outstanding success the following:

- Acne/ impure skin
- Refine scars (from acne, accidents, burns)
- Refine enlarged pores
- Sun damaged skin
- Skin discolouration: certain hyper pigmentation



- Keloid scarring
- Fine lines & Wrinkles (loss of elasticity)
- Stretch marks & Revitalises the skin

The treatment can effectively remove the upper layers of the skin, and can be performed anywhere on the body. Results depend on the individual- a course of treatments may be necessary depending on individual skin condition.

Minimum course of 2 treatments once a month recommended

Classic Herbal Green Peeling: Correct, Regenerate and Rejuvenate (75mins) £250

SCHRAMMEK GREEN PEELING VITALISE

Delivers surge of visible energy instantly. Intense activation of skin's blood circulation & metabolism for natural skin improvement. Results in better complexion, diminished skin problems including age impurities, scars and hyper pigmentation.

Minimum course of 4 treatments + aftercare ampoules every two weeks recommended

Energy herbal green peeling: Correct vitalise and regenerate (60 mins) £85

SCHRAMMEK GREEN PEELING PREVENT

Gentle method to refresh the skin and its ability to absorb active ingredients for effective hydration. Prevents premature aging, evens out pigmentation & revitalises the cells giving radiant complexion & refreshed skin for that special occasion.

Minimum course of 6 treatments + aftercare ampoules once a week recommended

Fresh Up Herbal Green Peeling: Prevent & Refresh (45 mins) £75

SCHRAMMEK HYPER PIGMENTATION

Mela Wave Gentle method for clearer skin complexion. Includes hand and arm massage. Or Mela white: Intensive method to specifically targets tough pigmented areas. Includes 15mins intensive de-pigmenting massage technique. Choice depends on type of pigmentation- discuss with therapist. Both treatments even skin pigment & improves skin complexion. Homecare Mela White serum & cream will inhibit melanin (pigment in skin) production. Course of six sessions & 2 products: £500

Mela Wave (45 mins) £65

Mela White (60 mins) £75

DERMALOGICA FACIALS

When Dermalogica meets skin, skin health is redefined. With our professional help not only will your skin feel healthy, rejuvenated and happy but you will leave our skin bar with a truly enhanced comprehension of your skin's requirements.

DERMALOGICA FACE MAPPING SKIN ANALYSIS (10mins)

We take the guess work out of your skin regime by taking a closer look at your skin. The face is analysed in 14 sections to diagnose concerns in each, prescribe simple home care and give treatment strategies for a positive impact on your skin.

Dermalogica Face Mapping Skin Analysis (10 mins) £FREE

DERMALOGICA SKIN BAR



Here you can understand your skin with face mapping and then get hands on experience on how to use the recommended products

Dermalogica Skin Bar (10 mins) £FREE

DERMALOGICA SKINSOLVER TREATMENT

Short of time? Still want a professional fix? Micro zone treatment is a targeted solution for an immediate skin concern like a bothersome breakout, dull and tired eyes, blackhead relief or lack luster skin. This can be a great introductory teen facial.

Skin Solver Treatment (20 mins) £25

DERMALOGICA PROSKIN60

This is a Our ultimate 60-minute treatment is customised to target all of your skin needs and to leave your skin radiant and glowing. It incorporates targeted exfoliation to improve texture and tone, manual massage to boost circulation and collagen production and highly advanced professional-grade actives for deep problem solving treatment. Experience dramatic results in a secluded and relaxing environment. You can add an electrical therapy like LED Light therapy, radiofrequency, oxygen and ultrasound from as little as £10.

Dermalogica PROSKIN60 (60 mins) £45

DERMALOGICA PRO POWER PEEL 60

Want to experience a truly transformative treatment? This effective and customised 60-minute treatment combines the benefits of our Pro Power Peel 30 treatment (description below) with additional advanced techniques and technologies. Peel results are dramatically enhanced by a supplementary deep treatment process incorporating powerful IonActive Serum™, a customised masque, LED light therapy and relaxing massage to ensure your skin is left clear, smooth and glowing. You've never had a peel treatment like this before. It is specifically designed for advanced skin care users who require that treatment boost. It targets several skin concerns from premature aging, pigmentation, acne, dehydration, congestion to scarring. After care kit included.

Pro Power Peel 60 (75mins) £75

DERMALOGICA PRO POWER PEEL 30

Looking for a professional peel experience? Our all-new Pro Power Peel redefines the peel experience. Our strongest and fastest peel yet, the Pro Power Peel collection features a full suite of peel products, including Alpha Hydroxy Acids (AHAs) and Beta Hydroxy Acids (BHAs). In this express 30-minute treatment, your skin therapist will create a customised peel to instantly rejuvenate and refresh your skin. With a unique system of three different acids for a deep exfoliation personalised to you, it is ideal to target lines and wrinkles, uneven pigmentation or breakouts. Aftercare kit included.

Pro Power Peel 30 (45mins) £55

DERMALOGICA PROSKIN30 FACIAL

Looking for a high impact treatment? Our intensive 30-minute treatment is designed by our experts specifically for you and your most pressing skin concern. This bespoke service combines key steps of professional exfoliation and deep serum treatment with results-intensifying masks. Experience brighter and healthier skin. This is a perfect introductory or maintenance facial for those with a busy schedule. It is bespoke to your needs and can help with acne, sensitivity, uneven complexion, dehydration and dull and tired skin. Good option for teenage and early twenties.



Dermalogica PROSKIN30 Facial (45mins)

£35

MEDIK8 MEDI-SPA FACIALS AND PEELS

Medik8 is an award winning Global skincare brand formulated by a team of biochemists and pharmacologists in London, UK. The Medik8 Team has a combined experience of over forty years. Medik8 was launched in 2009. It believes in specially formulated products in small batches by hand to ensure freshness and potency of actives. It offers solutions for skin-ageing, acne, redness, pigmentation and dryness. It is globally recommended by Doctors, Dermatologists, Nurses and Skin Therapists.

Please note: Medik8 facials do require priming products and aftercare too. This can be discussed on initial consultation which needs to be 1-2 weeks prior to your treatment of choice. A deposit of £15 will need to be made at consultation and we will provide a Vitamin A and C to prime your skin. The after-care pack (can be used for more than one session) costs £50-£75 as required- to be discussed. A course of 6 treatments spaced over 4-6 weeks is recommended for lasting results. Each Medik8 SPA facial uses a bespoke electrical therapy of therapist choice included in the facial.

MEDIK8 DEEP HYDRATION FACIAL

A complete nourishing and comforting facial to restore skin vitality for dull, flaky & compromised skin. Gentle exfoliation allows long lasting replenishing Medik8 Hero formulation to deeply deliver deep hydration.

Medik8 Deep Hydration Facial (60mins)

£60

MEDIK8 CLARITY FACIAL

Deep Cleansing Actives are used to target oily, problematic & blemished skin. Rebalancing products are used throughout this relaxing facial to sooth, calm and generate a clearer complexion.

Medik8 Clarity Facial (60mins)

£60

MEDIK8 CALMING FACIAL

A gentle soothing treatment to instantly calm inflamed, hot, flushed, red, sensitive and highly sensitised skin using intelligent formulations to aid skin recovery.

Medik8 Calming Facial (60mins)

£60

MEDIK8 PORE REFINING FACIAL

Targeted Actives and gentle exfoliation are used to gently break down pore blockages and promote the appearance of a smoother complexion with less visible, enlarged pores.

Medik8 Pore Refining Facial (60mins)

£60

MEDIK8 BRIGHTENING PLATINUM FACIAL A luxurious illuminating treatment to brighten even the dullest skin. A targeted results driven age-defying facial to combat uneven pigmentation and skin tone, breathing new radiance and luminosity into the skin.

Medik8 Brightening Platinum Facial (75mins)

£75



MEDIK8 PLATINUM FACIAL A relaxing age-defying facial with our platinum infused Age Defying Platinum mask that visibly lifts, rejuvenates and firms the skin for a more youthful appearance.

Medik8 Brightening Platinum Facial (75mins) £75

MEDIK8 PEELS- SEE AESTHETIC PROCEDURES

LED PHOTOTHERAPY FACIAL

LED PHOTOTHERAPY uses a combination of visible (Red & Blue) and invisible light (Infra Red) producing soft cold light at specific wavelengths (Red 635nm, Blue 415nm, Infrared 835nm) which have specific beneficial properties on the cells and hence the skin. Independent research by NASA space programme has shown that LED light therapy promotes wound healing and human tissue growth. Depending on the wavelength selected LED Therapy has numerous benefits:

- Increased skin radiance
- Stimulates cell activity & renewal
- Reduces inflammation in skin such as acne
- May reduce sebum by normalising the skin and thereby helping control acne breakouts
- Improves skin elasticity
- More consistent skin complexion and colour
- Increase moisture retention
- Increases circulation (due to increase formation of new capillaries)
- Promotes collagen production for plumper more youthful skin
- Increase lymphatic system drainage which detoxifies the skin tissue for healthy skin

Results visible from the first session although, more obvious after four sessions. A course of 10-12 treatments is recommended.

LED PHOTOTHERAPY FACIAL (60MINS) £45

LED PHOTOTHERAPY ADD ON TO OTHER TREATMENTS (10-20MINS) £10

ELECTROMAGNETIC STIMULATION (EMS) FACIAL

EMS stimulates all the facial muscles by gently and effectively exercising to firm, tone and lift and strengthen your face to youthful levels. Three options:

1. EMS Face lift and rejuvenate: increases muscle volume and plumps skin. Promotes collagen levels to diminish lines and target double chin.
2. EMS Circulate: promotes lymphatic circulation, better blood flow, to give more radiant and brighter skin, reduces puffiness, fine lines and muscle sagging
3. EMS Stress buster: relaxes facial muscles, relieves stress, improves blood and lymph flow and detox

ELECTROMAGNETIC STIMULATION (EMS) FACIAL (60MINS) £45

EMS ADD ON TO OTHER TREATMENTS (10-20MINS) £10



3D HYDRO2 FACIAL



This Celebrity #fivestarfacial provides the complete facial solution to target an array of universal skin concerns including dehydration, skin-ageing, loose skin, dull complexion and congestion.

Through using a combination of advanced technologies, your therapist can create a bespoke facial, suited to your specific skin requirements.

Her 3D-HydroO2 facial provides hydration, oxygenation, anti-ageing, brightening, skin-tightening and improves congestion, resulting in a glowing, brighter, more youthful looking skin.

By having 7 advance technologies available, we are able to provide a more versatile and prescriptive facial experience than ever before to target your skins concerns. These technologies smooth, hydrate and planes this game is starting in a glowing, more youthful appearance.

The Technologies



Hydro Peel/ Deep Cleanse:

Uses a combination of three solution AHA based solution is used to cleanse and smooth the skin. While a BHA based solution helps to improve bacteria and inflamed skin. The third solution leave the skin nourished and hydrated.

Exfoliation/ Oxygenation:

Creates the bore effect which allows oxygen to be drawn into the skin. The active ingredients are Kojic acid and retinol which result in a hydrated and brightening effect.

Oxygenation:

This spray creates Venturi effect which by breaking down the molecules within the project, encouraging maximum absorption allowing intense skin hydration.



A lack of oxygen slows down cell metabolism, ages the cell prematurely, reduces skin firmness and gives a pale ashen complexion. Applying oxygen to the skin with this method will help to increase cell metabolism and improve these concerns.

Some bacteria are not able to live in oxygen so applying the oxygen to their skin will give this antibacterial effect, because of this, the treatment can also have a positive effect on congestion.

Skin lifting:

This treatment uses electroporation, which increases the absorbency of the cell for product penetration. This, in turn, revitalises and ‘wakes up’ dull and lifeless skin.

Skin tightening:

Radiofrequency Technology is used to increase collagen reproduction in mature skin. Skin tightening is ideal for incorporating into anti-ageing facial.

Hydration:

Ultrasound technology is used for product infusion. This treatment can be used alongside the 3-D professional solutions time defence skincare range, for anti ageing and hydration around areas where fine lines and wrinkles are likely to appear.

Fire and Ice:

The ‘fire’ represents the heat elements during treatment. Using this applicator, heat is incorporated into the beginning of the facial protocol to open the pores, increased blood supply and aid product infusion. The ‘cryo facial’ uses cooling technology, chilling the skin down to 5°C. This is used at the end of each facial to decrease blood supply, giving a tightening effect and sealing in the infused products. This also helps to reduce redness following the treatments.

These technologies can be added to your regular facials as a singular technology by upgrading your facial with your choice of HydroO2Facial single tech at £25 or why not treat your skin to one of the Ultimate #fivestarfacial experiences listed below:

3D HYDRO2 FACIALS

3D HYDRO2 TIME DEFENCE FACIAL (ANTI-AGEING)

Best for: Treating fine lines and wrinkles, sun damaged skin.

Result expected from this treatment: Reduction in fine lines and wrinkles, firmer skin, glowing complexion.

- 2-8 treatments recommended
- Pain-free
- No downtime

Time Defence Express Facial (30mins)	£50
Time Defence Facial (60mins)	£95
Time Defence Plus Facial (90mins)	£120

3D HYDRO2 BRIGHTENING FACIAL



Best for: Treating sun damaged skin, pigmentation and dull complexion.

Result expected from this treatment: results are glowing complexion and reduction in sun damage and pigmentation.

Brightening Express Facial (30mins)	£50
Brightening Facial (60mins)	£95
Brightening Plus Facial (90mins)	£120

3D HYDRO2 CLEAR SKIN FACIAL (CONGESTION)

Best for: Treating congested skin, redness and can be suitable for younger skin.

Result expected from this treatment: Smoother complexion and a reduction in congestion and redness.

- 2-8 treatments recommended
- Pain-free
- No downtime

Clear Skin Express Facial (30mins)	£50
Clear Skin Facial (60mins)	£95

CACI FACE SCULPTING- SEE AESTHETIC PROCEDURES

MILLION DOLLAR FACIALS- SEE AESTHETIC PROCEDURES

3D HYDRO2 FACIALS- SEE AESTHETIC PROCEDURES

NIMUE PEELS - SEE AESTHETIC PROCEDURES

MEDIK8 PEELS - SEE AESTHETIC PROCEDURES

MICRONEEDLING - SEE AESTHETIC PROCEDURES



BODY TREATMENTS

SWEDISH MASSAGE (Deep tissue massage)

AROMATHERAPY (Relaxing massage with the use of essential oils blended in your presence)

REFLEXOLOGY (Special foot massage to aid ailments such as constipation, insomnia, enhances relaxation & much more)

INDIAN HEAD MASSAGE (Excellent treatment for headaches, & stress relieve)

HOT STONE THERAPY (Uses hot/cold therapeutic stone during massage, for greater penetration & relaxation)

AURICULAR THERAPY or HOPI EAR CANDLE THERAPY (treats balance and inner ear problems, build up of wax, ringing in the ears, tinnitus, hearing difficulties and sinus problems as well as colds, flu, sore throats, stress, headaches and migraines)

PREGNANCY MASSAGE (Massage for mums to be and new mums, leaves you and your 'bump' feeling revived and fabulous- from 14 weeks of pregnancy i.e. second trimester)

BODY EXFOLIATION Removes dead skin cells & toxins through the skin

For Seasonal Massage Packages Visit Offers Page.

MASSAGE

Swedish Massage - 30 mins / 45 mins / 60 mins	£35 / 45 / 50
Aromatherapy - 30 mins / 45 mins / 60 mins	£35 / 45 / 50
Reflexology - 30 mins / 45 mins / 60 mins	£35 / 45 / 50
Indian Head Massage - 30 mins / 45 mins / 60 mins	£35/ 45 / 50
Hopi Ear Candle Therapy- 45mins	£45
Hot Stone Therapy - 60 mins	£50

Book a Course of 5 massages & get 6th free!

PREGNANCY MASSAGE

Pregnancy Massage (70mins)	£60
Book a course of 2 pre and 1 post-natal massage (3 x 70mins)	£150

BODY EXFOLIATION

Removes dead skin cells & toxins through the skin

Back exfoliation (20 mins)	£30
Full body includes body brushing (30 mins)	£35
Body Exfoliation & Massage (80 mins)	£65
Deluxe Back-Facial - includes Massage (60 mins)	£60

INFRA RED HEAT LAMP

- Pre-heating treatment to increase circulation & promote relaxation
- Localised treatment for relief of pain and tension and promote healing
- To relief pain in joints

5-10 mins with another treatment	£5
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HAIRDRESSING

CUT AND STYLE (Prices from)

Fringe (15mins)	£5
Wash and cut (60mins)	£25-35
Wash, cut and style (75mins)	£40-45
Straighten with GHD straighteners (15mins)	£10
Curls (30mins)	£25
Girls under 12 wash & cut (30mins)	£15
Straight Wet Trim (30mins)	£15

COLOUR TONE SHINE (Prices From)

Full head Colour (90mins)	£45
Full head Colour: Root tinting (75mins)	£30
Full head Colour: Root tinting wash & finish straightening (90mins)	£39
Highlights/ lowlights- woven full head (3 hours)	£60
Highlights/ lowlights- woven 1/2 head (2 hours)	£45
Highlights/ lowlights- parting (90mins)	£35
Toner/ refreshing/ shine (30mins)	£15
Cap hi/lo (30mins)	£30
Conditioning/ Gloss treatment (addition to other treatment 15mins)	£15
Colour & Go Service (Root Salon colour no wash)	£20
Own colour, application, & wash (60mins)	£25
Own Colour only apply (15mins)	£15
Salon Colour Root Apply Only (regular client)	£20
Colour Correction	£POA
Premium Hair Colours such as Wella Illumina etc. Have a small additional fee. POA	£5-15

If your last colour was over 6 months ago we will need to carry out a skin allergy test prior to your next colour service. Prices do not include a professional blow dry. An additional £10-20 may be added for gloss between highlights or for long or thick hair. Consult salon technician for details. Prices verified on consultation- Prices in hairdressing are a guide because each client has different requirements, lengths and texture of hair and therefore prices here are a guide from (so prices given are a starting from range- and will be confirmed upon consultation).

KERA STRAIGHT ULTIMATE SERVICE

Texture: Kerastraight Short/ Medium (Shoulder length)/ Long Hair	£150/ 200/ 250
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KERA STRAIGHT INTENSE BOOST SERVICE

Kerastraight Intense Boost Service	£50
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HAIR STEAM TREATMENT

Includes wash, condition, scalp massage and steam and rough dry	£35
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NIOXIN

Nioxin is a 3 Part System for effective treatment of thinning hair, fine hair and dandruff. It promotes scalp health and help thicken hair density.

Nioxin Microscope Consultation	FREE with any Purchase
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Nioxin Scalp Dermabrasion	£35
Nioxin Colour Protect service	£10 added to any Colour

CHEMICAL HAIR STRAIGHTENING

Relaxant: Short/ Medium (Shoulder length)/ Long Hair	£150
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Chemical hair straightening includes wellaplex treatment.

Wellaplex In Salon Stand Alone Treatment (20mins)	£20
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Wellaplex is an in salon treatment that reconstructs bonds for stronger more manageable hair. It is designed so we can add it into the colouring service or lightening process to improve the quality of your hair. Or do it as a stand-alone conditioning treatment. Not including blow dry.

Wellaplex with another Colouring Treatment (20mins)	£15
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Olaplex Service available as stand Alone Conditioning Treatment	£20
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Olaplex with another service	£15
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Awaiting YUKO Training!



CUPPING THERAPY

DRY CUPPING

Dry cupping Addition to other massage treatment £5-£10

WET CUPPING

Initial Wet Cupping (75mins) £50

On initial consultation 75mins is allowed to assess you thoroughly and depending on your needs will combine therapies like Graston techniques, dry cups, wet cups, 20 mins massage & PNF Stretching techniques. The consultation time also allows us to check vital signs like Blood pressure, temperature, weight, height, oxygen saturation, body mass index, blood volume calculation to adhere to clinical cupping guidelines.

Follow Up Wet Cupping

Follow up includes 15 mins massage of 1-2 specific areas (45 mins) £45

INSTRUMENT AIDED SOFT TISSUE MANIUPULATION/ GRASTON TECHNIQUE

Target soft tissue manipulation is addition to any treatment

AKA Graston technique alone for specific concern (10mins) £10

Graston in addition to other massage treatment £5



ADVANCED AESTHETIC PROCEDURES

MILLION DOLLAR FACE & BODY

Million Dollar Facial (90mins) £125

This 10 step facial includes Double cleanse, analysis, tone, Balm, Dermaplane, Serum infusion, Micro needling, Lymphatic drainage massage, Million Dollar Mask and SPF.

Benefits: Brighter even textured skin and complexion, up to 80% enhanced absorption of treatment products. It is suitable for all skin types, enhances lymphatic drainage to eliminate toxins and e.g. reduce puffiness around the eyes, reduces fine lines and wrinkles, increases collagen production, hydration levels improved, better make up application, firmer texture, thickens the epidermis to reduce appearance of broken capillaries, helps clients using botox regularly to eliminate toxins in the area of fillers/ botox, reduces scarring from acne, surgery or thermal burns & reduces pigmentation.

Million Dollar Body (60mins) £90-125

Million Dollar Scalp Hair (60mins) £80

Package of 4 Million Dollar Scalp Hair session with aftercare products £299

Mini Million Dollar Facial (45mins) £60

Million Dollar Microneedling (60mins) £75

Mini Million Dollar Dermaplane (45mins) £40

Million Dollar Super Facials (45mins) £50

Million Dollar Miracle Mask with dermaplane (45mins) £75

DERMAPLANING

An exfoliation treatment that removes 3-4 weeks' worth of dead skin cells from the top layer of the skin. We remove the fine vellus hair using a sterile blade. The Hair does not grow back thicker as we do not change the structure of the hair and we do not work on terminal hair. This leaves you with softer, smoother texture and complexion, enhanced make up application, removes vellus hair, improves your product penetration by up to 80% vs 8-10%.

Mini Prescriptive Dermaplaning (45mins) £50

Using choice of products that suit your skin. We Cleanse, tone, exfoliate, extract, dermaplane, mask, serum & hydrate.

The Delux Prescriptive Dermaplane (60 mins) £65

This is luxury dermaplaning treatment including Cleanse, tone, HydrO2 Dermabrasion (exfoliation with water and vacuum), extractions, dermaplaning, mask and LED Light therapy. You will see a revived glow to your skin!

LASER SKIN REJUVENATION

Prices on assessment- please ask therapist. Specific treatments for acne, pigmentation and general rejuvenation prescribed and quoted upon consultation.

Prices start from as little as £25.



ADVANCED ELECTROLYSIS TREATMENT

(Guide prices: from)

Warts/ cysts/ Milia removal (20 mins)	£30
Spider naevi & blood spot treatments (20 mins)	£30
Skin Tags (20mins)	£30
Skin Tags Multiple (40mins)	£40
Red/ thread vein treatment (20mins)	£30
Dermatosis Papulosa Nigra (20mins)	£30
Minimum Charge	£25

Note: May need doctor’s letter to confirm skin disorder and/or blemishes

3D AESTHETICS

3D AESTHETICS ULTIMATE PRO MEDICAL GRADE



3D-Aesthetics Ultimate Pro is the latest multi-platform medical grade machine which is powerful and effective at body sculpting treatment for many stubborn areas of the body, including:

- Abdomen (‘love handles’)
- MUMMY TUMMY- Post Birth.
- Arms
- Thighs
- Buttocks
- Inner knees
- Face Skin tightening
- Double chin/ chin freeze

The wavelengths used for body contouring are safe and effective.



For those already following a healthy diet and exercise regime that need to target specific pockets of fat than this is a great resource.

It is a non-surgical, pain-free and non-invasive option with no down time when compared to traditional liposuction. There is a combination of technologies combined to deliver bespoke results to suit your needs. These include

- 1) Cryolipolysis or Fat freezing. This treatment works by as the vacuum in hand piece pulls pocket of fat into the head and cools from -1 to -10 degrees to cause fat cell death (apoptosis). 20-40% of fat cells treated in the area will die in a natural way and dissolve over a course of weeks via the body's natural waste removal process.
- 2) Cavitation or Ultrasound technology for Circumference Inch loss from Fat reduction. The Ultrasound wave creates a vibration within the fat layer, the fat cells do not have the capacity to with stand this vibration thereby breakdown very quickly and are excreted by the body through the lymphatic system. Results are progressive and can often be seen right from the very first session.
- 3) Radio frequency (RF) has different head options used for felt melting or skin tightening. When RF is conducted through skin it penetrates down the subcutaneous layers heats up to 40 degrees Celsius where the fat cells (depth 2-4cm) will start to melt and metabolise and get excreted naturally leaving a smoother skin. For Anti-ageing or cellulite concerns the heat generated with RF stimulates new collagen & elastin fibers resulting in skin tightening (depth of 3-4mm) and inducing firming effect.
- 4) Vacuum (can be done alone or with RF). A healthy skin needs proper blood circulation. This treatment improves blood circulation, enhances waste removal, increases breakdown of cellulite, opens blocked lymphatic's and plumps up under-developed or hollow parts of the body. Cellulite which is pocketed fat, can be effectively broken down with vacuum pressure. It has been a standard treatment for cellulite reduction and for firming up the muscles. The addition of RF will increase this effect by melting the fat. Fibroblasts are also stimulated (cells that produce collagen), which firm the skin. Vacuum Massage for many years is a known therapy recommended for promoting overall vitality of an individual.
- 5) Shockwave or Acoustic Wave Therapy uses Sound wave to mechanically shrink and permeate fat cells for skin tightening, it softens and strengthens connective tissue to improve appearance of cellulite and enhances lymphatic drainage for improved effectiveness of other treatments. Shockwave therapy uses its body's own ability to repair itself after the trauma of shockwave through increased stimulation and increased blood flow, expanding the sizes of the existing blood vessels. This encourages the generation of new cell growth after an influx of nutrition and oxygen resulting in healthier cellular regeneration of the target area.

3D BODY CONTOURING CONSULTATION (30mins)

£25

Your bespoke consultation is a space and time where we listen to your needs, manage your expectations and tailor a bespoke plan of action that will best suit you. The consultation fee is honoured as a prepayment against a course of body contouring treatments booked within 3 months of the consultation. We do not treat pregnant or breastfeeding mums for 3D body contouring till post breastfeeding.



The treatment course requires you:

- To be available weekly
- To follow a healthy diet and lifestyle
- To drink 2 Litres of water per day
- All clients will be measured with pre and post pictures

Bespoke Course of treatments range from £300-£1000

3D CRYOLIPOLYSIS FAT FREEZING

Areas to work on include double chin, inner thighs, lower abdomen, muffin tops, love handles, bra strap line, flanks upper back fat, lower back fat, under buttocks.

Fat Freeze: Single area (60mins)	£150
Double Area (75mins)	£225
Quadruple Area (75mins x 2 visits)	£375
Ultimate Freeze Enhance Package	£375

This Ultimate freeze enhance package will allow to choose from one targeted freeze area of your choice followed by three further sessions of shockwave on the same area to shatter down the fat faster.

3D CAVIATION FOR OVERALL INCH LOSS

3D cavitation + Shockwave or RF single session (60mins)	£100
Course of 8 including one freeze area	£750
3D cavitation + RF + shockwave + vacuum single session (75mins)	£125
Course of 8 Including 2 freeze areas	£1000

3D RADIOFREQUENCY BODY SKIN TIGHTENING

To target areas of loose skin & cellulite, like bingo wings, lower abdomen and back of thighs. Results are visible after 4 sessions and maintenance of one treatment per month after the course is recommended. ADD A FAT FREEZE for £100.

Single Radiofrequency Body Session 45mins	£75
Course of 8 sessions (30mins)	£350
Course of 8 sessions (45mins)	£500

MUMMY TUMMY PACKAGE

A bespoke package that will be tailored to treat you with one tummy peel to rejuvenate the skin on your tummy, 8 x inch loss sessions tailored to suit your needs and one fat freeze. You cannot be pregnant or planning to be pregnant or be breastfeeding.

MUMMY TUMMY PACKAGE (10 weeks x 60mins)	£1000
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3D CELLULITE PACAKGE

To help improve tone and structure of the skin and minimise the appearance of cellulite dimples on legs we offer:



Leg Revive Package: You will need to attend 2 x week for 6 weeks £500

Each week: First session will be RF + vacuum per week (45mins)

Second Session Lymphatic Vacuum (15mins)

Monthly maintenance is recommended.

3D RADIOFREQUENCY SKIN TIGHTENING FOR FACE

3D Lipo Radiofrequency Skin Tightening Single Face session (45mins) £55

3D Lipo Radiofrequency Skin Tightening for Face course of 6 sessions £375

3D DOUBLE CHIN & NECK TIGHTENING

We use a hand piece especially suited for the chin. It simply does just that- freezes the fat away. It entails one of fat freeze session followed by 6 radio frequency sessions to tighten and even the skin around the neck. One aftercare product included.

3D Lipo Chin & Neck Tightening (targeting double chin) £299

CACI FACE AND BODY SCULPTING

The CACI Quantum is the award winning, world renown, celebrity face and body lifting machine that is backed with more than 20 years of research. It is the most advanced face and body treatment system available and features specific programmes for slimming, contouring, cellulite, lymphatic drainage, face lifting, wrinkles, acne and scar tissue. Using specific facial techniques in conjunction with a combination of slimming and toning applications, the CACI Quantum works to restore and redefine facial muscles, reducing lines and wrinkles while simultaneously tightening body muscles.

- Slimming & toning
- Toning without the slimming
- Breast enhancement
- Tightens & contours buttocks
- Tones & contours stomach
- Reduces cellulite
- Lymphatic drainage (to help with a variety of problems especially sluggish circulation)

Excellent for post natal tummy tuck, stretch marks and scar tissue. Successfully treated with combination therapy (speak to your therapist for more information)

So whatever is your treatment area of concern, this machine has a solution.

CACI FACE

For the face it silently works to tone 32 facial muscles. It restores muscle tone & elasticity, reduces lines & wrinkles. Results visible from first treatment but a course of 10-12 treatments (2 per week) is recommended followed by monthly top ups. It's like taking your face to the gym!!! Face and body can be done at the same time. Great for saggy eye lids, crows feet, laughter lines, turkey neck & double chin correction.

Caci Non-Surgical Face Lift (60mins) £55

Super Caci Non-Surgical Face Lift includes Eye & Jowl lift (90mins) £75

Caci Non-Surgical Eye Lift with Green Tea Mask (30mins) £30



Caci Non-Surgical Jowel Lift (25mins) £25

CACI HYDRATONE FACIAL

Hydratone includes, cleanse, exfoliate, lymph drainage massage with active micro current rollers (on a unique, cool electrically conductive gel mask that has been infused with powerful hydrating properties) and moisturise. This works best when combined with the traditional CACI non surgical lifting technique as in our super CACI Non-Surgical Face Lift. Gives a remarkably soft, radiant & more youthful appearance.

Caci Hydratone Facial (25 mins) £25

CACI FACIAL COURSE

Buy a course of 5 treatments and get 6th Free. A course of 10-12 treatments is recommended (twice/ thrice a week). Followed by monthly maintenance

CACI BODY SLIMMING AND TONING

- Slimming treatment gives an inch-loss effect on the body. It is ideal for someone wanting to lose weight and works very well in conjunction with diet and regular exercise.
- Toning Treatment is recommended for someone who does not need to lose any more weight but would like to be more toned.
- Can be done on full body target specific areas like legs & buttocks, stomach, bra over hang, bingo arms or the bust.
- CACI's unique roller bars achieve excellent results on problem areas such as the abdomen and bust, particularly difficult to tone after childbirth and surgery.
- A twenty minute slimtone padding session on the stomach for example is equivalent to 360 perfect sits ups!

Treatment options discussed on consultation. Course of 10 £315 (2-3 x per week)

Slimming and toning (45 mins) £35

CACI BODY CONTOURING TREATMENT

Can be used on the stomach, bust and buttocks to help strengthen and lift muscles therefore having a tightening and firming effect. See the effect from your first session!

Course of 10 £315 (twice/ thrice a week)

Contouring treatment (45 mins) £45

CACI BODY CELLULITE TREATMENT

Targets cellulite, fluid retention and stubborn fatty areas such as thigh and buttocks helping to improve skin texture and firmness.

Course of 10 £315 (twice/ thrice a week)

Cellulite treatment (Padding up) (45mins) £35

CACI BODY ELECTRO CELLULITE MASSAGER

This powerfully tackles cellulite, fluid retention and stubborn fatty areas such as the thighs and buttocks. It achieves rapid inch reduction as it contours and firms underlying muscle and detoxifies surrounding lymph. Visible results before your holiday!

Course of 10 £315 (twice/ thrice a week)

Electrocellulite massager (30-45 mins) £35

**CACI BODY LYMPHATIC DRAINAGE FULL BODY**

Specifically designed to stimulate lymphatic flow speeding up the removal of toxins from the body. Helps kick start weight loss, treats cellulite, fluid retention and sluggish circulation as in acne.

Course of 5 £150 (once a week only)

Lymphatic Damage full body (45 mins) £35

CACI BODY LYMPHATIC DRAINAGE FACE AND NECK

Great for puffiness around the eyes and laughter lines or to drain the sinus

Course of 5 £99 (once a week only)

Lymphatic Damage face and neck (45 mins) £25

CACI BODY AGEING HANDS

Hands often give away your age. We use our hands for everything and yet we forget to pamper them. Rejuvenate the back of your hands, great results if combined with a manicure.

Course of 10 is recommended

Ageing Hands (25 mins) £25



MEDIK8 PEELS

Medik8 is an award winning Global skincare brand formulated by a team of biochemists and pharmacologists in London, UK. The Medik8 Team has a combined experience of over forty years. Medik8 was launched in 2009. It believes in specially formulated products in small batches by hand to ensure freshness and potency of actives. It offers solutions for skin-ageing, acne, redness, pigmentation and dryness. It is globally recommended by Doctors, Dermatologists, Nurses and Skin Therapists.

Please note: Medik8 facials do require priming products and aftercare too. This can be discussed on initial consultation which needs to be 1-2 weeks prior to your treatment of choice. A deposit of £15 will need to be made at consultation and we will provide a Vitamin A and C to prime your skin. The after-care pack (can be used for more than one session) costs £50-£75 as required- to be discussed. A course of 6 treatments spaced over 4-6 weeks is recommended for lasting results.

MEDIK8 SPA FACIALS- SEE FACIALS & SKINCARE SECTION

MEDIK8 CLARITY PEEL

A powerful blend of acids that sink deep into pores to effectively clarify and decongest the complexion. Rapidly brings blemishes under control and dramatically reduces the risk of future breakouts. A course of treatments is normally recommended.

Medik8 Clarity Peel (45mins) £70

MEDIK8 EVEN PEEL

A Brightening Peel targeting sun damage, hyperpigmentation and dull uneven skin. Helping to minimise melanin production, the EVEN PEEL visibly fades pigmentation for a more even and radiant complexion.

Medik8 Even Peel (45mins) £70

MEDIK8 REWIND PEEL

A targeted formulation that helps to promote collagen production to reduce the appearance of fine lines and wrinkles. It fades imperfections. Leaving the skin visibly smoothed and rejuvenated.

Medik8 Rewind Peel (45mins) £70

MEDIK8 SENSITIVE PHA PEEL

A new edition for extremely sensitive or redness prone skin to visibly smooth skin texture and help promote a stronger skin barrier.

Medik8 Sensitive PHA Peel (45mins) £70

MEDIK8 UNIVERSAL AHA PEEL

Suitable for everyone and any skin concern, it visibly brightens, smoothes, decongests and revitalises the skin. Ideal for a first time peel or to maintain results from other peels.

Medik8 Universal AHA Peel (45mins) £70

MEDIK8 GLYCOLIC TR 30% OR 50% MONO PEEL

Single acid peels offering extra tailored care for ageing, scarring or photo damaged skin.



Medik8 Glycolic Peel (45mins)

£70

MEDIK8 LACTIC TR 30% OR 50% MONO PEEL

Single acid peels offering extra tailored care for pigmented, dehydrated and dull skin.

Medik8 Lactic Peel (45mins)

£70

MEDIK8 MANDELIC TR 30% MONO PEEL

Single acid peels offering extra tailored care for acne and congested skin.

Medik8 Mandelic Peel (45mins)

£70

MEDIK8 EYE REVEAL PEEL

Eye peel is specially designed to gently target the under eye area, crow's feet & upper eye lid's regeneration and cell turnover. This is an antiaging eye peel. The eye area tends to show the first signs of ageing i.e. reduced tone, plumpness, dehydration & fine lines, as early as in your mid-twenties. It has gentle alpha hydroxyl acids to avoid irritation and inflammation whilst hydrating to alleviate excess dryness & peeling.

Medik8 Eye Peel (30mins)

£45

REJUVAPEN MICRONEEDLING

Micro needling or skin needling is a minimally invasive non-ablative skin rejuvenation treatment. It involves the production of numerous controlled microscopic needle incisions in the papillary and reticular dermis to create a controlled injury response within tissue through a physical and mechanical mechanism. The tiny pin prick wounds help generate collagen and elastin at a cellular level, enhance penetrations of topical formulations, increasing the bioavailability of actives and enabling the absorption of large molecules.

Traditional ablative treatments like CO2 laser, medical dermabrasion and deep chemical peels cause a 2nd degree burn in the dermis by removing the epidermis and hence have added risks i.e. prolonged widespread inflammation, increased downtime and healing period, acute UV sensitivity, potential hypo or hyperpigmentation and permanent scarring.

This is why now we chose a more modern technique such as micro needling or skin needling which is non-ablative and yet as effective as traditional ablative treatments at inducing new collagen synthesis without the need to remove the epidermis.

Advantages of micro needling over traditional methods:

- Post treatment inflammation subsides within a few days
- Accelerated healing period
- Downtime: 48 hrs
- No or minimal UV sensitisation
- Very low risks or side effects
- Less pain
- Suitable for all skin types
- Cost effective as lower in price and fewer treatments required
- Can be used on all body parts: under eye and peri-oral area, neck, décolletage, hands & others
- No risk of permanent skin discoloration

Micro needling Pen Indications for treatment:

Ageing skin



- To firm and tighten flaccid skin
- To improve overall skin quality and texture by thickening the epidermis
- Smoothens lines, wrinkles and folds
- Improves appearance of enlarged pores

Scars

- Decrease appearance of atrophic & hypertrophic scars
- Improve scars from acne, lacerations, chicken pox, burn, accident or injury
- Helps relax old scars
- Diminish appearance of old surgical scars

Pigmentation

- To lighten pigmentation scars and stabilise general tone and pigmentation of skin

Stretch marks

- Improves appearance of stretch marks by effectively thickening the skin to lift and tighten hence improving its texture & tone of the skin. Great especially when combined with other therapies from treatment menu

Cellulite

- Appearance of cellulite is reduced especially when combined with other treatments from the treatment menu

Hair restoration

Skin tightening after weight loss

Mild Rosacea (vascular form only)

Typical course: 3 sessions at 6 weeks interval

Micro needling Duration average: 60-90mins (e.g. full face)	£150
Micro needling Duration: 45mins (e.g. only cheeks, Eye)	£99
Other body parts	£POA

NIMUE MICRONEEDLING

A specialized rejuvenation treatment performed with microneedle roller to stimulate collagen induction and serves as a trans dermal delivery of active ingredients within Nimue's Transdermal solutions (TDS). Nimue TDS solutions are preservative free 100% pure active components with ingredients such as ascorbic acid for rejuvenation of photo damaged skin, DMAE, Alpha lipoic acid and silicum for firming of sun damaged and ageing skin. TDS solutions available for sensitive, problematic, environmentally damaged and pigmented skin. The service is further customised with state of the art Super Fluids for superior results on skin.

Nimue Micro needling (60-90mins) single area e.g. face-face & neck £75-£99

NIMUE REJUVENATION BOOSTER

Personalised, tailored skin treatment to target your specific conditions using the clinically tested transdermal solutions alongside the active rejuvenation peel. This treatment delivers more intense results in a quicker time. Recommended use of the Pre & Post Skin strengthening serum to intensify healing and repair barrier function for healthy skin with this treatment.



Recommended in a course of 6 or 12 treatments

Nimue Rejuvenation Booster (60mins)

£65

NIMUE 35% GLYCOLIC PEEL

Deep controlled exfoliation of the skin to clarify the texture and deliver superior results. This treatment can only be prescribed by your skin therapist for your particular skin condition. Improves appearance and texture in dry, dehydrated and ageing skin.

Recommended as a combined course with active rejuvenation treatments

Nimue 35% Glycolic Peel (60 mins)

£65

NIMUE SRC™ TREATMENT

A highly specialised, powerful skin resurfacing treatment that will target environmentally damaged, hyperpigmented and or problematic skin. Your therapist will selective from the following options:

- SRC™ Environmentally Treatment Damaged targets sun damaged skin with signs of ageing. Skin will be left smoother, firmer, radiant and with a more youthful appearance.
- SRC™ Hyperpigmented Treatment targets uneven skin tone and hyperpigmentation. Skin will be left brighter, radiant, glowing and smoother.
- SRC™ Problematic Treatment is ideal for acne, breakouts, enlarged pores and oiliness leaving the skin texture refined, smoother and decongested.

Recommended as a course of 6 or 12 treatments

Nimue SRC™ Treatment (60mins)

£65

NIMUE SMART RESURFACER PEEL

An intense smart technology skin resurfacing treatment designed to smooth skin texture, reduce fine lines and wrinkles and target uneven skin tone. This is the strongest peel Nimue has to offer and it works its magic to deliver immediate results and minimal discomfort for a tighter and radiant skin.

Nimue Smart Resurfacer Peel (60mins)

£75



HANDS & FEET

MANICURES & PEDICURES (Luxurious & celebrity acclaimed OPI products used)

Re-Varnish - hands or feet (15mins)	£ 8
French Polish - Extra to any service (15mins)	£ 10

NAILS HANDS

Complete Manicure - Basic cuticle & filing + massage + polish (45 mins)	£20
Deluxe Manicure - Paraffin wax- for rehydrating & conditioning (60mins)	£25

AGEING HANDS

Hands often give away your age. We use our hands for everything and yet we forget to pamper them. Rejuvenate the back of your hands, great results if combined with a manicure.

Ageing Hands (25 mins)	£25
Course of 10 is recommended	£199

REVIVE HANDS

Anti-Ageing Hands Peels Course of 6 is recommended

(each session is 30mins x6)	£175
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NAILS FEET

Complete Pedicure - Basic + massage + polish (60mins)	£30
Deluxe Pedicure - Paraffin wax- for rehydrating & conditioning (75mins)	£35
Callus PEEL Removal- (30mins)	£25
Callus Removal with other foot treatments- (25mins)	£20



EYES AND EARS

All Tinting and lifting procedures require a patch test 48 hours before appointment.

EAR PIERCING

Includes Sterilised earrings and aftercare solution.

Child: 4 months+ post all immunisations

One side	£10
Both sides	£20

TINTING

Patch test required

Lash & brow tinting	£15
Eyebrow Tinting	£8
Eye Lash Tinting	£10

NOUVEAU LVL LASH LIFT

LVL Lash Lift & TINT (50mins)	£40
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LVL stands for Length, Volume and Lift. It's a relaxing 45minute treatment that will change your own lashes to longer fuller looking lashes without the need for lash extensions. There is no damage to your own lashes as the latest innovative technology is used to gently straighten and lift your own lashes and create a wide- awake lash lift. You can enjoy your new lashes for up to six weeks, making it a low maintenance treatment. The results speak for themselves. To top it off you can enjoy a scalp or arm massage whilst you relax. Patch test required.

NIMUE EYE TREATMENT

Designed specifically for the delicate eye area. An eye serum, collagen enriched eye film & mask provide intense hydration & more youthful appearance.

Nimue Eye Treatment (30 mins)	£25
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DERMALOGICA EYE TREATMENT

Dermalogica microzone eye treatment for targeted eye treatment

Dermalogica Eye Treatment (30 mins)	£25
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DERMALOGICA PRO POWER EYE PEEL

Try our latest eye peel that uses AHA's to gently exfoliate & hydrate around the eye area and crow's feet. It will brighten under the eye, improve skin tone and texture, and minimize fine lines and wrinkles.

Dermalogica Pro Power Eye Peel (30mins)	£30
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MEDIK8 EYE REVEAL PEEL

Eye peel is specially designed to gently target the under eye area, crow's feet & upper eye lid's regeneration and cell turnover. This is an antiaging eye peel. The eye area tends to show the first signs of ageing i.e. reduced tone, plumpness, dehydration & fine lines, as early as in your mid-twenties. It has gentle alpha hydroxyl acids to avoid irritation and inflammation whilst hydrating to alleviate excess dryness & peeling.



Medik8 Eye Reveal Peel (30mins)

£45

CACI NON SURGICAL EYE LIFT

Excellent treatment to treat dark circles, puffy eyes, saggy lids and crows feet. This treatment is tailored using a combination of therapies to deliver the results you want.

Caci Non-Surgical Eye Lift (40 mins)

£35

MICRONEEDLING OF EYE AREA- SEE AESTHETIC PROCEDURES



Pamper Packages

POA

GIFT VOUCHERS

Treat a friend to a new experience with our gift cards. We promise a great treat.



GDPR PRIVACY POLICY

WHO WE ARE

Sumeya Jakhura Ltd Trades as **The Amber Clinic** and **Vitality Dietitian**. The Company is registered in England and Wales with company number 06705846 and has its registered office at:

Sumeya Jakhura Ltd

103 Leicester Road

Oadby

Leicester

LE2 4AB

Contact Email: info@theamberclinic.com

Contact Phone: 07984780372

In this privacy policy references to 'we' or 'us' refer to The Amber Clinic. The Amber Clinic encompasses Vitality Dietitian & Sumeya Jakhura Ltd. This policy will explain what information we collect about you and how we use it.

PURPOSE

The Amber Clinic (referred to hereafter as the 'We' or the 'Company') are committed to protecting and respecting your privacy.

This policy (together with our terms of use) and any other documents referred to on it) sets out the basis on which any personal data we collect from you, or that you provide to us, will be processed by us. Please read the following carefully to understand our views and practices regarding your personal data and how we will treat it. By visiting www.theamberclinic.com you are accepting and consenting to the practices described in this policy.

For the purpose of the Data Protection Act 1998 (the **Act**), and General Data Protection Regulations 2018 (GDPR) the Data Controller is The Amber Clinic.

KEY PRINCIPLES

To outline the Company's processes aligned to Data Protection and Privacy relating to you.

This privacy policy sets out how The Amber Clinic uses and protects any personal information that you provide us. The Amber Clinic is committed to ensuring that your privacy is protected. We aim at all times to comply with the General Data Protection Regulation (GDPR) and the Data Protection Act 2018. This policy applies to all of our dealings with you including when you interact with our website www.theamberclinic.com. Our site is hosted by one.com.

This privacy policy is effective from November 2020 and is regularly reviewed and updated.



WHO DOES THIS POLICY APPLY TO?

Any employee who works for the Company, as well as any other individuals working at or visiting the Company premises or engaged by the Company. It also applies to [apprentices signed up by The Amber Clinic (and their parents/carers, where they are deemed to be young people or vulnerable adults), and] visitors to the Company, as well as agency workers, casual workers, contractors, consultants, interns, seconded staff, agents, suppliers and sponsors, or any other person associated with us (“associated persons”).

INFORMATION ABOUT US

Our nominated data protection contact is Sumeya Jakhura who can be contacted at info@theamberclinic.com.

Please note:

By giving your consent you are accepting and consenting to the practices described in this policy. You may withdraw your consent at any time. An explanation of your rights is set out below.

If you are not satisfied with any action taken by us or response given, you have the right to complain to the Information Commissioner at: www.ico.gov.uk, or help line telephone number: 0303 1231113.

Should we ask you to provide Personal Data (as defined below), you can be assured that it will only be used in accordance with this privacy policy.

DEFINITIONS

In this policy the following terms shall have the following meanings:

Cookie: a small file placed on your computer or device by our website when you visit certain parts of it or use certain features.

Cookie Law: means the relevant parts of the Privacy and Electronic Communications (EC Directive) Regulations 2003.

Data Subject: a natural identifiable person.

Personal Data: has the meaning set out in the Data Protection Legislation, being as at the data of this policy, any data which identifies a natural person (by way of example, name, address, phone number and so on).

WHAT THIS POLICY ALSO COVERS

This policy also explains:

- What personally identifiable information of yours is collected:
 - on our website, when you interact with it;
 - when you download from our website;
 - when you interact with our website advertising and applications on third party websites and services.
- What organisation is collecting the information;
- How the information is used;
- With whom the information may be shared;
- What choices are available to you regarding collection, use and distribution of the information;



- What kind of security procedures are in place to protect the loss, misuse or alteration of information under our control;
- How you can correct any inaccuracies in the information; and
- How you can request the Personal Data we process and store to be removed.

HOW DO WE COLLECT INFORMATION?

When you contact “The Amber Clinic” regarding our services, send or receive information and make purchases, you provide us with personal information.

WHAT WE COLLECT:

Personal Information

We need to collect some personal information about you and your health in order to make sure there are no contraindications to your treatment, and legal requirements. You can of course, refuse to provide the information, however unfortunately we would have to refuse your treatment as this form is a legal requirement for our insurance.

We may collect the following information:

- Full name, occupation, gender and marital status;
- Contact information and personal details – home address, email, contact telephone numbers, details of GP and other medical professionals;
- Current and past medical history, current medications, body measurements and lifestyle information provided by the client;
- If you access our website, technical information including internet protocol (IP) address used to connect your computer to the internet, your log in information, browser type and version time zone setting, browser plug in types and versions, operating system and platform.

Financial Information

In order to process financial transactions, we may ask you for your bank or credit card details. All online transactions are encrypted using SSL (Secure Socket Layer). We do not store credit card details nor do we share customer details with any third parties.

Non-personal Information

Data such as IP addresses (the location of computers on the internet through your ISP), pages accessed and files downloaded are collected by “The Amber Clinic”. Information of this nature is anonymised and no attempts are made to link this information with personal data held on record. This information is collected to help “The Amber Clinic” determine how our users are visiting and navigating our web pages. This information is used to help monitor and improve our service to you.

WHAT WE DO WITH THE INFORMATION WE GATHER:

We will use the data collected about you in the following ways:

- to provide services to you;
- to deal with your enquiry if you complete our contact form;
- to assess and understand your requirements;
- Professional clinical record keeping of client information;
- Your phone number and email may be used electronically, with your permission. This is for appointment reminders or occasional offers.



- If you wish to contact us via social media, this is password protected but for historic issues with privacy associated with social media sites, you may wish to think about what you send us.
- We may with your consent perform telehealth consultation using audio or video conferencing technology e.g. zoom, Mirosoft Teams, Halaxy, Whats App. We will take every precaution to use a platform that has end to end encryption and one which is secure. You understand this will not be the same as a face-to-face consultation since you will not be in the same room as the service provider. You understand there are potential risks to this technology, including interruptions, unauthorised access and technical difficulties. The Amber Clinic has no control over such platforms and is no way responsible for the content thereof. This policy does not extend to your use of such software/apps/ sites. Users are advised to read the privacy policy or statement of other software/ apps/ sites prior to agreeing to using them with the Amber Clinic.

WHERE AND HOW WE STORE YOUR PERSONAL DATA

We are committed to ensuring that your information is secure. In order to prevent unauthorised access or disclosure, we have put in place appropriate technical, organisational and security measures to safeguard and secure the information we collect.

- As referred to above, our website is hosted by one.com No data is stored on our website.
- We keep all paper records containing your Personal Data in locked cabinets within the salon and only allow accessible by Staff to The Amber Clinic who need to access the Personal Data. We also use online software called Ovatu to make bookings, store client data and request etc.
- Our laptops are password protected
- Digital Documents or records on salon's software are password protected; and are only accessible by staff of The Amber Clinic.
- Records made by **The Amber Clinic** relating to the care of a client, will be stored for up to seven years from the time of your most recent appointment. After this time your records will be destroyed in a method compliant with GDPR. We may also be under an obligation to store your Personal Data for longer in accordance with our professional indemnity insurers requirements.

YOUR RIGHTS

As a Data Subject under the Data Protection legislation referred to above, you have the following rights:

- We will never share your data with anyone who does not need access without your consent. Only the Manager and Staff of The Amber Clinic will have access to your data
- We will not share your information with third party marketing agencies without your consent, nor will we contact you for marketing purposes unless you give your consent. If you consent to us contacting you for marketing purposes at any stage, you can change your mind at any time by exercising your right to ask us not to contact you by e mailing us at: info@theamberclinic.com
- Our website may, from time to time, contain links to and from other websites. If you follow a link to any of these websites, please note that these websites have their own privacy policies and that we do not accept any responsibility or liability for these policies. Please check these policies before you submit any Personal Data to these websites.
- You have the right to ask us to supply to you the information we hold, this is known as a data subject access request. For further details please contact us on: info@theamberclinic.com



- You have the right to ask us to rectify the data we hold if it contains inaccuracies or is incomplete. To discuss this please contact us on: info@theamberclinic.com
- You have the right to ask us to erase the Personal Data Provided the legal minimum period has elapsed, you may also ask the business to erase your records we hold if: (i) it is no longer necessary for us to hold the data; (ii) you wish to withdraw your consent to us holding the data; (iii) you object to us holding or processing the data; (iv) you believe that we have processed the data unlawfully; or (v) the data needs to be erased for us to comply with a particular legal obligation. To make a request please contact us on: info@theamberclinic.com

DISCLOSURE OF YOUR INFORMATION

You agree that we have the right to share your Personal Data with:

- relevant health professionals (only when consent is given by the client).
- In exceptional circumstances information about a client may be disclosed without consent if it is in the public interest to do so. This might be in circumstances where disclosing the information is necessary to prevent a serious crime or serious harm to other people.
- To a prospective buyer or seller if we sell or buy any business, shares or assets.
- If necessary only, due to unforeseen circumstances Sumeya Jakhura in her Will has nominated her Spouse Mr Riaz Jakhura to be the inheritor to the business who will thereby declare and abide by this privacy policy set herein.
- If we are under a duty to disclose or share your Personal Data to comply with any legal obligation, or to enforce or apply our terms of business or terms of use, and other agreements; or to protect the rights, property, or safety of our business, our clients, or others.

COOKIES

All Cookies used by our business are used in accordance with current Cookie Law. We may use some or all of the following types of Cookie on our website in accordance with one.com Cookie policy]:

- **Strictly Necessary Cookies** - a Cookie falls into this category if it is essential to the operation of our website, supporting functions such as logging in.
- **Analytics and Flash Cookies** - it is important for us to understand how you use our website. For example, how efficiently you are able to navigate around it, and what features you use. Analytics Cookies enable us to gather this information and helps us to improve our website.
- **Functionality Cookies** - enable us to provide additional functions to you.
- **Persistent Cookies** - any of the above types of Cookie may be a persistent Cookie. Persistent Cookies are those which remain on your computer or device for a predetermined period and are activated each time you visit our website.
- **Session Cookies** - any of the above types of Cookie may be a session Cookie. Session Cookies are temporary and only remain on your computer or device from the point at which you visit our website. To delete these cookies you will need to clear your browser history.



Before Cookies are placed on your computer or device you will be shown a cookie compliance statement, requesting your consent to set those Cookies. By giving your consent to the placing of Cookies you are enabling us to provide you with the best possible experiences and services to you. You may wish to deny consent to the placing of the Cookies at which point we request you cease using our website.

EXTERNAL WEB SERVICES AND LINKS

We may use external web services on our website, mostly to display content within our web pages. We cannot prevent these third-party sites, or external domains, from collecting information on your usage of this embedded content. If you are not logged in to these external services then they will not know who you are but are likely to gather anonymous usage information e.g. number of views, plays, loads and so on. Users are advised to read the privacy policy or statement of other websites prior to using them.

SUPPLIERS AND OTHER SERVICE PROVIDERS

From time to time we use third party suppliers and service providers to facilitate our services. We may use social media (e.g. Facebook, Twitter, you tube, pintrest and Instagram) and other third party services including Ovatu, nutritics, zoom, Microsoft teams, (and possibly others) subject to their terms of use. Before you consent to interacting with The Amber clinic through any such medium we advise you read their privacy policy.

We would like you to rest assured that we treat your personal data responsibly and that we do everything we can to make sure that only people who can access that data have a genuine need to. Please feel free to contact Sumeya Jakhura by emailing info@theamberclinic.com should you have any further queries or concerns. We will be happy to help you.

Notification of change of privacy policy

“The Amber Clinic” reserves the right to amend this privacy statement. You are advised to visit www.theamberclinic.com/privacy-policy periodically in order to keep up to date with changes in our privacy policy.

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TERMS AND CONDITIONS

TERMS OF WEBSITE USE

Please read these terms of use carefully before you start to use the site. By using our site, you indicate that you accept these terms of use and that you agree to abide by them. If you do not agree to these terms of use, please refrain from using our site.

TREATMENTS

All treatment times include consultation time. We only take cash. Bank transfers available only with prior arrangement. We require a minimum of 48-hour notice to cancel any appointments made otherwise full treatment fees will be incurred. Offers cannot be issued in conjunction with each other. The Amber Clinic is a subdivision of Sumeya Jakhura Ltd. The Amber Clinic reserves the right to refuse or cancel treatment bookings. All treatments are subject to availability. The therapist may stop treatment if he/she feels that the client's behaviour is unsuitable. The therapist may refuse or stop treatments in progress if of the opinion that the treatment is detrimental to the health of the client or would make the therapist feel uncomfortable in any way. Please note that most treatments are strictly for women, some treatments are available for men when accompanied by a woman. Note: We can offer treatments to most people however we have a narrow entrance and a step, which could be a problem for some people. The Amber Clinic reserves the right to change price/ discount/ loyalty schemes without any notice. Whilst the therapist will ensure professional practice in consulting & providing relevant information about a treatment, the client takes full responsibility for continuing with the treatment and ensuring all advised aftercare is followed appropriately. Identity verification may be necessary to obtain discounts.

MOBILE TREATMENTS

Occasionally when mobile treatments are offered there is a standard charge of £5 within 5 miles radius. Beyond that is 40p per mile extra. Maximum Travel is 10miles.

NUTRITION

Please note Sumeya Jakhura is a UK Registered Dietitian practicing from the United Kingdom.

AESTHETIC BODY SCULPTING NOTE TO CONSUMER

Sumeya Jakhura is the owner of The Amber Clinic and is a Beauty Therapist that offers body sculpting treatments since 2002. Sumeya Jakhura is also a Registered Dietitian (Practicing in the UK) and Personal Trainer practicing since 2008 and 2017 respectively.

This disclaimer allows for Sumeya Jakhura to establish there is conflict of interest between her being a Beauty Therapist and a Dietitian.

As a Registered Dietitian Sumeya Jakhura DOES NOT RECOMMEND THE NEED TO HAVE and AESTHETIC BODY SLIMMING OR SCULPTING TREATMENTS. Her primary opinion and recommendation to all clients interested in any form of body sculpting or shaping treatment is to follow a healthy eating and exercise plan. **Healthy eating, exercise and lifestyle changes can alone improve any client's overall health, body image, shape and other health parameters.**

In deciding to choose any body slimming or toning treatment from a beauty therapy/ aesthetic point of view then Sumeya Jakhura requests that you always consider lifestyle changes first and asks you to read, consider and sign a disclaimer to release Sumeya Jakhura from the Liability as a Health Professional to have fully informed you of the correct choice i.e. lifestyle changes first to include nutrition, diet and exercise prior to body sculpting or slimming treatments. A Healthy Lifestyle should always be maintained (before, during and after any body sculpting



procedure) and no machine or treatment can be used as an alternative to healthy eating, aerobic or cardiovascular exercise.

Having informed you of the above we respect your custom and understand you have a right to have all the information to make an informed choice.

Sumeya Jakhura recommends that for a long lasting result for body shaping healthy eating and exercise is the best form of treatment. This is a clinically proven method to benefit your health and wellbeing.

Please note Sumeya Jakhura is a UK Registered Dietitian practising from the United Kingdom. Any information on any media platform whether it is The Amber Clinic or Vitality Dietitian is for general information and does not replace legal or professional advice.

RELIANCE ON INFORMATION POSTED & DISCLAIMER

The materials contained on our site including The Amber Clinic & Vitality Dietitian and any other directly linked media sites such as facebook, instagram, You Tube, Twitter etc. are provided for general information purposes only and do not claim to be or constitute legal or other professional advice and shall not be relied upon as such.

We do not accept any responsibility for any loss which may arise from accessing or reliance on the information on this site and to the fullest extent permitted by English law, we exclude all liability for loss or damages direct or indirect arising from use of this site.

INFORMATION ABOUT US

www.theamberclinic.com is a site operated by The Amber Clinic. ("We"); we are a individual registered in England and Wales.

ACCESSING OUR SITE

Access to our site is permitted on a temporary basis, and we reserve the right to withdraw or amend the service we provide on our site without notice (see below). We will not be liable if for any reason our site is unavailable at any time or for any period.

INTELLECTUAL PROPERTY RIGHTS

We are the owner or the licensee of all intellectual property rights in our site, and in the material published on it. Those works are protected by copyright laws and treaties around the world. All such rights are reserved.

You may print off one copy, and may download extracts, of any page(s) from our site for your personal reference and you may draw the attention of others within your organisation to material posted on our site.

You must not modify the paper or digital copies of any materials you have printed off or downloaded in any way, and you must not use any illustrations, photographs, video or audio sequences or any graphics separately from any accompanying text.

Our status (and that of any identified contributors) as the authors of material on our site must always be acknowledged.

You must not use any part of the materials on our site for commercial purposes without obtaining a licence to do so from us or our licensors.

If you print off, copy or download any part of our site in breach of these terms of use, your right to use our site will cease immediately and you must, at our option, return or destroy any copies of the materials you have made.



OUR SITE CHANGES REGULARLY

We aim to update our site regularly, and may change the content at any time. If the need arises, we may suspend access to our site, or close it indefinitely. Any of the material on our site may be out of date at any given time, and we are under no obligation to update such material.

OUR LIABILITY

The material displayed on our site is provided without any guarantees, conditions or warranties as to its accuracy. To the extent permitted by law, we, and third parties connected to us hereby expressly exclude:

- All conditions, warranties and other terms which might otherwise be implied by statute, common law or the law of equity.
- Any liability for any direct, indirect or consequential loss or damage incurred by any user in connection with our site or in connection with the use, inability to use, or results of the use of our site, any websites linked to it and any materials posted on it, including, without limitation any liability for:
 - loss of income or revenue;
 - loss of business;
 - loss of profits or contracts;
 - loss of anticipated savings;
 - loss of data;
 - loss of goodwill;
 - wasted management or office time; and

for any other loss or damage of any kind, however arising and whether caused by tort (including negligence), breach of contract or otherwise, even if foreseeable, provided that this condition shall not prevent claims for loss of or damage to your tangible property or any other claims for direct financial loss that are not excluded by any of the categories set out above.

This does not affect our liability for death or personal injury arising from our negligence, nor our liability for fraudulent misrepresentation or misrepresentation as to a fundamental matter, nor any other liability which cannot be excluded or limited under applicable law.

Information about you and your visits to our site

We process information about you in accordance with our privacy policy www.theamberclinic.com/privacy-policy. By using our site, you consent to such processing and you warrant that all data provided by you is accurate.

VIRUSES, HACKING AND OTHER OFFENCES

You must not misuse our site by knowingly introducing viruses, trojans, worms, logic bombs or other material, which is malicious or technologically harmful. You must not attempt to gain unauthorised access to our site, the server on which our site is stored or any server, computer or database connected to our site. You must not attack our site via a denial-of-service attack or a distributed denial-of service attack.

By breaching this provision, you would commit a criminal offence under the Computer Misuse Act 1990. We will report any such breach to the relevant law enforcement authorities and we will co-operate with those authorities by disclosing your identity to them. In the event of such a breach, your right to use our site will cease immediately.



We will not be liable for any loss or damage caused by a distributed denial-of-service attack, viruses or other technologically harmful material that may infect your computer equipment, computer programs, data or other proprietary material due to your use of our site or to your downloading of any material posted on it, or on any website linked to it.

LINKS FROM OUR SITE

Where our site contains links to other sites and resources provided by third parties, these links are provided for your information only. We have no control over the contents of those sites or resources, and accept no responsibility for them or for any loss or damage that may arise from your use of them. When accessing a site via our website we advise you check their terms of use and privacy policies to ensure compliance and determine how they may use your information.

JURISDICTION AND APPLICABLE LAW

The English courts will have non-exclusive jurisdiction over any claim arising from, or related to, a visit to our site.

These terms of use and any dispute or claim arising out of or in connection with them or their subject matter or formation (including non-contractual disputes or claims) shall be governed by and construed in accordance with the law of England and Wales.

VARIATIONS

We may revise these terms of use at any time by amending this page. You are expected to check this page from time to time to take notice of any changes we made, as they are binding on you. Some of the provisions contained in these terms of use may also be superseded by provisions or notices published elsewhere on our site.

YOUR CONCERNS

If you have any concerns about material, which appears, on our site, please contact info@theamberclinic.com.

Thank you for visiting our site.

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