



TASTE OF SOUTH INDIA IN CORNWALL

India is a vast country with different geographical and cultural influences and this is reflected in the regions cuisine. The food from the southern states of Kerala, Goa, Tamil nadu and Karnataka features coconut, rice the fragrance of curry leaves aromatic mustard seeds, tarmind and back water fishe.

Being accepted and loved for the tantalising flavours and aroma of Indian food and the ever-popular curry, we thought that it was time to introduce a whole new world of food from a different region, presented in a contemporary European style.

Our experienced Chef and team will take you through a true dinning experience. At Sunny Spice. we believe that the perfect dining experience is a harmony of good food and drink in a charming ambiance and a wonderful social experiences





APPETIZERS

VEGETARIAN

- 1. Pappadam** (plain/spicy) 70p
Tortilla sized, paper thin crisp wafers made from lentil and rice flour.
- 2. Chutney tray** £1.95
A combination of dips including mango chutney, onion salad, mint yoghurt and hot pickle



STARTERS

VEGETARIAN

- 3. Onion Bhaji** £3.50
Onion slices battered with gram flour and spices.
- 4. Mushroom pepper salt** £4.95
Mushroom infused with garlic, onion and freshly ground pepper.
- 5. Vegetable Pakoda** £3.95
Vegetables marinated with gram flour and spices. Deep fried.
- 6. Sambar Vada** £3.95
Deep fried salted doughnuts of lentil served with South Indian veg stew called sambar.
- 7. Paneer Tikka** £4.95
Cottage cheese marinated with tikka sauce and cooked in a clay oven.
- 8. Mix Veg combo** £5.95
Combination of onion bhaji, vegetable pakkoda and paneer tikka.





SEA FOOD

9. Chilli garlic king prawns 🌶️🌶️ £6.95

Prawns and mixed peppers sautéed with green chilli, garlic and spices

10. Squid Chilli 🌶️ £6.95

Squid marinated in Kerala spices and pan fried with green chilli, onion and curry leaves.

11. Salmon Tikka £5.95

Salmon cubes marinated with tikka sauce and cooked in a clay oven.



NON VEG



12. Tandoori lamb chops 🌶️ £6.95

Lamb chops marinated with tikka sauce and yoghurt, cooked in a clay oven.

13. Masala fry chicken £4.95

Chicken cubes marinated with chef's special spices and pan fried.

14. Mixed chicken kebab (N) 🌶️ £5.50

Mix of chicken tikka, pahadi chicken and malai tikka.

15. Sheek Kebab £5.95

Indian spices mixed with minced lamb and cooked in a clay oven.

16. Mixed platter. (N) 🌶️ £8.95

A combination of pahadi chicken, chicken tikka, malai tikka, salmon tikka and lamb chops.





MAIN COURSE FROM TANDOOR

- 17. Pahadi Kebab** 🌶️ **£10.95**
 Chicken marinated in a blend of fresh mint, coriander, ginger, garlic, green chilli and yoghurt. Cooked in a clay oven.
- 18. Chicken Tikka** 🌶️ **£10.95**
 Chicken marinated in tikka sauce, yoghurt and cooked in a clay oven.
- 19. Chicken Malai Tikka (N)** **£11.95**
 Morsel of chicken marinated in cashew nut paste, soft cheese, spices and cooked in a clay oven.
- 20. Chicken tikka shashlik** 🌶️ **£11.95**
 Chicken tikka with diced mix peppers, onion, tomato and cooked in a clay oven.
- 21. Salmon Tikka** **£12.95**
 Salmon cubes marinated with tikka sauce and cooked in a clay oven.



OUR SPECIALITIES



- 22. Sunny's special combined platter. (N)** 🌶️ **£18.95**
 Special platter contains 2 pieces of chicken tikka, malai tikka, pahadi chicken, sheek kebab, lamb chops and salmon tikka. Served with salad and curry sauce. Perfect for sharing.
- 23. King prawn balcho** 🌶️🌶️ **£14.95**
 King prawns cooked in spices, tomato based sauce, onion, garlic, ginger and vinegar.
- 24. King prawn cochin** 🌶️ **£14.95**
 Chef's special preparation of king prawns in coconut, onion sauce and spices.
- 25. Malabar fish curry** 🌶️🌶️ **£12.95**
 Seasonal fish cooked in coconut milk, red chilli paste along with onions, garlic, spices and tamarind.





26. Konkani fish curry 🌶️ **£13.50**

Salmon fish cooked in ginger, onion gravy, grated coconut, dry red chilli and a piece of tamarind.

27. Alleppey Beef 🌶️ **£12.95**

A south Indian curry with depth and flavor. Diced, lovely tender beef cooked in home made spices, coconut milk and curry leaves.

28. Nadan chicken curry 🌶️ **£11.95**

Chicken cooked in home made spices and herbs based sauce with curry leaves and mustard seeds.

29. Chicken Chettinadu 🌶️🌶️ **£12.95**

Chicken cooked in roast coconut, coconut milk and south Indian spices.

30. Palak Murug

Chicken cooked in creamy spinach sauce.

31. Lamb pot roast 🌶️🌶️ **£12.95**

It is a semi dry dish. Tender beef cooked with chef's special spices, green chilli, caramelized onions, mixed peppers, spring onions and black pepper.

32. Munnar lamb mappas 🌶️ **£12.95**

Nice tender lamb cooked with coconut cream based sauce, fennel seeds and tempered with mustard.



SUNNY'S RECOMMENDATIONS



Malabar Biryani

According to your choice, Prepared with saffron rice, fried onion, herbs, cardamom and characterized by exotic spices, ghee and dry fruits. Served with raita, pickle and curry sauce.

- 33. Vegetable** **£10.95**
- 34. Chicken** **£11.95**
- 35. Lamb** **£12.95**
- 36. King prawns** **£14.95**





DOSA CORNER

Dosa is a thin crispy crepe made using fermented rice and lentil batter with your choice of fillings. It is served with sambar, coconut chutney and tomato chutney.

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| 37. Masala dosa (Potato and onions) | £9.95 |
| 38. Mushroom and spinach dosa | £10.95 |
| 39. Chicken dosa | £11.95 |
| 40. Lamb dosa | £12.95 |



INDIAN CLASSIC

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|---|--------|
| 41. Chicken tikka masala (N) | £10.95 |
| 42. Lamb Jalfrezy | £10.95 |
| 43. Chicken korma  | £9.95 |
| 44. Chicken bhuna  | £9.95 |
| 45. Lamb Rogan josh  | £10.95 |
| 46. Chicken Madras  | £9.95 |
| 47. Beef Vindaloo  | £10.95 |





GARDEN SPECIALS

48. **Vegetable jalfrezy** 🌶️🌶️ £9.95
 49. **Panner butter masala (N)** £10.95
 Cubes of deep fried cottage cheese cooked in creamy tikka masala sauce.
 50. **Dal palak** 🌶️ £8.95
 Lentil with spinach and spices.
 51. **Dhingiri muttor paneer** 🌶️ £10.95
 Cubes of cottage cheese and green peas cooked with mushrooms and fresh Indian spices



SUNDRIES

SIDE DISH

52. **Mushroom bhaji** £4.9
 53. **Sag Aloo** £3.95
 54. **Sag paneer** £4.95
 55. **Chana masala** £3.95
 56. **Dal tadka** £3.95
 57. **Aloo Gobi** £3.95
 58. **Bindi bhaji** £4.95
 59. **Chips** £2.95



RICE

60. **Plain basmati rice** £2.95
 61. **Pilau rice** £3.25
 62. **Egg fried rice** £3.50
 63. **Coconut rice** £3.50
 64. **Mushroom rice** £3.50
 65. **Lemon rice** £3.50



BREAD

Nan - Bread cooked in clay oven (Dough made of self-raising flour, milk, eggs and onion seeds).

66. **Plain Nan** £2.95
 67. **Garlic nan** £3.25
 68. **Peshwari Nan (N)** £3.50
 69. **Keema Nan** £3.50
 70. **Tandoori Roti** £1.95

ENGLISH COMFORT FOOD

- | | | |
|--------------------------------------|-------|-------|
| | small | large |
| 71. Chicken nuggets and chips | £4.95 | £6.95 |
| 72. Scampi and chips | £4.95 | £6.95 |



**ALL OUR SPECIALITY DISHES ARE
PREPARED FROM FRESH INGREDIENTS**

**FUNCTION ROOM AVAILABLE FOR
PARTIES & EVENTS**

www.sunnyspice.com info@sunnyspice.com
39A Fore Street ,Fowey PL23 1AH



Mild

Medium 

Hot 

Extra Hot 

All dishes are subject to availability
Some of our menu items may contain nuts.
If you have any special dietary requirements,
please ask your service staff
All dishes are prepared from fresh,
therefor please note that a 20-30 minutes wait.
VAT is charged at current rate