



specialsport.dk

Summer Camps Specialsport.dk 2021

JUNE 2021

#specialsport

#fællesskab

#helelivet



Target group

Children and adolescents with special needs and disabilities, e.g.

- With development inhibition
- Within autism spectrum
- With physical impairment

7 - 18 years

25 seats

Purpose

The purpose of the camp is to be an introductory option for sports, especially for children who have not previously been active with sports. In particular, the focus will be on creating security about the children's individual special needs for support, through clarification courses with the parents prior to, and during, the camp.

Anchoring

Anchoring the child in a concrete leisure activity is therefore an important part of the effort before, during and after the camp. This requires 2 things:

1. that the camp should be 'a party' with good experiences and success experiences for the individual child.
2. practical solutions that allow the child to become an association and sport even after the summer holiday period is over.



Volunteers

There will be room for 25 children and young people and about 10+ volunteers present. In addition, there will be 8-10 volunteers and other trainers from the participating associations.

content

Activities

ODENSE (week 26 - 4 days)

- dance
- Wheelchair srugby
- Shooting
- athletics
- basketball
- table tennis
- swimming

CPH (week 30 - 4 days)

- Dance / gymnastics
- Parkour / Skateboard
- E-sports
- martial art
- Floorball
- Shooting
- fencing

AARHUS (week 31 - 2 days)

- dance
- martial art
- basketball
- badminton
-



Barrier-setting actions / motivational creators

Small welcome packages every day.

- An indoor break room where LEGO, drawing cases, hearing tickets, blankets, etc. will be available.
- An outdoor play area, Light meals mornings and afternoons (own lunch is brought).
- Medals after graduation

Structure and breaks

- overview board with pictures of children and adults
- clear markings for e.g. standing areas in connection with the training, etc.
- use of TimeTimere and audio effects, for teaching, breaks and start-up
- visual training planks in connection with sports education;
- possibility of 1:1 entertainment
- in addition, each child will have a plan for his or her own course, which will be hit (followed up along the way) by the child's contacts.



Specialsport Camp preparation

Interviews

All registered children's parents are interviewed prior to the camp about the children's special prerequisites and need for a framework in connection with the camp, just as current status as active / non-active with sports is documented.

Pictures & info card

All children's images are laminated in advance and an 'action card' is prepared and printed for each child with the following information:

- name
- form of communication;
- favorite topics to talk about
- special consideration to be given, taking into account
- helping devices
- allergies, if any



Specialsport Camp **LEGO**



Agreement with LEGO to establish a break room filled with (loaned) LEGO material that will help motivate some children, as well as soothing and barrier-setting for hopefully even more.



preparation

- Children's certificate at all
- Video about the helper role for children with disabilities, as well as 'tips and tricks' in relation to the work (send out this weekend).
- About 8-10 volunteers are trained by LEGO lego play consultants in a 2-hour online session in June.
- Everyone must be tested prior to the camp – even if you are vaccinated.
- Physical encounter at the camp a few days before the event

ODENSE - Thursday 24.6.2021 at Rasmus Raskskolen

CPH – Sunday 25.7.2021 at Milested

AARHUS – Monday 2.8.2021 at Søndervangskolen

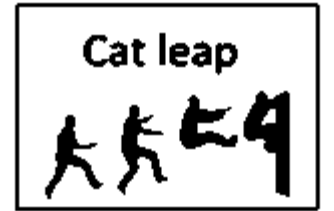
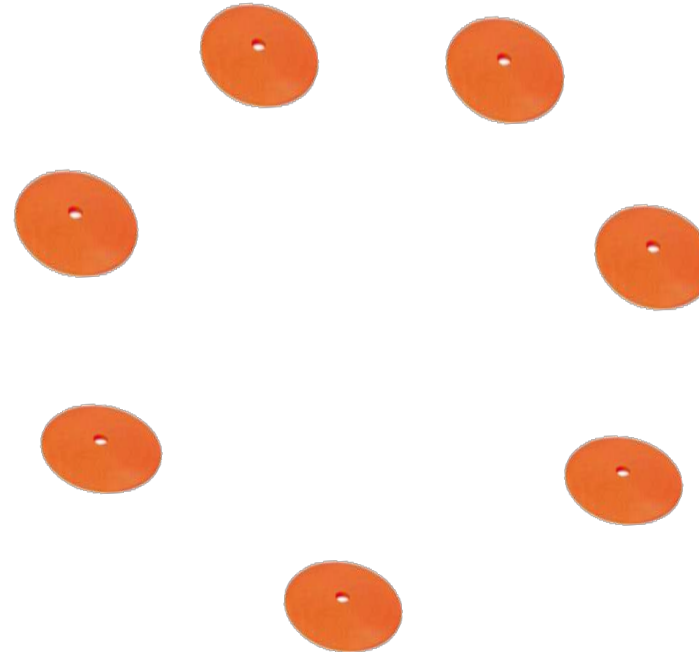


Base Tool



Our tool

- Time-timers
- Selection Mats
- white boards
- Pictures, drawings, signs and boardmaker
- Key hangers



Roles

- Each child must have a contact volunteer
- Each contact volunteer has 2-3 children who are in contact with
- Each room must have a 'volunteer guard'
- Types of volunteering:
 - Sports assistant to the associations
 - Play and activity volunteer
 - Practical-voluntary
 - Photo volunteers
 - SO-ME volunteers

You get (as a volunteer)

Meals: Breakfast, snacks, sandwiches, afternoon food

Compensation: 125 kroner per day (transport and telephone)



Specialsport Camp

Expectation reconciliation

communication

- **Messenger group for internal volunteer communication during the camp** (established at the IRL meeting before the camp)
- **Internal Volunteer-at-Camp Facebook Group** (all volunteers) <https://www.facebook.com/groups/204806758187564>
- **Camp participant Facebook group - only for 'SO-ME volunteers'**
- **Communication tasks:**
 - ALL - Upload random pictures/movies from the day to INTERNAL facebook group
 - ONE PERSON - Select small clips and snaps from the day, to join the group
 - CONTACT PERSON – take 'his' children in the morning and tell about the day at pick-up.

responsibility

- All children have a key hanger – which the responsible volunteer has around their necks
- Every child has a plan – which is definitely deviant.





GUSTAV A

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Tuesday	Wednesday	Thursday	Friday
table tennis	K-rugby	dance	basketball
athletics	Shooting	swimming	football
Special consideration: Autism Favorite topics: We'll find out when we interview. Allergy: Asthma (no consequence for the camp) Sport: None			





Organizing

- Catering plan - children / volunteers
- every morning
 - Welcome, same place / way
 - Circle / name game / today's welcome gift
 - Review today's program
 - Today's sports groups set up with pictures of participants and sports volunteers
 - Who's where (photos)
 - LEGO
 - Follow to each sport (all with)
 - Around with snacks morning/afternoon
- lunch
 - same
 - Places with names
- The end
 - Circle
 - evaluation
 - Plan for tomorrow
 - Thank you for today

Around the child

- Keyhangers with pictures and info
- The Weekly Programme
- A set of name tags
- A set of pictures of each child
- Blanket for each child
- LEGO box for each child
- Welcome gifts:
 - Day 1, Parasport
 - Day 2, BENT
 - Day 3, Package A
 - Day 4, Package B
 - Evt. farvelgave
- Plan for sports? Hand out special sports guide Funen



planning

Pinkey

- Names and phone list of all volunteers (Excel 'camp volunteers')
- Name and contact of all associations and contacts / sports
- A charter for each child (see 'surround the child')
- Contact with school janitor
- Schedule of the program every day
- A list of contact volunteers and match with which children
- Task description and schedule for each day of camp
- A sheet to cut tasks out of / possibly laminated
- Print all sports symbols - a sheet with each

