

Sharpen your qualities of sharing NVC

Welcome to a training for trainers

with Gabriele Grunt and Marianne Göthlin

April 16-19 2026

Centeno, Acquapendente (VT), Italy

Maybe you are a trainer or will start as a trainer and want to develop and get inspired on how to share NVC in your environment. It might be that you are a teacher, lead a practice group, introduce NVC at your workplace or in your family or community. All of you are welcome!

We are strongly inspired by Marshall Rosenberg's view on mutual education. We strive for ways of living and learning NVC together and invite you to further explore this with us.

We will practise on topics which we have found useful when we share NVC and we want to make space for you to try out aspects of sharing NVC in a warm and playful environment. Our focus will be on how to live and be a role-model for values and principles of NVC while you share your insights and skills.

We will attend to areas such as:

- **Finding your strength and authentic style, embracing fear of failure**
- **Encouragement and gratitude - underlying flavours of learning and growth**
- **Awareness of core NVC processes - understanding the depth of mutuality**
- **Embracing the principle of abundance - living cooperation and letting go of competition**
- **Skill building: dealing with all kinds of questions and reactions - handling criticism - "turning an arrow to a rose"**
- **Sharing NVC by living the intention of contributing to connection**
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The Center for Nonviolent Communication

cnvc.org

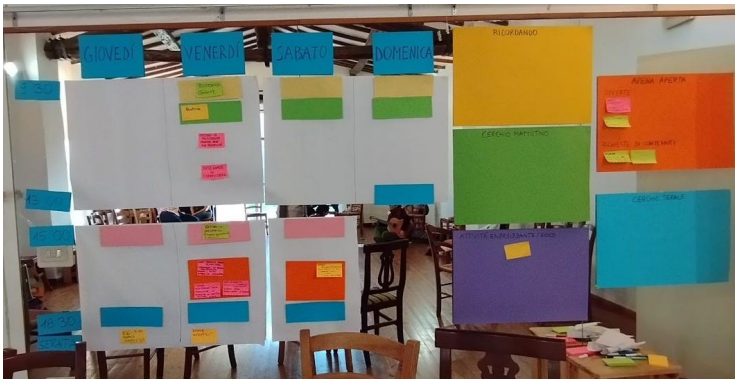


We are excited to meet with you. We have worked together for years and we look forward to sharing our different styles, expertise and skills and weave this together with yours.

As we are certified trainers this training counts for the CNVC certification process. Part of the team for this training is also Meri Ciuti and Cristina Buogiorno who will contribute to the quality of this training.

Prerequisite - at least 10 days of NVC training "live" - to take part in this program and have a meaningful experience.

Language: The seminar will be held in English with full translation into Italian.



"We hope that you will go from these days encouraged, with skills to share NVC in your way with quality and strength."



Gabriele Grunt, Austria, certified CNVC trainer. Gabriele shares NVC in NGOs, companies, public organisations and in long term educational projects. She supports people to consciously choose ways towards a more satisfying quality of connection and to co-create structures that support partnership, inclusion and shared leadership.www.echt.info

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Marianne Göthlin, Sweden certified CNVC trainer. Marianne is sharing NVC internationally and works together with trainers in different countries. She is passionate about "living NVC" and fuels educational environments/systems with communication skills to live, lead and learn together. www.skolande.se



For more info and registration:

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