

Invitation

36th Scandinavian Open Denmark



International trampoline event
Saturday, April 11, 2020

Organizer



Facebook.com/ScandinavianOpen
sco.htt.dk



Scandinavian Open 2020

Organiser: The Haslev Trampoline Club, HTT, Sofiendalsvej 42B, DK-4690 Haslev, Denmark
e-mail: sco@htt.dk, sco.htt.dk or facebook.com/scandinavianopen.

Date: Saturday, April 11, 2020

Venue: Haslev Sport Centre (Haslev Hallerne), Sofiendalsvej 42A, DK-4690 Haslev, Denmark.

Competitions and categories:

Scandinavian Open

- **individual competition for men and women** (born 2003 or earlier)
The current FIG A requirements

Scandinavian Open junior

- **individual competition for junior boys and girls** (born 2004 to 2007)
The current FIG B requirements

Scandinavian Open 15 - 16

- **individual competition for boys and girls** (born 2004-2005)

Scandinavian Open 13 - 14

- **individual competition for boys and girls** (born 2006-2007)

Scandinavian Open U 12

- **individual competition for boys and girls** (born 2008 or later)

NOTE: No gymnast may participate in more than one competition. There is an overlap in year in Junior.

Compulsory routines:

Scandinavian Open: FIG A

Scandinavian Open junior: FIG B

Scandinavian Open 15-16: 8 somersaults, compulsory skills:
- Back straight with full twist
- One somersault landing on back or front
- Back pike
Or FIG B

Scandinavian Open 13-14: 6 somersaults, compulsory skills:
- Back pike
- Barani pike
- $\frac{3}{4}$ Front
- $\frac{3}{4}$ Back
Or FIG B

Scandinavian Open U12: 4 somersaults, compulsory skills:
- Back tuck
- Barani, tuck
- $\frac{3}{4}$ Front



Scandinavian Open 2020

Or FIG B

- Participants:** The event is open to all clubs, national teams and Federations who are currently members of the FIG. Each team may bring up to 30 competitors.
- Equipment:** Eurotramp Ultimate 4x4 mm.
- Technical regulations:** The competitions will be run according to the valid FIG Trampoline Rules. The preliminaries will be conducted as per rule 1.2.1.
- Finals: The 8 best competitors from the qualification round will go to the finals. There will be "new life" in the finals (scores from 0 points).
- The valid FIG Trampoline Code of Points and FIG tie-break rules will apply. The finals will start from zero.
- In categories with less than ten participating gymnasts, all three rounds will be counted.
- Judges:** All clubs and federations participating in the **junior and open categories** are obliged to send one FIG judge holding a valid FIG brevet. If you are only participating in the **youth categories**, the judge should at least hold a national brevet. Penalty for not bringing a judge is DKK 1000 (EUR 140). This applies to clubs entering 3 or more competitors.
- Please note that the organizers **do not** pay for accommodation, meals and transportation for the judges.
- Entry fees:** DKK 250 per competitor (EUR 34).
- Medals:** No. 1, 2 and 3 in each competition will receive a medal and a diploma accordingly. All participants will receive a diploma.
- Challenge cup:** Scandinavian Open – special trampoline trophies:
- The winners of the men's and ladies' individual event will receive a perpetual trophy granted by the City Council of Haslev. **Please note, that these trophies must not leave the country** and will remain in the premises of Haslev TT. However, the names of the winners will be engraved on the trophies.
- Insurance:** The organising club, the Danish Gymnastics Federation and FIG cannot be held responsible for any liabilities in case of accidents and the like. Therefore, all delegations and participants must make their own arrangements concerning insurance.
- Accommodation: Hotel:**
Hotel accommodation nearby:
- Dalby Hotel - 8 km from the Sport Centre
Stay Dolores – next to the Sport Centre
- Other hotels are situated in Koege (Køge) situated 20 km north of Haslev.



Scandinavian Open 2020

Køge can be reached by car or train. The hotel is situated within 5 minutes from the train station and it takes 20 minutes by train to Haslev.

These hotels can be booked on eg. Booking.com

Hostel accommodation

Hostel accommodation is available at Emmaus hostel situated approx. 10 minutes' walk from the sport centre.

For booking look for Emmaus on eg. Booking.com

Low-cost accommodation:

Low-cost accommodation is a discount accommodation for those who prefer a cheap overnight possibility at the nearby school rather than a comfortable overnight facility. Low-cost accommodation is available from Friday, April 10 to Sunday, April 12 only.

Bring your own sleeping back and sleeping matt. It is possible to rent sleeping matts for those travelling by plane. Breakfast must be ordered separately.

Prices: Low-cost night: DKK 50 per night (EUR 7)
Breakfast: DKK 50 per meal (EUR 7)
Sleeping matts: DKK 35 per night (EUR 5)

Banquet:

The closing banquet for all competitors, coaches and officials includes a delicious buffet followed by a dance/disco. One drink per person is included in the price. **It is strictly prohibited to bring your own drinks to the banquet.**

Price: DKK 225 per person (EUR 31).
Additional drinks will be sold at reasonable prices.

Cancellation of tickets for the banquet is possible until Wednesday, April 1, 2020. After this date no refund is possible.

Transportation

How to reach Haslev:

By car:

Haslev is situated near the motorway E47/E45. Coming from the North take exit no. 35, coming from the South take exit no. 36.

By train:

It is possible to go by train from Copenhagen Airport, and the travel time is approx. 1 hour 30 minutes (Copenhagen – Roskilde – Køge (Køge) – Haslev). Please check www.dsb.dk (the Danish Railway) for further information.

The Sport Centre is situated within walking distance from the train station in Haslev (approx. 10 minutes).

Upon arrival:

Please check-in at the Sport Centre immediately upon arrival, as banquet and accommodation tickets will be issued from the information desk. Check-in is possible from 16:00 on Friday, April 10.

Meals:

Friday, April 10:

A warm meal is available in the Sport Centre at a price of DKK 75 (EUR 11) for those ordering beforehand.



Scandinavian Open 2020

Saturday, April 11:

The cafeteria at the Sport Centre will be open during the competition day. Lunch, sandwiches, beverages, coffee etc. will be available (see prices in the cafeteria).

It will also be possible to pre-order lunch at a price of DKK 75 (EUR 11).

Entry and entry forms:

Deadline for entries is **Sunday, March 22, 2020.**

Late entries will be accepted until March 29 2020, but the entry fees will be increased by 50%. Entry fees are non-returnable in case of cancellation.

Entry process:

1. Send message to sco@htt.dk and receive a unique link to entry form
2. Fill out entry form for all participants – both competitors, judges and delegates. Remember to upload pictures!

Payments:

You will receive an invoice with payment information when you have filled out the entry form. Payment must be made no later than Wednesday, April 1 2020. A 10% early bird discount will be deducted from invoices paid before February 1st 2020.

Questions?

Please feel free to contact the Organising Committee, if you have any questions: e-mail sco@htt.dk. Check out our sco.htt.dk or [facebook.com/ScandinavianOpen](https://www.facebook.com/ScandinavianOpen).

Provisional time schedule:

Friday, April 10 2020: Arrival at the Sport Centre.

16:00: The secretariat is open for check-in.
17:00- 20:00: Free training for all competitors

Saturday, April 11 2020:

Morning: Warm Up, U12, 13-14 and 15-16 categories.
Judges meeting
Preliminaries for youth categories
Afternoon: Warm Up, junior and Open. Judges Meeting
Preliminaries junior and Open. Finals for all categories
Evening: Closing banquet/party

Sunday, April 12 2020:

Breakfast and official departure of all participants.