#### **Community Family Support Package**

Additional support and guidance for families as they return to the community following a residential assessment, bespoke packages will be arranged to meet the needs of the family and can include:-

- Developmental stages
- Cooking
- · Budgeting and accessing benefits
- Introduction to local community resources
- Routine setting
- Child Protection

#### **Community Assessments**

6-week assessments based upon 3 or 4 days a week which is carried out in the family home. Bespoke packages can be arranged to meet the needs of the family and can include sessions:

- Parenting sessions to include Triple P & PAMS tools (PAMs assessments on request)
- Child Protection
- Healthy relationship
- Domestic Violence
- Self esteem
- Budgeting
- Cooking
- Behaviour Management
- Health and Safety/ Personal Hygiene

Each assessment will include a written report of how a family has progressed and any recommendations.

#### **Day Assessment**

2-12 weeks and involves parents and children attending Savannah Contact Centre/Residential Centre. Sessions can be bespoke and tailored to the family's needs. This assessment is used to assess a parent's commitment to undertaking an assessment or rehabilitation back into the community following a residential assessment.

A combination of both Day and Community can be developed and encompass different environments and can be flexible to accommodate parents that work.



# OUTREACH PACKAGES

**Telephone** 01279 315143

Email

info@savannahlodge.org

Website Savannahlodge.org

#### **Parenting and Crisis Support**

Home based parenting, behaviour management and crisis support to children and families. A flexible and tailored approach to each family, assisting parents and children to recognise any specific challenging, harmful or risk behaviours and recognising the impact this can have on the family.

Support workers empower parents to develop their self-confidence and competence in utilising positive behaviour management strategies. Parents learn positive parenting skills in relation to children's learning and development including sleeping, eating and communication. The service is intended to provide solution-focused,

time limited interventions (up to 12 weeks).

#### **Young Parents Outreach**

Young Parents Outreach works with young mums and dads aged 24 and under and pregnant care leavers. 1:1 support to young parents with regular meetings and sessions within out centre or in the family home. These include:

- Health in pregnancy, Sexual health and contraception
- Child Development
- Housing and Homelessness
- Domestic violence, Co-parenting and healthy relationships
- Employment, training and benefits
- Role modelling and Young Fathers sessions

#### **Reunification Package**

Family Support Workers and Social Workers support the Local Authority to work with looked after children or children in pre-care proceedings and their families to support them in their journey to return home.

### **Community Contact**

Supervised contact within the community

For further information or to discuss a referral, please email <a href="mailto:info@savannahlodge.com">info@savannahlodge.com</a> or telephone Talent on 07830326550



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