# Vincent Theobald-Vega

FIIRSM, FRSPH, MISTR, MIIAI, BSc, MSc, PgDip, Cert Ed

Partner / Director of Safety 4 HEd LLP

Health & Safety Consultancy

## Contact Details


| | | | |
|---|---|---|---|
| Email | vincent@safety4hed.co.uk | Tel | 07940 564 889 |
| Website | safety4hed.co.uk | Address | 7 Derwent View, Chopwell, Newcastle-upon-Tyne NE17 7AN |


## Summary


A very experienced expert Health and Safety Professional, highly committed to the development of quality Occupational Health, Safety and Environment cultures – with a proven track record of creating good safety cultures and reducing business costs whilst improving safety compliance.

Also an experienced and qualified trainer with excellent student feedback and pass rates, and a multi-award winning expert witness.


## Core Competencies

Supporting materials, including information about selected cases, are provided online at safety4hed.co.uk/cases/.

### General Advisory

**Safety practitioner since 1989** in University, Construction, Asbestos, Agriculture and related disciplines (including as an HSE Inspector).

Providing **advice** for clients on a wide range of issues, including new technologies, management systems, launch of new products , etc.

### Consultancy

Work includes high-profile investigations, audits, inspections, advisory work and training in University and industrial settings.

**Authoring documents** for clients. e.g. new Asbestos Awareness book for *Health and Safety Publications Ltd*.

**Successfully implementing** and managing change at Newcastle University, and other organisations.

### Court and Legal Work

**Court cases** as **prosecutor** and **defence** advisor (both civil and criminal).

**Prosecution** – 100% win for HSE Prosecution cases (including Crown Court). All prosecutions (including defended) presented personally.

**Defence** – Criminal and civil matters on a wide range of health & safety issues. Excellent success rates. Includes Crown Court cross examination.

All cases settled favourably for my clients.

Providing award winning **Expert Witness** services.

### Other Skill Areas

**Negotiation experience** as an enforcer, entrepreneur, manager and Union negotiator. Skills used to find effective, compliant, low-cost, practicable solutions for clients.

**Asbestos Removal techniques, Bio-safety** & **Ionising Radiation** (in laboratory environments), and **Industrial Radiography**.

### Investigations

Solo and team investigations, involved in the collection of evidence in complex cases. Investigations to HSE's **standard HSG245**. Experience conducting **PACE interviews** and evidence collection. **Re-investigations** also undertaken.

**For HSE –** First UK case of imprisonment for H&S, and first joint HSE / Avon Police Manslaughter investigation.

**For Clients –** As part of the management of risk, and for defence in civil claims and criminal cases. Covering: explosions, fires, laboratories, construction, slips trips and falls, accommodation, biological & chemical incidents.

**Asbestos incidents,** working for clients and removal / management companies.

### Audit

Experienced Auditor with a wide range of experience, including, auditing all of Newcastle University and large parts of the University of Northumbria, as well as many departments from other Universities. Operating with the HSG65 and HASMAP auditing systems.

Undertaking numerous audits of commercial organisations as a consultant operating to HSG65.

### Training

**Delivering bespoke safety training** to a wide variety of people, including: directors and senior management of many companies; staff, students and contractors at several universities and various professional bodies.

Affiliate Tutor for RRC International since 2013 (NEBOSH and IOSH courses).

Lecturer at Northumbria University since 2003 (NEBOSH and MSc courses).

At Durham University developed and delivered 30 courses for 500 support staff, saving in excess of £15,000 compared to the previous trainer. Also a substantial impact improving the safety culture in the departments involved.

# Vincent Theobald-Vega

FIIRSM, FRSPH, MISTR, MIIAI, BSc, MSc, PgDip, Cert Ed

Partner / Director of Safety 4 HEd LLP

Health & Safety Consultancy

## Commitments

All statements are backed with references to standards and legal requirements or cases.

- **Initial verbal outline consultation at no charge**.
- All **work is undertaken to current standards**, and any other specified standards will also be complied with following discussion and agreement.
- Special reports target to be **drafted within three to four weeks** of visit.
- **Fees agreed in advance**.
- **Fees are due on completion of the work** (or for work lasting more than 8 weeks, on a staged basis). A fully itemised account will be provided at the end or at set stage points as required.

For an estimate of costs or a specific arrangement please contact Vincent to discuss terms.

## Key Memberships and Accreditations and Qualifications

| | | | |
|---|---|---|---|
| **FIIRSM** | Fellow | International Institute of Risk and Safety Management. | [2013] www.iirsm.org/ |
| **FRSPH** | Fellow | Royal Society of Public Health. | [2002] www.rsph.org.uk/ |
| **MISTR** | Member | Institute for Safety in Technology and Research. | [2000] www.istr.org.uk/ |
| **MIIAI** | Member | Institute of Industrial Accident Investigators | [2025] iiai.org.uk/ |
| | Member | Health and Safety Lawyers' Association. | [2013] https://hsla.org.uk/ |
| | Member | Federation of Forensic and Expert Witnesses. | [2018] forensicandexpertwitness.co.uk |
| | Ass. Memb. | Institute of Ergonomics & Human Factors. | [2013] www.ergonomics.org.uk/ |
| **OSHCR** | Registered | Occupational Safety and Health Consultants Register | [2011] www.oshcr.org/ |
| | Registered | UK Register of Expert Witnesses | [2015] No. 1736 |
| | | | www.jspubs.com/staticelink.cfm?ID=224A5A534B503A0E351B2C122B |

| | | |
|---|---|---|
| **BSc** (Hons) | 1985-1988 | BSC Hons. in Forestry – UCNW (now Bangor University) |
| **MSc** | 1988-1989 | MSC in Biological Computation – University of York |
| **Pg Dip** | 1989-1990 | Postgraduate Diploma in Health & Safety – Aston University |
| **Cert Ed** | 2012-2013 | Certificate in Education (LLS) – LMU via Newcastle College |

## Main Awards

See safety4hed.co.uk/awards/

There are many others going back to 2015.

| | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|
| ✔ | Global 100 Winners Award | 2026 | | | 2023 | 2022 | | 2020 | | | 2017 |
| ✔ | Lawyer International Legal 100 | 2026 | | 2024 | 2023 | 2022 | 2021 | 2020 | 2019 | 2018 | |
| ✔ | Lawyer Monthly Expert Witness Awards | | 2025 | none | 2023 | 2022 | 2021 | 2020 | 2019 | 2018 | 2017 |
| ✔ | Corporate International Magazine | | 2025 | 2024 | | 2022 | 2021 | 2020 | | | |
| ✔ | Corporate Live Wire | | 2025 | 2023/24 | | 2022/23 | | | | 2018 | |

## Employment (abbreviated)

| | | |
|---|---|---|
| 2012 | ***Safety 4 HEd LLP*** – Consultant, Partner and Director | safety4hed.co.uk |
| 2012 | Affiliate Tutor with **RRC** | www.rrc.co.uk |
| 2003 | Associate Lecturer **Northumbria University** | www.northumbria.ac.uk |
| 1999-2012 | Head of Safety for **Newcastle University** | www.ncl.ac.uk |
| 1989-1999 | HSE Inspector | www.hse.gov.uk |