



Rise Above Foundation Cebu, Inc.

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RISE ABOVE VOLUNTEER PROGRAM AT THE COMMUNITY CENTER

WHO WE ARE:

Rise Above is a NON-Profit NGO, an active group of people who focuses on improving the quality of life for poor families in Cebu.

WHAT WE DO:

We run multiple programs such as Dental Missions, Tooth-brushing program in elementary schools, Food programs, Internship/volunteer program, Sponsorship for Education program, Livelihood Program, etc.

Disaster relief at times of tragedy: We give active help in disaster areas - building houses and schools, boats, supply goats and chicken and plant vegetable gardens for single parent families.

We give skills training and give aid to individuals in need.

We run two centers – focusing on helping children from depressed areas, giving them education and hope for a better future. Read more: www.riseabove-cebu.org

RISE ABOVE COMMUNITY CENTER

In 2012, we completed building the first house which contains a clinic, kitchen, living area and bathrooms.

In May 2015, we completed the building of a Children's Library with rooms for volunteers.



The ground floor holds the children's library and a room for volunteers. There are tables and chairs on the porch outside the library where the children read and participate in activities. The balcony upstairs has a kitchenette, water dispenser with drinking water, refrigerator and table and chairs.



The Rise Above dental clinic.



Volunteers read for and play with the children.



Upstairs are 2 single rooms and 1 dorm for 4 volunteers. In an additional building we have one double room with 1 extra bed and a bedroom with 2 single beds. We have now 6 rooms for rent and can take in 12 volunteers at the same time. The rooms have air-conditioners as well as fans. The whole center has Wi-Fi.



The dining area is conveniently placed outside the kitchen where the area is open and cooled with fans.

Target area: Volunteers usually come to work together with us activating and teaching the children from Sambag Dos, a slum area right next to our center in Guadalajara, Guadalupe, Cebu City, where 50% of the population is between 0-19 years old. Unemployment is at 60% and drop-out rate from school (elementary and high-school) is at 40%. Our aim is to inspire a desire for learning for the children as well as the parents. The capacity is 30 children for a morning session (9.00-12.00) and up to 50 children for an

afternoon session (3.00-6.00pm or longer). We are trying to limit the amount of kids as we want to give more quality time for each child.

We also run the food sharing program there. For 200US\$ you can feed 400 - 500 children. We have music instruments like keyboards, guitars and a drum-set. We also have a fully functioning dental clinic where volunteer dentists, hygienists and dental technicians work as volunteers. Dentists need Special Temporary Permit from Professional Regulation Commission in Manila. Please see: www.riseabove-cebu.org/health-and-hygiene-programs/#Dental-Mission

VOLUNTEER PROGRAM

We offer the volunteers a place to stay while with us – in new rooms at the Rise Above Community Center. The rooms have air-conditioning, Wi-Fi, and we have a maid who help cook, washes the laundry and maintains the cleanliness of the center. It has a kitchen where the meals are cooked – by the maid or the volunteers. Volunteers who work with the children become part of a team, and will be expected to partake in the different activities, care for and play with the kids, cook meals, help with dishes, etc. TOGETHER WE CAN MAKE A DIFFERENCE! ...is the Rise Above slogan, so together we can accomplish a lot!

COST: 250US\$ per week per person (meals included) -- if shorter stay, we charge 36US\$ per day, meals included. If you would not stay with us but live at a hotel then we charge an admin fee of US\$150. You would also pay for the meals your order at the center.

Discounts: If you are couple, we give discount and charge you only 30 US\$ per person per day. If you are 2 or more friends occupying the twin, double or dorm rooms, we also charge only 30US\$ per person/day. We are happy to offer this opportunity to those who want to help us make a difference here in the Philippines where about 50% of the over 100 mill. population are poor and struggling.

Let us know if this is of interest to you. Please include a CV with photo and address so we get to know you a bit and learn about your talents and interests, so we best can plan your volunteering with us. Also please let us know the dates you want to volunteer with us. With this in hand, we will send you an agreement that we both sign and when you have paid for your stay, then you are guaranteed a place with us. The payment is non-refundable, so make sure you give us the exact dates of volunteering with us. We are looking forward to having you with us.

The Rise Above webpage:

www.riseabove-cebu.org

The Rise Above Foundation Cebu

<https://www.facebook.com/riseabovecebu/>

The land line to the Rise Above Community Center in Cebu City is: +63 32 255 7990

Sincerely,



Elisabet Hansen

Project Manager

Rise Above Foundation Cebu, Inc.

TOGETHER WE CAN MAKE A DIFFERENCE!