

The logo consists of the letters 'R' and 'A' in a white, serif font. The 'R' is positioned to the left of the 'A', and they are partially overlapping. The 'A' has a distinctive shape with a curved top and a sharp point at the bottom. The entire logo is centered within a white rounded square border on a purple background.

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RA

**Conversations
about becoming
parents.**



These cards are meant to stimulate conversations about what it is like having a child together with your partner.

Some questions might be easier to answer than others. If you don't know what to say, go with the first thing that comes to mind.

Note that playing this game might be quite vulnerable and that things might come up that you will have to process with your partner.

**What do you think our
relationship would
have been like now if
we had not gotten
pregnant?**



**What part of me
would you **not want** to
pass on to our child?**



How do you imagine
that **punishment**
looks in our home?



**What from *your family*
would you least like
to pass on to our
child?**



**What do you think will
be your **strengths** in
parenting?**



**How do you suggest
we **praise** each other
in our family?**



**Which one of us will be
the most responsible
for our child?**



**What do you think will
be my weaknesses in
parenting?**



**What part of your
upbringing would you
love for our child to
experience?**



What are you the
most **afraid** of when it
comes to having a
child with me?



**What is the most
important thing for
you in bringing up a
child?**



**How do you relate to
discipline?**



**How do you think our
relationship will
change when our
child is born?**



**What are you the
most excited about
when it comes to
having a child?**



**What is the most
important thing to
teach our child?**



**Name three qualities
you would like our
child to have.**



**What do you like the
least when you look
at other parents?**



**What are things you
are not willing to
comprimise around?**



**What type of
boundaries will we
set with extended
family?**



**What rules do you
imagine having for our
child?**



**What other families
do you **admire**? How
would you like your
family to emulate
them?**



**What are things that
you are **not willing** to
give up, when we
have a child?**



**How involved do you
plan to be in the day-
to-day care of the
baby?**



**What are your wildest
dreams when you
imagine yourself with
our child?**



Which **roles do you
imagine us having as
parents?**



**What's your stance
on sending kids to
daycare?**



**What do you imagine
our biggest **struggles**
as co-parents are
going to be?**



**Do you think it's
possible we would
regret the decision to
have kids?**



**How should we handle
disagreements about
parenting decisions?**



What is one value you hold that you feel is important for our parenthood?



**What's the happiest
memory you can think
of from childhood?**



**What should our child
learn that you do not
feel competent to
teach them?**



**Do you think that the
roles of father and
mother are different
in raising a child?
how?**



What is the **worst
thing one can do
when raising a child?**



**What part of
parenthood are you
looking forward to the
most?**



**What will a regular
sunday look like a
year from now?**



**What do you think are
the most important
aspects of raising a
healthy child?**



**How can we keep our
individual dreams
alive while raising our
child?**



**Where would you go
for **help** with raising
our child outside of
our relationship?**



**Why have you chosen
me as the mother/father
of your child?**



**What is your
parenting style? And
what do you think
mine is?**



**To what extent
should religion or
spirituality play a part
in the life of our child?**



**How can we balance
work and life, now
that we have a child?**



**Do you think that your
expectations about
life as a parent are
realistic?**



**What is the most
important thing for
you to feel safe and
secure as a parent?**



**How can I support
you in your role as a
parent?**



**What values do you
want to instill in our
children?**



**How would you describe
your relationship to
gender roles?**



**How important is
living near family to
you?**



**What was your
favorite way to spend
a Saturday as a kid?**



**How can we support
our child in navigating
love and heartbreak?**



**What's a holiday,
family, or cultural
tradition you would
like for our child?**



**What's something
from your **childhood
home** that you'd love
to have in your future
home?**



**What's something
about your upbringing
you appreciate now,
even if you didn't
then?**



**What irrational thing
were you worried
about as a kid?**



**What are hobbies that
you would love for
our child to have?**



**What do you think will
be your **biggest**
struggle as a parent?**



**Paint me a picture of
a future situation
where you feel love
for the way I am with
our child.**



**What does it mean for
you to be a **good**
parent?**



How do you envision
our **families** blending?



**What's one lesson
you've learned from
your parents about
relationships?**



How do we handle
conflicts around
upbringing in a
constructive way?



**Who will be the most
responsible for the
financial stability of
our family?**



**What did you love
about your own
childhood?**



**What are things you
admire about how
your parents brought
you up?**



**What was your first
big disappointment as
a kid?**



**What are your ideal
indoor or outdoor
activities to do as a
family?**



**What is the best
relationship advice
you would give to us
right now?**



**Do you think that you
will be **happy and
fulfilled** as a parent?**



**What does
attunement look like
for you?**



**In what ways are you
and are you not
emotionally prepared
to parent?**



**What do you
anticipate as the
biggest challenge in
parenting?**



What feelings and thoughts come to you when you think of being with a child of your own?



**What do you think our
child will like the least
about the way I am?**



Who would **care for
our child if we were
not able to?**



List three ideas you would like to **prioritize as part of our family routine.**



**What do you feel your
role is in **deciding**
who our child's friends
are?**



**What is a new family
tradition that you
would like with me
and our child?**



Who was your first **best friend as a child, and what were they like?**



**How do you think your
parents' relationship
shaped you?**



**How will we manage
our child's access to
technology and social
media?**



**What's the biggest
disagreement you
ever had with family?**



**What do you imagine
will be the most
frustrating parts of
having a child?**



**What kind of
environment would
you want our child to
grow up in?**



**What was your
favorite meal your
parents made when
you were growing up?**



**What can I do to
make your world feel
safer?**



**What's one
experience from your
childhood that
shaped who you are
today?**



**What are things your
would **never** want our
child to do?**



**What are the default
parenting settings
that you have
inherited from your
upbringing?**



**How do you think I
will **grow** personally
from becoming a
parent?**



**Who was your
favorite teacher as a
child? Why was that
teacher amazing?**



**What do you think our
child will appreciate
the most about you?**



**What do you think
brings the most joy to
the life of a child?**



**What do you think our
child is going to **teach**
us about life?**



**How do we make sure
that our child is someone
other people **like** to be
around?**



**What would you want
to tell our child about
you right now?**



What **stories would
you want our child to
tell about their
upbringing when they
are grown up?**

