

4th August 2019

A day trip; left home at 07:00, to arrive at Overton c.09:30. Travel route changed today due to the Gower Show being held at Penrice, so stayed on the M4 for a bit further and came through Gowerton and along the north side of the peninsula.

When I arrived at Overton John and David (Hughes) had already departed, so put on my boots, picked up the rucksack and headed along the coast path to the slade. At **Harry Thomas's Cave** the others had only just arrived, quickly got changed and went underground to sort out the haul line. Returned to the surface to spend most of the morning hauling up filled bags, David loaded the bucket, John was below fettling something. Towards the end of the morning session I returned underground to sort out a couple of acrows and the shoring John had been working on. Hauled out the last few bags, before releasing the guideline tension, then the final task, emptying the bags the emptied packed ready for re-use another day.

The tide was low this afternoon, I'm currently reading Aldhouse-Green et al. (2000). Paviland Cave: A Definitive Report, so my main reason for coming over today was to visit the cave and other caves nearby. The weather had brightened up and it was a very pleasant stroll following the coast path route to Foxhole Slade.



Looking down Foxhole Slade

Scrambled down the slade, briefly peered into **Foxhole Cave**, before making our way to **Ogof y Mor**. In the cave some nice 'marbling' alongside a mineral vein, fossilised coral and a freshwater stream. Then a bit further around the headland and a short climb up to **Paviland Cave**, also known as Goat's Hole, a good mooch around looking at the various points of interest referred to in the report and observed several inscriptions carved into the rock, some historical others modern. Finally, scrambled around to **Hound's Hole**, formed along an impressive fissure rising up to 'Yellow Cap' on the top of the headland. I was the only one to enter the cave although David had climbed most of the way, John remained at sea level on the wave cut platform.



Ogof y Mor



Coral, Ogof y Mor



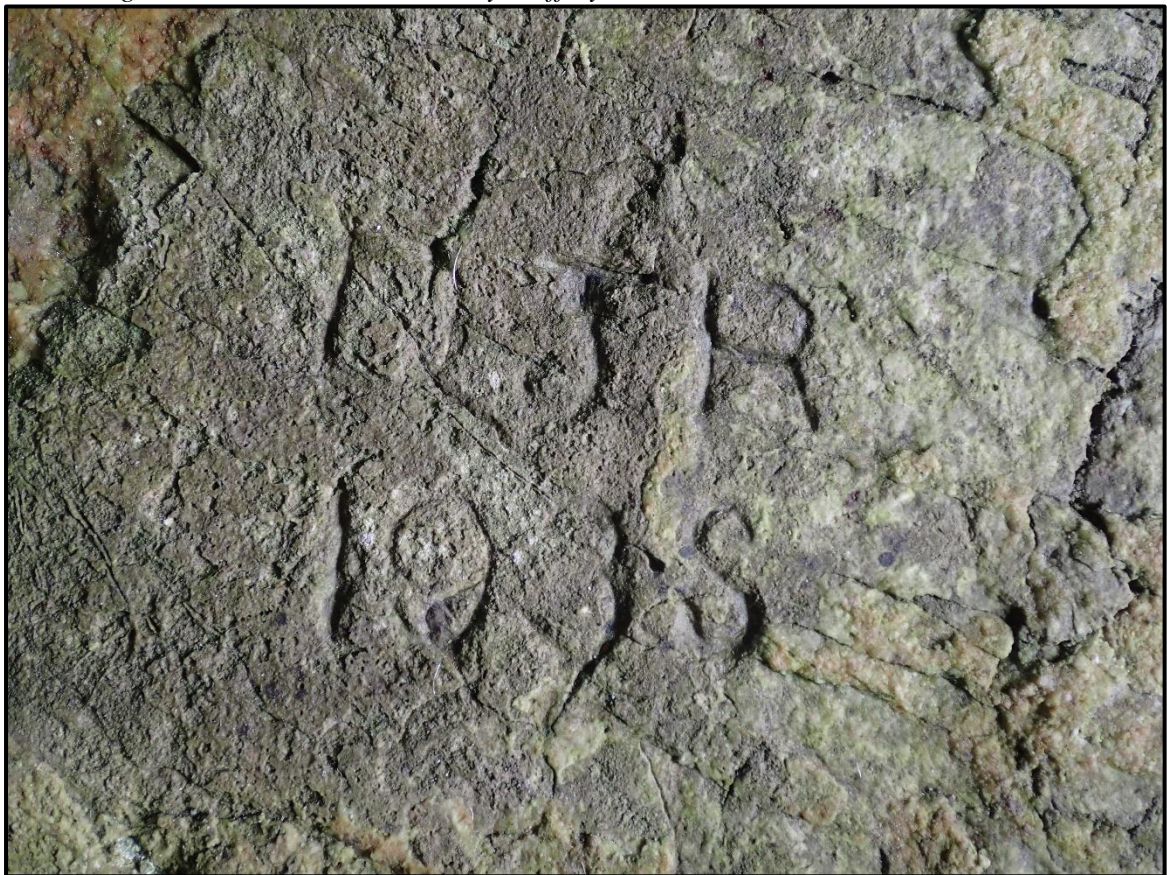
Paviland Cave (right), Hound's Hole (left) Yellow Cap, above Paviland Cave.



John (sitting) and David in Paviland Cave.



Col. George Grant Francis and John Gwyn Jeffreys, 1835



(D)JR, 1938, possibly Rutter.



Hound's Hole

Time was pressing, the tide just starting to turn so we climbed back up Foxhole Slade to re-join the coast path and walked back to Overton. Where we parted company and made our way to our respective homes. I was hungry so stopped in Penclawdd for some fish and chips before continuing my journey.