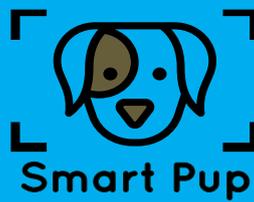


# Kongs!



**T**here are different types of Kongs available. These are toys designed to be filled with food and it takes a puppy a long time to get the food out. It is meant to simulate the foraging behaviour a dog does naturally for its food.

It is best to start with the teething and bone Kong because they are easy to get food from. The classic Kong can be a little challenging to get the food from and puppies often just eat what they can easily get to and then leave the rest. You then have the delightful job of getting the rest out and cleaning it.

To be able to release the food at the top of the Kong, the puppies either need to squeeze the top with their jaws or pick it up and drop it to loosen the food. If you use the teething and bone Kongs first, the success of getting food from these will build interest and motivation, so that when you then later introduce the classic Kong there will be more determination to get the food out as they already have a history of success at getting food from weird-shaped rubber objects.

*Be warned stuffing Kongs is messy!*

If you google Kong stuffing recipes you can find all sorts of ideas for stuffing Kongs for older puppies and dogs. High quality, wet puppy food such as Nature Diet is great for stuffing Kongs.



## Carrots and Boxes!

**R**aw carrots are also great for puppies and they are healthy. Some puppies eat them, some just chew them up and leave bits everywhere! You can freeze them and they are great for teething.

Boxes are great for puppies, they can play in them and chew them and it doesn't matter. You just need to make sure your puppy is not actually eating the box as that's not good for them!

Toilet and kitchen roll tubes are great fun too. Puppies like to destroy stuff so looking for toys that cost a fortune isn't really the answer, you want to find things that they can destroy and are inexpensive. You just need to tidy up after they have had their fun as you are the one with opposable thumbs!

All this will hopefully end up with your house still in one piece and a tired puppy.