

The Sit

Lure and Click is where your puppy follows a piece of food and you use the food to guide your puppy into a position. Here are two nice simple exercises to get you started with the lure and click method.

TOOLS



What do I need?
Clicker and some tasty treats



TROUBLE SHOOTING

My dog won't go all the way into the sit.

If your puppy seems reluctant to sit, keep the treat at your puppy's mouth and you can start to click just for your puppy leaning its head back, also click if your puppy's bottom starts to lower slightly. This is called shaping a behaviour and you are rewarding your puppy for making an attempt towards the end goal, which in this case is the completed sit. Each time you do this you can see if your puppy will do a little bit more towards the final goal, which is its bottom on the floor, and you reward the successive approximations.

STEP 1

Have your treat in one hand and clicker in the other.

STEP 2

Place your treat at your puppy's mouth and very slowly lift your hand upwards and backwards so your puppy naturally tilts its head back.

STEP 3

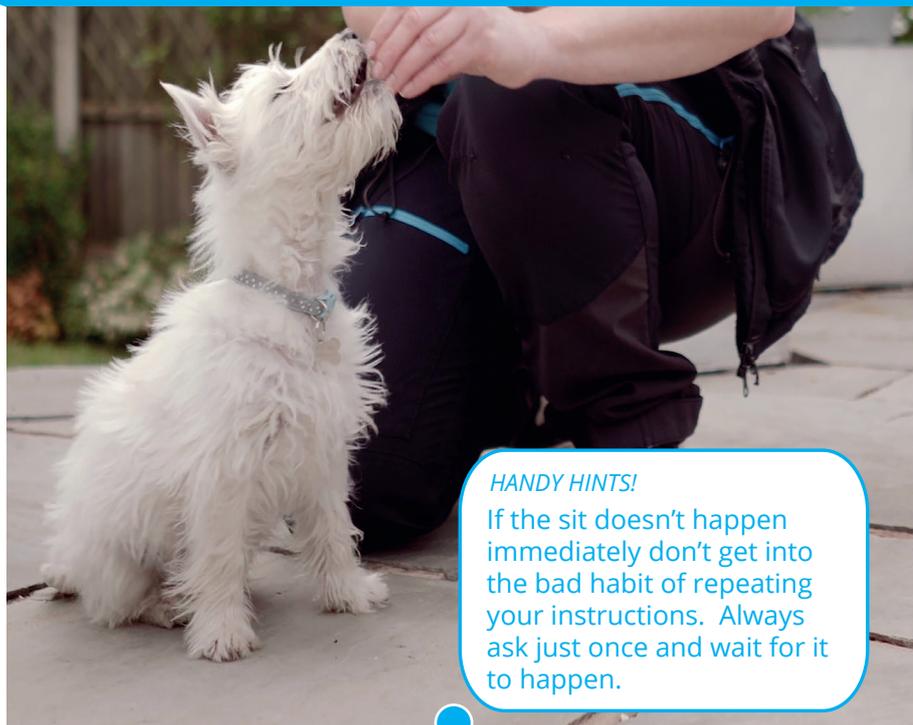
As your puppy's head leans back, his bottom should start to lower to the floor. As your puppy's bottom touches the floor, click and feed the treat.

STEP 4

Repeat and reward 10 fluent sits.

STEP 5

Adding the cue. As you place the treat in front of your puppy's mouth, give the instruction 'SIT' and then move your treat to make the sit happen, click and then reward.



HANDY HINTS!

If the sit doesn't happen immediately don't get into the bad habit of repeating your instructions. Always ask just once and wait for it to happen.