

## artwithoutbars@skynet.be

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Verzonden:

donderdag 1 april 2021 19:01

Aan:

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Onderwerp:

Maybe I can still accomplish some good in life 9

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"Being creative helps re-enforce the fact that I am more than the sum total of my offences & maybe I can still accomplish some good out of life."

- 2020 Koestler Awards entrant, HM Prison The Mount

Spring is finally here! And with it, a double dose of good news.

Firstly, the deadline for the 2021 Koestler Awards has been extended until 1 June
2021 and secondly, we're delighted to be back in the Koestler Arts Centre, ready to discover what our entrants have created this year.

Thank you to everyone in our lovely community who has helped our artists (and us!) keep creative, whether it's through sharing our <a href="Art Aid activity sheets">Art Aid activity sheets</a> and <a href="video">video</a> resources, or by championing the value of the arts in prisons - we are very grateful for all that you do.



Forgiveness by Sean (Bronze Award for Painting, 2020)

"After some really emotional sessions with my mentor, I was able to complete a series of paintings around forgiveness. I wouldn't have got to that point without my mentor, and I am incredibly grateful to her for that."