

JARVIS MASTERS

"*Finding Freedom* is a deeply moving, life-affirming memoir written from the netherworld of San Quentin's Death Row. Offering us stories that are sometimes sad, funny, poignant, revelatory, frightening, soul-stirring, painful, and uplifting, Jarvis Masters traces his remarkable spiritual growth in an environment where despair and death are constant companions. His book is a testament to the tenacity of the human spirit and the talent of a fine writer." **Robert Allen**, Senior Editor of *The Black Scholar*; Coeditor of *Brotherman: The Odyssey of Black Men in America*

Jarvis Masters' words and stories burn with the flames of a heart-stopping honesty and compassion. They show how spiritual practice and meditation can change a life completely, and speak of the triumph of the human heart over even the deepest desperation of Death Row." **Sogyal Rinpoche**, Author of *The Tibetan Book of Living and Dying*

"...Like a letter from an old friend—no defensiveness, no complaining, no posturing—Masters' writing lets us know what the timeless spiritual journey feels like—*our* journey—from within the walls of one of the nation's most notorious prisons. I wish everyone in America would read this book." **Bo Lozoff**, Author of *We're All Doing Time*

"... As Jarvis Masters finds some measure of freedom inside a maximum security prison, he teaches me how to find freedom in my unfenced life." **Susan Moon**, Editor of *Turning Wheel: Journal of the Buddhist Peace Fellowship*

"... An inspiring, exhilarating teaching on the life of a peacemaker in the midst of rage and despair and in the shadow of the execution chamber. Masters is an extraordinary man...." **Roshi Bernie Glassman**, Abbot of the Zen Community of New York; Founder of the Zen Peacemaker Order

"It is a privilege and joy to read Jarvis Masters' account of his spiritual struggle to find freedom at the edge of life. Everyone should read this book." **Robert A.F. Thurman**, Professor of Indo-Tibetan Studies, Columbia University

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JARVIS JAY
MASTERS

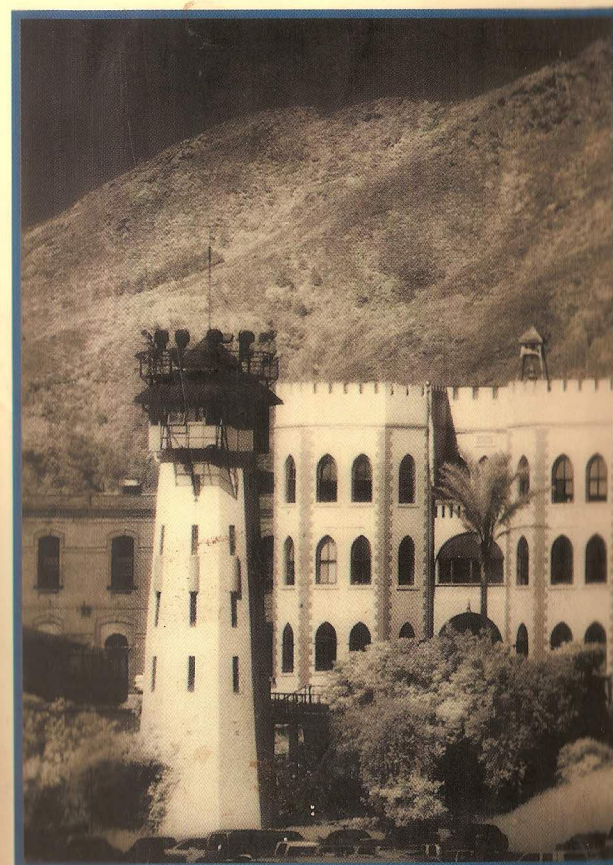
FINDING FREEDOM

WRITINGS FROM DEATH ROW

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Finding Freedom

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JARVIS JAY MASTERS

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*To my mother Cynthia,
my sister Charlene, and my brother Tommy,
who have all passed away during my years
on San Quentin's death row—
and to all sentient beings.
May they find freedom.*

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